



VOLLEYBALL HANDBOOK

2017~18

Revised 5/18

**NWAC VOLLEYBALL HANDBOOK**  
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# 2017~2018 VOLLEYBALL SPORTS COMMITTEE

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## 2017~18 VOLLEYBALL IMPORTANT DATES

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
Tuesday, August 1	First Practice	
Friday, August 18	Team Photo & Roster	NWAC
Friday, August 25	First Contest Date	
Friday, July 28	Coaches Certification	NWAC
Saturday-Sunday, Oct. 21-22	X-Over Tournaments	
Friday, Nov. 10	Crossover Bids Due	Kathie Woods
Thur. ~ Sun., Nov. 16-19	Conference Tournament	Tac. Conv. Ctr.
Sunday , November 19	All Star Event	Tac. Conv. Ctr.
Monday, November 20	AVCA All American Due	Chelsie Speer



## CONFERENCE PLAYERS OF THE WEEK SELECTION PROCESS

An offensive and defensive player and a setter will be selected for each week of the season. Each school will submit their nominations to the region representative by Monday at 5pm.

POW Form can be downloaded on the NWAC website under rules and compliance

### Regional Responsibilities

Each region will be responsible for establishing a process for selecting an offensive and defensive player and setter of the week for their region.


Each region's selections must be forwarded to the sports committee chair by noon on Tuesday. The chair will select the players of the week by noon on Wednesday of each week. That selection will be forwarded to the conference office by noon Wednesday for inclusion on the NWAC website. Winners will be expected to provide their athlete's picture to Tracy Swisher.

## NWAC Events Rotation

The NWAC Volleyball Community & Executive Board approves the 3 year bidding process to host the championships. The next bidding process will begin in 2019 for the following season.

- This form available on NWAC Website under Rules and Compliance

### NWAC VOLLEYBALL PLAYER OF THE WEEK



Week:  Date:

#### Offensive Nomination

Name:  Region:  School:  Position:  Class:

Date	Match vs.	# of sets	Kills	Kill Eff.	Block/S	Block/A	Digs	Ave. digs/ set	# of S.R. Balls	S.R. Eff.	Aces	Serve %	Total Serves
<b>Totals</b>		0	0	0.000	0	0	0		0		0		0
Comments: <input style="width: 100%;" type="text"/>													

#### Setter Nomination

Name:  Region:  School:  Position:  Class:

Date	Match vs.	# of sets	Assists	Avg. assist/set	Kills	Kill Eff.	Aces	Serve %	Total Serves	Digs	Ave. digs/ set	Block/S	Block/A
<b>Totals</b>		0	0		0	0.000	0		0	0		0	0
Comments: <input style="width: 100%;" type="text"/>													

#### Defensive Nomination

Name:  Region:  School:  Position:  Class:

Date	Match vs.	# of sets	Aces	Serve %	Total Serves	# of S.R. balls	S.R. Eff.	Digs	Ave. digs/ set	Block/S	Block/A
<b>Totals</b>		0	0		0	0		0		0	0
Comments: <input style="width: 100%;" type="text"/>											

# Crossover Sites

Each region may choose one site selection and submit the bid to Kathie Woods, VB Chair. These bids are due Nov. 10, 2017 for the 2018 season. Use the Crossover Bid Form located in this packet.

October 21-22, 2017 Crossover Selections:

**Big Bend-E**

Lane-S  
Clackamas-S  
Highline-W  
TVCC-E  
Centralia-W  
Everett-N  
North Idaho-E

**SWOCC-S**

Umpqua-S  
Olympic-N  
Wenatchee-E  
Pierce-W  
Green River-W  
CBC-E  
Bellevue-N

**Edmonds-N**

Whatcom-N  
Walla Walla-E  
S. Puget Sound-W  
Mt. Hood-S  
Chemeketa-S  
Lower Columbia-W  
Yakima-E

**Grays Harbor-W**

Shoreline-N  
Spokane-E  
Clark-S  
Tacoma-W  
Linn-Benton-S  
Blue Mountain-E  
Skagit Valley-N

# Emergency Procedures

In case of emergency which causes you to be late to a contest, follow the guidelines in the NCAA Rule Book. Contact host Coach and/or Athletic Director of that institution immediately.

*SITUATION 2: (Taken from 2016-17 NCAA Rule Book). See Rule Book for other examples of delay procedures*

*Due to transportation difficulty, Team R has only five players present at the scheduled match start time. The referees are ready for play to begin.*

***RULING:***

*If the home institution has been notified that the visiting team is delayed by circumstances beyond its control, the referees will postpone the match for a reasonable amount of time. If there is no notification and the referees are prepared to start the match, the first set will be defaulted at match time, and recorded with Team S winning 25-0. A 10-minute waiting period is allowed before the second set is defaulted, and another 10-minute waiting period is allowed before defaulting the third set. Team R may use its two team timeouts before each set is defaulted. If, during the 10-minute waiting period, a sixth player for Team R arrives, each team will be allowed one-half of the time remaining in the 10-minute waiting period as its warm-up time on the court, and the set will begin. (See Rule 8.5.2 and Rule 9*

NWAC Pre-Match Protocol (for 7pm matches)			
Time Allotted	Actual time	Visible time	Protocol
:41	6:00pm 6:41pm	60:00	*Court available for shared warm-up
	6:30pm	30:00	Coin toss
:04	6:41pm 6:45pm	19:00 15:00	Visiting Team Full Court
:04	6:45pm 6:49pm	15:00 11:00	Home Team Full Court
:05	6:49pm 6:54pm	11:00 06:00	Visiting Team Full Court
:05	6:54pm 6:59pm	6:00 1:00	Home Team Full Court
:01	6:59pm 7:00pm	1:00 0:00	Team huddle/Announcements National Anthem & Introductions
<p>*15 minute Serve and Serve Receive time will start 30 minutes prior to the above stated protocol as stated in the volleyball SOPs.            *At the 3 minute mark, both coaches must have submitted lineup to official table.</p> <p>Comments: 3/5 rally to <b>25</b> - fifth game rally to 15 no cap. All players will line up in numerical order on the end line for introductions and national anthem. All players are introduced. Officials signal after intros and teams huddle. Starters then just enter the court (with Libero making exchange after line-up checks) without lining back up on the endline. Verify process with coaches.            Balls: Baden Perfection or Baden Elite-white or colored panel are acceptable for league play.</p> <p><b>5-minute intermission between sets 2 &amp; 3</b></p> <p>Uniforms: NWAC rules state that the uniform numbers must be in the center front on all jerseys. All teams must comply.            Deciding game: Teams must switch at 8.</p> <p><b>Note: Protocol should be at the scorers' table when the visiting team arrives.</b></p>			

## AVCA Membership

All Head Coaches are encouraged to become AVCA members. AVCA membership entitles the coach to be able to nominate and also vote in the All-American process.

Process for All-American Nomination and Selection is outlined on the AVCA website: [www.avca.org](http://www.avca.org)

### Freshman to watch

When the NWAC all-tournament team and All-American teams have been selected, the freshmen will automatically be placed on the list. Sport Committee will then vote and select the AVCA “Freshman to watch”. The AVCA “Freshman to Watch” publication comes out in July/August of the following summer.

#### Criteria for the award include:

Must be a freshman

Must be returning to same NWAC volleyball program

Stats for the year are considered in selection of final candidate and alternate

## Video Streaming and Media Exposure

With the rise in video streaming of most matches by most schools, it is encouraged to “grow the sport” by contacting local TV stations for media exposure.

Advertising to the public (on the school website, Facebook and Twitter) the address of streamed events is encouraged by each host school.

# Coach of the Year Selection Process

## NWAC Coach of the Year

The selection of the NWAC Coach of the Year will follow these procedures:

- 1) Each region will vote in the manner they deem appropriate to select a Regional Coach of the year.
- 2) The nominations for NWAC Coach of the Year consist of the four Regional Coaches of the Year and write in candidates.
- 3) At the annual coaches meeting in November at the NWAC Championships, each school will get one vote for the NWAC Coach of the Year.
- 4) The winner will be announced immediately at the NWAC Coaches Meeting.

## Criteria for the regional and conference Coach of the Year selections:

Professionalism

Effort to promote their sport

Support for the intent of the NWAC code and sports rules

(Character/Competition/Community)

Conduct of the coach's team

Contribution to the growth of the sport

Improvement in the program from previous year/during current season

Season Record



# TIE~BREAKER PROCEDURES

NWAC Volleyball will use the following tie-breaker procedures for all tournaments (excluding the Championship tournament) formatted such that ties could occur. Please post this procedure at your tournament.

## TIE~BREAKER PROCEDURES FOR CROSSOVER TOURNAMENTS

If two teams are tied:

- 1) Head to Head Record/Head to Head Match, Sets

If more than two teams are tied:

- 1) Match first, then Sets, then point differential.
- 2) Won-Loss ratio for the total number of games played, between the tied teams
- 3) Comparison of the point differential between the tied teams. Point differential shall be determined by subtracting the total points lost from the total points won. (The highest plus or lowest minus remainder shall be considered the superior team.)
- 4) Coin Toss

# CROSSOVER TOURNAMENTS

# CROSSOVER TOURNAMENTS

Refer to the NWAC Code Book for regulations regarding crossovers. In addition, the following philosophies are also important.

- I. All crossovers have standardized officiating.
  - A. R1 - state rated  
R2 - state rated
  - B. Trained lines people should be provided, as well as scorekeeper and libero tracker.
- II. If you chose not to participate in a crossover, you may not compete at all on those dates.  
(NWAC Code)
- III. Host colleges are encouraged to invite additional teams to fill vacancies (acceptable teams: 4 year college or 2 year colleges).
- IV. Site Selection
  - A. Each college selects a site for the next season at the coaches meeting during NWAC Championships.
  - B. A representative from your school must be present to select for your school. All coaches not represented will be placed in a tournament.
- V. Entry Fees
  - A. Entry fee costs will be determined by each host institution and should cover the cost of officials and awards. This includes the R1 and R2 officials and all scorers. Other costs should be borne by the host.

- B. This is not designed to be a major money maker for the college. A guideline of no more than \$500 entry fee has been determined.

VI. October Crossover

- A. “Dig Pink” shall be held during the October Crossover, on Saturday’s play. Each institution needs to let the NWAC office know what activities they will be doing on this date so they can help promote the event.

VII. Format Guideline Suggestions

- A. For tournaments hosting 8 teams, it is recommended pool play 2/3, then bracket 3/5. Guarantee at least 2 matches 3/5, total 5 match guarantee.
- B. For tournaments hosting 7 teams, round robin play out of region, 3/5 guarantee 4 matches.
- C. For tournaments hosting 6 teams 3/5 pool play and 3/5 bracket.
- D. A tie breaker protocol should be posted prior to the start of the tournament.
- E. For tournaments hosting 7 or fewer teams, the format should include as many 3/5 matches as possible.

# NWAC Crossover Bid Form

\_\_\_\_\_ bids to host a Volleyball Crossover Tournament  
(College)

Days/Date: \_\_\_\_\_ Estimated Entry Fee: \$ \_\_\_\_\_

Maximum Number of Teams: \_\_\_\_\_

Facility: (Describe briefly): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Officials Assigned by: \_\_\_\_\_

Probable Format: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Submitted by: \_\_\_\_\_ (Director of Athletics) \_\_\_\_\_ (VB Coach)

Date: \_\_\_\_\_

Send by email to: Kathie Woods, VB Chair, [kdig@aol.com](mailto:kdig@aol.com)

- Due no later than Nov. 10, 2017

# **GUIDELINES FOR HOSTING A CROSSOVER**

- I. See NWAC Code Book for further guidelines regarding hosting a Crossover.
  
- II. Basic Criteria
  - A. Minimum of two courts for play
  - B. Warm up time should be predetermined and adequate for all matches
  - C. The tournament coordinator/director shall not be a coach
  - D. Facilities need to be safe for play
  - E. There shall be a tournament protest committee
  - F. Trained lines people provided
  
- III. Tournament Format
  - A. The schedule for the tournament should be sent to participating colleges by mid-August. (Also include hotel information)
  - B. All Tournament selection at crossover tournaments should include 13 players (MVP, 6 first team and 6 second team). Tournaments with less than 10 teams should have at least 7 players (MVP, 6 players). Method of selecting all-star team will be left up to tournament director.
  
- IV. Entry Fee
  - A. Cap of entry fee at \$500

# NWAC CHAMPIONSHIP TOURNAMENT PROTOCOLS

In addition to rules and procedures found in the NWAC Code Book, the following protocols should be followed:

In scheduling first round matches, team in the upper and lower brackets will be switched on alternating years.

Court dimensions are specific to NCAA guidelines.

## **Coin Toss Protocol**

In rounds one and two of the tournament, the highest seeded (home team) team will call the coin toss. In subsequent rounds, the team on the top of the bracket will call the toss.

# Sophomore Showcase Tournament

## General Guidelines

The following general guidelines are provided to hosts of the NWAC Sophomore Showcase Event. The guidelines cover preferred scheduling for practice times, meetings and the tournament.

**Players should wear their own team uniform for the All-Star matches.**

- 1) The practice time should end no later than 9pm. Practice times will be 6-7:30pm (closest regions) and 7:30 -9pm (furthest regions).
- 2) For the tournament, 2-out-of-3 matches will be scheduled for 10:30am and 12 noon. Each region would play one opponent, which would be the same alignment as the tournament seeding for that year. Then the winner would play the winner and losing teams would play one another.



# STATISTICS

## Stat Definitions

### Term (stat crew key)

#### Attack (A)

An attack attempt (A) is recorded any time a player attempts to attack (hit strategically) the ball into the opponent's court. The ball may be spiked, set, tipped or hit as an overhead contact.

There are three possible outcomes of an attack attempt.

- (1) There can be a kill.
- (2) There can be an attack error.
- (3) The ball can stay in play. This is referred to as a "0 attack (zero attack)."

Philosophy: Any ball that is played over the net in an attempt to score a point should be considered an attack. Any ball played over the net simply to keep the ball alive should not be considered an attack attempt.

The exceptions to an attack are:

- (1) An attempt is not charged on a ball played over the net on serve reception that is kept in play by the opposing team. This is called an overpass.
- (2) An attempt is not charged on a free ball played over the net when, in the opinion of the statistician, the free ball is passed only to keep the ball in play.
- (3) An attempt is not charged to a player if, in the opinion of the statistician, the set is bad and the player plays the ball over the net to keep the ball in play.
- (4) An attempt is not charged to a player if, in the opinion of the statistician, the player passes the ball over the net only to keep it in play.

However, if in any of the four above-mentioned instances the action results directly in a point for the team playing the ball, a kill, and therefore an attack attempt, must be awarded.

### KILL (K)

A kill (K) is awarded to a player any time an attack is unreturnable by the opposition and is a direct cause of the opponent not returning the ball or any time the attack leads directly to a blocking error by the opposition. A kill leads directly to a point. When a player is awarded a kill, the player also is awarded an attack attempt.

### ERROR (E)

An attack error (E) is charged to a player whenever an attack or attacker:

- (1) Hits the ball out of bounds.
- (2) Hits the ball into the net resulting to a four-hit violation.
- (3) Is blocked down by the opposition to the same side at the attacker, and cannot be kept in play as a direct result of the block.
- (4) Goes into the net.
- (5) Is called for center-line fault.
- (6) Is called for an illegal contact on the attack.
- (7) Is called for an antenna fault.
- (8) Is called for a 3-meter (10-foot) line violation.
- (9) Is called for a thrown ball or illegal hit during an attack attempt.

When a player is given an attack error it also counts as an attack attempt and is counted in the player's total attacks.

### ZERO ATTACK (C)

A "O attack" (Zero attack) is any attack attempt that is kept in play by the opposition. Total attempts (TA) equal the sum of kills, errors, and "O attacks."

Documentation is required on the work sheet for this play and should be included in the individuals' totals on the Box Score Form.

### ASSIST (A)

A player is awarded an assist (A) whenever that player passes, sets or digs the ball to a teammate who attacks the ball for a kill. There are three possible outcomes of a ball that is being set:

- (1) An assist.
- (2) An assist error or ball-handling error.
- (3) A zero assist. This occurs when a ball that is set does not directly lead to a kill.

Documentation on the work sheet only is required if the statistician is calculating assists percentage.

## **SERVES (V)**

Article 1. A serve is when a player attempts to serve the ball over the net into the opponent's court. There are three possible outcomes for every served ball:

- (1) A service ace.
  - (2) A service error.
  - (3) A zero serve. This occurs when a serve does not result in a service ace or service error but play continues.
- Documentation on the work sheet is required only if the statistician is calculating server percentage.

## **SERVICE ACE (X)**

A service ace (SA) is a serve that results directly in a point. A service ace is awarded to a player:

- (1) If the serve strikes the opponent's court untouched.
- (2) If the serve is passed by the opponent but cannot be kept in play.
- (3) If the referee calls a violation on the receiver (i.e., lift, double hit).
- (4) If the receiving team is out of rotation (i.e., overlap).

## **SERVICE ERROR (E)**

A service error (SE) is charged to a player:

- (1) If the serve fails to go over the net and lands on the side of the team serving.
- (2) If the serve is out of bounds or hits the antenna.
- (3) If the server foot-faults or takes too much time.
- (4) If the server tosses more than once for a service.
- (5) If a player serves out of rotation. The service error (SE) is charged to the player who should have been serving.

## **DIGS (D)**

A dig (D) is awarded when a player passes the ball that has been attacked by the opposition.

The pass or play of any ball that's attacked is awarded a dig. The ball can be kept in play on the digger's side of the net or can go back to the opposition. In either case a dig is awarded. Free balls or serve receive do not count as a dig.

## **BLOCKS (B)**

A block is awarded when a player(s) blocks the ball into the opponent's court leading directly to a point. There are three possible outcomes when a player(s) is blocking:

- (1) The player(s) is credited with a successful block solo or block assist.
- (2) The player is charged with a block error.
- (3) The attack attempt is deflected off the blocker's hands and is kept in play by one of the teams.

BLOCK SOLO (B + S)

A block solo (BS) is awarded when a single player blocks the ball into opposition's court leading directly to a point. That player must be the only blocker attempting to block the ball.

BLOCK ASSIST (B + A)

A block assist (BA) is awarded when two or three players block the ball into the opponent's court for a point. Each player blocking receives a block assist even if only one player actually makes contact with the ball.

*Note: Both a block solo and block assist cannot be awarded on the same play.*

BLOCKING ERROR (B + E)

A blocking error (BE) is a call made by the referee that ends play. A player is charged with a blocking error when:

- (1) A blocker goes into the net.
- (2) A blocker is called for a center-line fault.
- (3) A blocker is called for reaching over the net.
- (4) A back-row player is called for blocking.
- (5) A blocker is called for a thrown ball during a block.

*Note: A kill is awarded to the attacking team when a blocking error is charged to the defending team.*

3 POINT SERVE RECEIVE EVALUATION

Points are given to the person receiving the serve based on how many hitters can be set effectively.

- (1) A (3) rating is awarded if the ball is passed to the setters zone and can set all 3 front row players effectively.
- (2) A (2) rating is awarded if the ball is passed in front of the 3 meter line and the setter can effectively set 2 hitters.
- (3) A (1) rating is awarded if the ball is passed so the setter can effectively set one front row hitter.
- (4) A (0) rating is a pass that is not able to be set and is figured as a part of total sum divided by attempts.

## **VOLLEYBALL CHAMPIONSHIP RESPONSIBILITIES**

### **CONFERENCE OFFICE STAFF**

Awards  
Banners  
Credentials/Passes  
Hospitality functions  
Lodging – Secure Headquarters  
Meetings  
Official Coordinator  
Officials’ Game Fees  
Officials’ Travel and Per Diem  
Programs  
Publicity and Promotion (Conference)  
Sponsors (Conference)  
Television/Radio/Video streaming  
Ticket Prices

### **CONFERENCE OFFICE INFORMATION STAFF**

Awards  
Awards Ceremony Script  
Media Credentials  
Press Conferences  
Scoring Table Personnel  
Sponsors  
Statistics Crew  
Television/Radio

### **CHAMPIONSHIP HOST MANAGER**

Arena Set-up  
Athletic Training Room/Medical Facilities/Physicians  
Awards display/set up  
Bands  
Financial Report  
Hospitality Functions  
Locker room assignments  
Lodging/Championship Headquarters  
Game Video/DVD  
Meetings  
National Anthem  
Participant Seating  
Pass Lists  
Practice and Game Balls  
Practice Schedules  
Program sales  
Publicity and Promotion (Local)  
Security and Crowd Control  
Sponsors (local)  
Television/Radio  
Tickets

### **MEDIA COORDINATOR**

Arena Set-up/Banners  
Statistics/Scoring Table Personnel  
Media Seating/set-up/Television/Radio  
Official Photographer  
Participant Packets  
Public Address Announcer Accountability  
Publicity and Promotions  
Play by play and color commentator for  
championship match

**PARTICIANTS' AD**

Band  
Cheerleaders/Mascot  
Meeting Attendance  
Pass List  
Team Lodging  
Team Travel/Transportation

**PARTICIPANTS' SID**

Awards Ceremony Team List  
Assistance with Statistics  
Updating Team Statistics following each round