

# Northwest Athletic Conference

Clark College, 1933 Fort Vancouver Way, Vancouver, WA 98663  
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## 2016-17 Women's Basketball All-Region

### NORTHERN REGION

#### Most Valuable Player

Emily Yost, SO, Skagit Valley

#### First Team

Uju Chibuogwu, FR, Everett  
Erin Hamilton, SO, Bellevue  
Linsey Honeycutt, SO, Whatcom  
Enjunay Jones-Lee, SO, Shoreline  
Jenise McKnight, SO, Peninsula

#### Second Team

Brenda Akoto, FR, Bellevue  
Alexis Biggerstaff, FR, Everett  
Molly Dixon, FR, Bellevue  
Alicia Dugan, SO, Peninsula  
Mandy Hayes, SO, Skagit Valley

#### Freshman of the Year

Uju Chibuogwu- Everett

#### Defensive Player of the Year

Erin Hamilton, SO, Bellevue

#### All-Defensive Team

Breanna Chau, SO, Skagit Valley  
Molly Dixon, FR, Bellevue  
Danielle Hayes, SO, Shoreline  
Taisha Thomas, SO, Peninsula  
Emily Yost, SO, Skagit Valley

#### Coach of the Year

Steve Epperson- Skagit Valley

### EASTERN REGION

#### Most Valuable Player

Brianna King, SO, Spokane

#### First Team

Cayla Jones, SO, Columbia Basin  
Gentry Oldham, SO, Treasure Valley  
Jade Skidmore, FR, Walla Walla  
Cierra Jo McKeown, FR, Walla Walla  
Sammi Blodgett, SO, Yakima Valley

#### Second Team

Sierra Perez, SO, Columbia Basin  
Emily Botkin, SO, Columbia Basin  
Cierra Dvorak, FR, North Idaho  
Katlyn Summers-Ward, SO, Spokane  
Riley Helmick, SO, Treasure Valley

#### Freshman of the Year

Cierra Jo McKeown- Walla Walla

#### Defensive Players of the Year

Sabin Keo, FR, Columbia Basin

#### All-Defensive Team

Alexcis Higginbotham, SO, Columbia Basin  
Emily Botkin, SO, Columbia Basin  
Brianna King, SO, Spokane  
Gentry Oldham, SO, Treasure Valley  
Shaylana Davis, SO, Treasure Valley

#### Coach of the Year

Adam Strom- Yakima Valley

### WESTERN REGION

#### Most Valuable Player

Bobbi Westendorf, SO, Tacoma

#### First Team

Savannah McGill, SO, S. Puget Sound  
Madison Hinrichs, SO, L. Columbia  
Alexia Thrower, FR, Grays Harbor  
Madison Lord, FR, L. Columbia  
Kylie Smith, FR, Centralia

#### Second Team

Tamika Etherly, FR, Centralia  
Carissa Cannon, SO, L. Columbia  
Kiki Gilbert, SO, Tacoma  
Alexis Gleason, SO, Green River  
Romanita Begay, SO, Grays Harbor

#### Freshman of the Year

Alexia Thrower- Grays Harbor

#### Defensive Player of the Year

Savannah McGill, SO, S. Puget Sound

#### All-Defensive Team

Madison Hinrichs, SO, L. Columbia  
Sidra Malik, SO, Tacoma  
Kylie Smith, FR, Centralia  
Alexia Thrower, FR, Grays Harbor  
Carissa Cannon, SO, L. Columbia

#### Coach of the Year

Chad Meadors- L. Columbia

### SOUTHERN REGION

#### Most Valuable Player

Jordan Stotler, FR, Umpqua

#### First Team

Dajanay Powell, FR, Umpqua  
Sarah Hall, FR, Lane  
Bria Thames, FR, Umpqua  
Toni Doroha, SO, Portland  
Sierra Carrier, FR, Lane

#### Second Team

Tasia Bilbrew, SO, Umpqua  
Jade Bevandich, FR, Linn Benton  
Kayce Mock, FR, Clackamas  
Lakin Susee, FR, Chemeketa  
Katie Kammerer, FR, Clackamas

#### Freshman of the Year

Jordan Stotler- Umpqua

#### Defensive Player of the Year

Jordan Stotler, FR, Umpqua

#### All-Defensive Team

Sarah Hall, FR, Lane  
Amber Lease, FR, Lane  
Kayce Mock, FR, Clackamas  
Erica Skoog, FR, Chemeketa  
Jessica Matheson, FR, SWOCC

#### Coach of the Year

Dave Stricklin- Umpqua



