

# Western Region S.O.P's



**SCHOOLS:**

**Centralia**

**Grays Harbor**

**Green River**

**Highline**

**Lower Columbia**

**Pierce**

**South Puget Sound**

**Tacoma**

## **GENERAL GUIDELINES**

### **Region Dues \$200.00 per year**

The Region Treasurer (currently Cheryl Batchi) will send invoices at the beginning of the Academic Year to member schools.

### **Athletic Department Personnel and Coaching staff:**

#### **Important rules regarding off-season workouts, and recruiting**

The following are considered VIOLATIONS of the NWAC Code

1. Recruitment of players who have already signed a letter of Intent at another school.
2. Use of coaching staff at organized summer events.
3. Recruiting players from areas outside of the designated areas. (see article VI, section 2 of the NWAC Code Book for a list of states).
4. Requiring student-athletes to attend organized practices/workouts during the off-season.
5. Organized practices without an academic class offering before the first official practice can begin (the NWAC Calendar is published each year and distributed to athletic commissioners).
6. Solicitation of free items, by school personnel, for team member's personal use.

**Western Region Protocol:** If you feel a violation might be occurring without the affected Schools' Athletic Director being aware of it, proceed with the following steps.

1. Coaches should inform their athletic director if he/she hears of, or if someone reports to them that a school is in violation of the NWAC Code.
2. The athletic director should then call and inform the athletic director at the school in question, as to what is/may be occurring.
3. The athletic director at the school in question should then research the situation to determine if a violation is occurring. If so, correction should be made.
4. If the reporting school feels that the violation is continuing, the next step would then be to report to the NWAC using (NWAC form A-68) available in the NWAC code book.

### **CHANGES IN LEAGUE SCHEDULE**

If your institution has a legitimate need to make a change in the LEAGUE schedule.

1. The change must be approved by the Western Region Commissioners.
2. This does not include flipping home/away or flipping men/women times on doubleheaders.
3. Reason must be legitimate: i.e. facility availability, emergencies.

# Athlete of the Year Process

## Western Region Female and Male Student Athlete of the Year Recognition Process

The following guidelines will be used in the selection of the annual Western Region Female and Male Student Athletes of the Year awards.

1. Each athletic director may nominate in writing one female and one male student to be considered for the Western Region Student Athlete of the Year awards.

Each nomination will include a brief summary of the student's accomplishments for the year, a head shot, and roster information. The information will be sent to the athletic director responsible for collecting the nominations by May 15th.

Things to include in the nomination and for voter consideration includes: academic performance, role on team, athletic accomplishment, citizenship, and community involvement.

These students are likely to be the athletes of the year from their various institutions.

2. An electronic copy of all the nominees will be forwarded to the 16 Western Region commissioners for review prior to the final NWAC commission meeting. At the end of year region meeting, Athletic Directors will be able to speak to the qualifications and character of their institutions nominees.
3. With 16 potential commissioner votes, a 51% majority will be required to earn the region selection. A commissioner not present at the meeting will be allowed to use technology to cast their vote(s) from a distance. Commissioners may not vote for students from their own institution and all ballots will be made public.
4. If the first ballot does not achieve a majority winner, a second vote will take place with the top two vote recipients (and any ties). This process will continue until there are two finalists. Should the vote be split evenly, the tie break vote will go to the NWAC Executive Director. At no time will a co-student athlete of the year be awarded.
5. Both winning students will receive from the Western Region a scholarship award of \$500 and their name placed on a perpetual plaque to be housed by their institution until the following year. The academic scholarship will be paid from the region treasurer and mailed to the school of choice by the winning recipients.

Created and Approved Dec 12, 2017

# BASEBALL

## WESTERN REGION RULES

### Coaches Meetings

There are two regularly scheduled West Regional coaches meetings each year. The dates are:

1. The third or fourth Tuesday in September to discuss code proposals, schedules, etc.
2. The Sunday evening of the last playable date in the spring to discuss and vote on All-Region selections.

### Region Rules

1. NCAA Rule Book will be used with NWAC approved adaptations.
2. Traveling squads for NWAC Region (league) games shall not exceed twenty-four (24) players. There shall be no limit for the home team. For conference playoff and tournament games, all teams shall be limited to twenty-four (24) players.
3. Official ball is the Baden Perfection model.
4. Doubleheaders consist of a nine (9) inning game followed by a seven (7) inning game.
5. Rain-Outs: all rain-outs must be played on the next possible playing date. The Sunday following the last scheduled date shall be the final day for any make-up game(s).
6. Ten (10) Run Rule: There shall be a ten (10) run rule after the fifth (5<sup>th</sup>) inning of the scheduled seven (7) inning game. There shall be a ten (10) run rule after the seventh (7<sup>th</sup>) inning of the scheduled nine (9) inning game. There is no 10-run rule in a NWAC non-region single game, unless designated by tournament rules or mutual agreement by coaches prior to the game.
7. No courtesy runners are used in the Western Region.
8. Suggested start times for Western Region games are 1 pm single games and 1 pm doubleheaders during daylight savings time. Suggested doubleheader start time for standard daylight time is 12 noon. Special start time considerations for facility use issues must be agreed upon by both head coaches with permission by athletic directors.
9. The Western Region uses a Halted Game format rule in regard to games suspended due to weather or other circumstances. Any West Region game stopped at any time due to inclement weather, darkness, light failure, or curfew will be continued at the pre-determined point of completion (7 or 9 innings). A halted game must be continued on the next possible playing date. A halted game must resume play at exactly the point of being halted, with the line-ups and batting orders of both teams exactly the same, subject to the rules of substitution. Any player or pitcher who played, or was announced as a substitute before the game was halted, must be in the line-up when play resumes or be ineligible for the remainder of the game. When a halted game is part of a doubleheader, it shall be the first game, and the second game shall be the regularly scheduled game for that date. If a doubleheader is already scheduled, the halted game shall be the first of three games.

## WEST REGION BASEBALL TIE-BREAKERS

With a 5-game West league schedule, head-to-head ties are not possible. There is the possibility of 3 way or 4 way ties.

### Order of Tie Breaker Procedure

- 1) Head-to-Head competition among tied teams
- 2) Head to Head competition versus highest finisher, then next highest finisher, etc.
- 3) West Region Baseball tiebreaker Matrix rotation

### 1<sup>st</sup> Place

-If 2 way tie for first, team with the better head-to-head record takes #1 seed and advances to the NWAC tournament. The other team takes the #2 seed and hosts the NWAC Super Regional

-If 3 way tie for first or 4 way tie for first, use the Tie-Breaker procedure step 1 and then step 2 to separate teams, if possible. Step 3 will be used for site and bye determination for playoff if needed.

### 2<sup>nd</sup> Place

-If 2 way tie for second place, team with the better head-to-head record hosts the NWAC Super Regional, the other team travels to Super Regional as West #3 seed.

-If 3 way tie for second or 4 way tie for second, use the Tie-Breaker procedure step 1 and then step 2 to separate teams, if possible. Step 3 will then be used for site and bye determination for playoff if needed.

### 3<sup>rd</sup> Place

-If 2 way tie for third place, team with the better head-to-head record will go to NWAC Super Regional as the West #3 seed, the other team goes to the NWAC Super Regional as the West #4 seed.

-If 3 way tie for third or 4 way tie for third, use the Tie-Breaker procedure step 1 and then Step 2 to separate teams, if possible. Step 3 will then be used for site and bye determination for playoff if needed.

### 4<sup>th</sup> Place

-If 2 way tie for fourth place, the team with the better head-to-head record will go to the NWAC Super Regional as the #4 seed.

### Site and Bye Determination

-If 3 way tie: top tie-breaker team or best matrix number team gets the bye. The second tie-breaker team or second matrix number team hosts the third tie-breaker team or third matrix number team in a single 9 inning game. Bye team then hosts the winner of the first game the following day.

-If 4 way tie: Matrix #4 travels to Matrix #1 and Matrix #3 travels to Matrix #2. Winners either decide seeding, or winners play an additional single game to decide outcome with best Matrix number hosting.

### All-Star Procedures

1. On the Sunday following the last scheduled West Region game, the West Region baseball representative shall call a meeting of the West baseball coaches to nominate and select the All-West team.
2. Coaches select the team consisting of five (5) infielders, four (4) outfielders, one (1) catcher, one (1) designated hitter, one (1) utility player, four (4) pitchers, one (1) relief pitcher, and an MVP. First and second teams shall be selected.
3. Coaches nominate and vote for own players and/or opponents.
4. West Regional coach of the year shall follow NWAC format. (Revised 5/2007)

### Western Region Baseball Tie-Breaker Matrix

- 1) Grays Harbor College
- 2) Green River CC
- 3) Lower Columbia College
- 4) Pierce College
- 5) Tacoma CC
- 6) Centralia College

(Matrix Revised 12-2014)

<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>	<u>2020</u>
3	1	6	5	2	4
2	4	3	6	1	5
1	5	2	4	3	6
4	2	5	3	6	1
5	6	1	2	4	3
6	3	4	1	5	2

# BASKETBALL

## NWAC WESTERN REGION MEN / WOMEN'S BASKETBALL STANDARD OPERATING PROCEDURES

### I. Members:

- A. Members will include Head Basketball Coaches from the Western Region of the NWAC. Assistant Coaches may represent the Head Coach from member schools.
- B. Sports Commissioner assigned to Basketball from the Western Region Commissioners will also be included as a member. If the sports commissioner is not an active Western Region Basketball Coach, they shall not have voting privileges.

### II. Schedule:

- A. The league schedule shall consist of a double round robin home schedule. A rotating schedule developed by the Western Region Coaches and adopted by the Western Region Commissioners will be used as the master schedule for league games.
- B. Crossover host sites shall follow a rotating schedule utilizing the tiebreaker schedule as the guide.

### III. Officials:

- A. Officials for all games shall be assigned, governed and evaluated by the current Officials' Association as per agreement by the Western Region Commissioners.
- B. The head of the Officials' Association shall meet with members of this body prior to the start of the basketball season, when determined necessary.

### IV. Tournament Seeding: SEE WEST REGION UNIVERSAL TIE BREAKER (Pg 12)

### V. Squad Sizes:

- A. The maximum number of players on a traveling squad shall be 15.
- B. The maximum number of players for home games shall be limited to the student-athletes entered in the scorebook and listed on the eligibility list submitted to the NWAC office.

### VI. Game Management:

- A. Game times shall be Wednesdays at 6:00 PM for Women and 8:00 PM for Men. Saturday games can be determined by the host school no earlier than 12:00 PM. The Gym shall be available for the first game one hour prior to tipoff and there shall be a minimum of 20 minutes for warm-up prior to the second game. The 20 minute warm-up period shall start when the playing floor is cleared of activity and participants from the first game.
- B. The home team is responsible to provide statistics at half-time and after completion of the game. Results of the game are to be forwarded to the NWAC Office. It is required that each program in the Western Region use the league designated software program for their statistics.
- C. The official game ball for league play shall be the same ball designated as the official game ball of the NWAC Tournament.
- D. The home team shall provide dressing facilities, bench towels, water, and a meeting area with whiteboard and markers for the visiting team.
- E. The home team shall keep the official book and provide space for a visiting scorekeeper.
- F. The home team shall provide the visiting team a video copy of the game immediately after the game.

- G. The current NCAA Basketball Men's and Women's Rules and Interpretations shall govern any rules interpretations not covered in the NWAC codebook or Western Region SOP's.
- H. Cancellations of games due to inclement weather or other emergencies will be the decision of the Athletic Directors of the institutions involved. The Monday following the cancellation will be the required makeup date. Makeup games will occur in order whenever possible.
- I. The host school will notify teams and game officials at the five minute mark of halftime.
- J. The home school should appoint a "Host" who will introduce themselves to the visiting coach and show the visiting coach dressing and/or meeting rooms which will be available to the visiting team.
- K. The national anthem is sang or played. No pledge of allegiance.
- L. No hats or cell phones at the score table.
- M. Appropriate Music to be played during time-outs.
- N. Visiting teams work to clean their bench area after the game.
- O. Public Address Announcer needs a script welcoming people on behalf of the host school, region and the NWAC .

**VII. Player and Coach Recognition:**

- A. The Western Region will select a Men's and Women's MVP, a First Team All-Region Team, a Second Team All-Region Team, a Sophomore All-Star Team, a Defensive Player of the Year, an All-Defensive Team, a Freshman of the Year, as well as a Coach of the Year Recipient (as outlined in Appendix 1). Members must be present in order to nominate and/or vote for recognition awards.
- B. The coach from the region championship team will be named the head coach of the All-Star Game. The assistant coaches will be selected from the region's second place team coach. If ties occur, Co-Coaches will represent the Western Region.

**VIII. Meetings:**

- A. The Western Region-Basketball Coaches meetings will be held as follows:
  - 1. Fall meeting.
  - 2. Pre-playoff meeting held on Sunday prior to the NWAC Tournament.
  - 3. Other meetings scheduled as needed by the Region Sport Commissioner.



## APPENDIX 1

### Western Region M/W Basketball Player and Coach Recognition Process

The following guidelines will be used in the selection of the Western Region MVP, the Western Region All-Region teams, the Western Region Sophomore All-Star team, the Western Region Defensive Player of the Year, the Western Region All-Defensive team, the Western Region Freshman of the Year, and the Western Region Coach of the Year awards.

1. Each coach will nominate players for the All Region team, the Defensive team and freshman of the year. Coaches cannot vote for players from their own team.
2. Each coach votes for 11 players. Voting is counted (11,10,9,8,7,6,5,4,3,2,1 ). The player with the most votes is the MVP. The numbers of votes in order determine the 5 members of 1<sup>st</sup> team All Region and the 5 members of the 2<sup>nd</sup> team All Region.
3. The top 10 sophomore vote getters from balloting for the first and second teams will make up the All-Star Team. If 10 sophomores have not received votes, coaches may nominate sophomore players from their team for consideration. Coaches will vote for the number of players required to fill out the 10 person roster. Coaches may not vote for players from their own team. The 11<sup>th</sup> and 12<sup>th</sup> rated players will be designated as alternates for the All-Star game.
4. Each coach may nominate players from their team for the All Defensive Team.
5. Each coach will vote for 6 players.
6. The player with the most votes is the Defensive Player of the Year. The numbers of votes in order determine the 5 members of the All Defensive team. Voting is counted (5,4,3,2,1)
7. Each coach may nominate players from their team for freshman of the Year.
8. The Freshman that receives the most votes is freshman of the year. Coaches cannot vote for players from their own team.
9. Coaches will each vote for 1 Coach of the Year. The coach with the most votes will be so designated.
10. The Basketball Commissioners will release the results to the NWAC office. The NWAC office will release the results to the media prior to the start of the NWAC Championship Tournament. Coaches may release the awards after the NWAC has released the recognized awards to the media.

**Coaches Name:**

**Western Region Men's Basketball All Star Ballot**

	<b>Player</b>	<b>School</b>
<b>(MVP)</b>	1.	
	2.	
	3.	
	4.	
	5.	
	6.	
	7.	
	8.	
	9.	
	10.	
	11.	

**All Defensive Team:**

- (Defensive Player of the Year)** 1.
- 2.
- 3.
- 4.
- 5.
- 6.

**Freshman of the Year:** ( Freshman with most votes )

**Coach of the Year:**

### West Region Basketball Tie Breaker

Draw Order	Place	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23
Women->	<b>First</b>	1	5	4	6	3	7	2	8
	<b>Second</b>	2	8	1	5	4	6	3	7
	<b>Third</b>	3	7	2	8	1	5	4	6
	<b>Fourth</b>	4	6	3	7	2	8	1	5
	<b>Fifth</b>	5	4	6	3	7	2	8	1
	<b>Sixth</b>	6	3	7	2	8	1	5	4
	<b>Seventh</b>	7	2	8	1	5	4	6	3
Men->	<b>Eighth</b>	8	1	5	4	6	3	7	2

*\*Find your School's number in the above matrix to determine your tie-breaker place*

- |                     |                |
|---------------------|----------------|
| 1=Highline          | 6=Grays Harbor |
| 2=Lower Columbia    | 7=Centralia    |
| 3=South Puget Sound | 8=Green River  |
| 4=Pierce            |                |
| 5=Tacoma            |                |

### WEST REGION 4-TEAM CROSSOVER HOSTS 2016-2024

YEAR	2016-17	2017-18	2018-19	2019-20
Men	Highline LCC	Pierce TCC	SPSCC GRCC	Centralia GHC
Women	SPSCC GRCC	Centralia Grays Harbor	LCC HCC	Pierce TCC
YEAR	2020-21	2021-22	2022-23	2023-24
Men	Highline LCC	Pierce TCC	SPSCC GRCC	Centralia GHC
Women	SPSCC GRCC	Centralia Grays Harbor	LCC HCC	Pierce TCC

**WEST REGION UNIVERSAL TIE BREAKER FORMAT**

As adopted by West Region Commissioners April 2018 (4/10/18)

**THERE WILL BE NO PLAY-IN GAMES FOR ENTRY INTO THE NWAC TOURNAMENT**

*Tie Breaker will be used to **ELIMINATE PLAY IN GAMES** by tied teams and determine who moves on, and at what seed to the NWAC Championship Tournament.*

- **Tie Breaker Procedure for Volleyball and Men's and Women's Basketball**

**ORDER OF TIE BREAKER PROCEDURE:**

1. Head to Head competition amongst **ALL** tied teams.
2. Head to Head competition between tied teams vs. the highest finisher in the West Region and on down through the order.
3. West Region Tiebreaker rotation number

**EXAMPLES/SCENARIOS****A. If two teams are tied example**

1. LCC 2-0 vs. TCC 0-2 – LCC goes if one spot available, if two spots available, LCC gets higher seed
2. LCC 1-1 vs. TCC 1-1 – Go to step #2 then #3, then #4 if needed to decide who gets higher seed or who goes and who is eliminated.

**B. If three teams are tied example:**

1. LCC 4-0 vs. TCC 2-2 vs. HC 0-4 – LCC goes if for final spot If there are two spots available, LCC is 3<sup>rd</sup> seed, then TCC 2-2 vs. HC 0-2 TCC goes in 4<sup>th</sup> seed, TCC 1-1 vs. HC 1-1 go to steps #2 then #3 then #4 to see who is 4<sup>th</sup> seed and who is eliminated (NOTE: Once one of the teams is seeded or eliminated (LCC 3<sup>rd</sup> seed) **then process starts over** TCC 2-0 vs. HC 0-2) HC Eliminated...
2. LCC 3-1 vs. TCC 2-2 vs. HC 1-3 – If for one spot, LCC goes (3-1) if for two spots LCC 3-1 gets 3<sup>rd</sup> seed and TCC 2-2 vs. HC 1-3 start over to see who goes as 4<sup>th</sup> seed and who is eliminated (1, 2, 3, 4). TCC 1-1 vs. HC 1-1 (go to #2, #3, #4) to see who is 4<sup>th</sup> seed and who is eliminated. TCC 2-0 vs. HC 0-2 TCC goes, HC is eliminated
3. LCC 2-2 vs. TCC 2-2 vs. HC 2-2 – If ONE spot is available and all three teams are tied, it goes to #2, then #3 then #4 above. Other two are eliminated. If for two spots, once it is determined who has the best (2, 3, 4), then that team will be the 3<sup>rd</sup> seed. Then the process will start over with the remaining teams (1, 2, 3, 4) to determine the 4<sup>th</sup> seed and the team that is eliminated.
4. LCC 3-1 vs. TCC 3-1 Vs. HC 0-4 if for one spot, HC would be eliminated. Then LCC 3-1 vs. TCC 3-1 would start process over for the final spot (1, 2, 3, 4). If for two spots, HC 0-4 would be eliminated, then LCC 3-1 vs. TCC 3-1 would start process over (1, 2, 3, 4) to determine who is 3<sup>rd</sup> seed and who is 4<sup>th</sup> seed.

**\*NOTE: Once one of the teams is eliminated through the process or placed into a seed, then the process starts over with remaining teams.**

# **SOCCER**

## **Coaches Meetings**

Coaches Meeting in conjunction with the All Star Game

### **NWAC MEN AND WOMEN SOCCER ALL-STAR SELECTION PROCESS**

NWAC soccer coaches are supplied with a nomination form and asked to submit the names, positions, and numbers of eight or less of their team's players to be included on the Soccer All Star Team ballot for their region. Coaches are encouraged to include a brief profile of their nominees. The nomination form must be returned by the published deadline.

The soccer committee chair compiles the submitted information and prepares a regional ballot containing the nominated players, their position, name, college and number. The ballot is sent to the respective region coaches for the voting process. Coaches vote for athletes they feel deserve inclusion on the All Star team. Coaches may not vote for their own nominated players. Coaches not returning ballots by the published deadline will have their nominees omitted from the All Star team.

### **-Men's and Women's Soccer All Region Teams**

In 2005, the NWAC soccer alignment separated from two leagues into the customary four region alignment as seen in other sports. With that came a need to redesign the procedure for awarding post season honors to student athletes in soccer.

Beginning in the Fall of 2007, the four regions of men's and women's soccer will create and recognize all region honors to three members of each team in each region (as approved by the Soccer committee in Aug, 2006).

**Criteria:** Consideration to the All Region Honorees should be made based on talent, role on squad, sportsmanship displayed, leadership qualities and eligibility. Through this process, a coach will have the opportunity to recognize players on his/her team who might not be recognized through the all star selection process.

# SOFTBALL

## Regional Alignment:

Currently there are 3 regions in Softball. Of the Schools in the West Region who compete in Softball the schools are divided between the North and the South Regions.

North: Pierce, Highline

South: Centralia, Grays Harbor, Lower Columbia

## Coaches Meetings

There is one mandatory coaches meeting in conjunction with the Sophomore showcase weekend in September. It is typically on Friday night prior to the event.

## Playing Season

1. Fall/Spring pre-season:  
Each institution shall be allowed a total of 12 weeks for fall softball and pre-season practice which may be utilized in between the dates of September 15<sup>th</sup> through November 15<sup>th</sup> and January 15 through February 28<sup>th</sup>. Each institution would report to the NWAC office by August 30<sup>th</sup> of the time periods in which the 12 weeks would be utilized.
2. Spring – The earliest date that practice may begin will be February 1 and no contests prior to March 1.

## Pre-Season

1. The softball schedule for each college shall be limited to 25 dates exclusive of league playoffs and the conference tournament.
2. Dates used for tournaments will be the length of a tournament (example: 3-day tournament counts as 3 dates).
3. League and non-league schedule – 2 games maximum per date.

## League Rules

1. Current NCAA Women's Fast pitch Rules shall govern all competition
2. Double header games of 7 innings each; teams have 10 minutes between games (or as stated in the NCAA rulebook).
3. The 8 run rule will be used after five (5) innings, The NWAC will not use the 15 run rule after three (3) innings.
4. Travel roster size – 18 players.

## Rain-outs

1. When a rainout occurs, the visiting school should be notified no later than 10:30am.
  - a. Games shall be rescheduled within 24 hours of the rained out date by the coaches at the institutions involved. The games shall be played on the first available date within 7 days. The coaches shall notify the Athletic Director at each institution. The NWAC office, and the Softball Chair in writing of the schedule change.
  - b. Playable dates include the following days: Sunday, Monday, Wednesday, or Thursday.

- c. If the coaches cannot agree on a date the Athletic Directors at the institutions will have an additional 24 hours to reschedule the game. Written notification must be given to the coaches at each school, the NWAC office, and the softball chair of the schedule change.
- d. If the coaches and the Athletic Directors cannot agree on a playing date within 48 hours of the original schedule date, the Softball Committee chair will reschedule the contest and notify the coaches, Athletic Directors, and the NWAC office in writing of the schedule change.
- e. Games rained out on the last Friday and Saturday of the league play must be played on Sunday of the weekend.
- f. All games must be completed by the second Sunday of May. If league schedules are not complete, a percentage will be used to determine league playoffs and entry into the NWAC Championship.

### **Softball Tournament Procedure (rule 2A)**

The top four teams from each of the four leagues will participate in a sixteen (16) team, three (3) day, double elimination conference championship tournament. (See tournament bracket and game times.).

### **All Star Selection Process: (Revised 2009)**

#### **The Nomination Process**

1. Each coach will FAX their nominees to regional rep **by 4:00pm on the second Tuesday of May**. Coaches may nominate as many players as they want. Nominations should be based on:
  - i) How the team finished (in the standings)
  - ii) Player Statistics

**Note: If you do not nominate a sophomore for the all-league team, please include the name of at least one sophomore to be included in the Sophomore Showcase game.**

2. On the following Friday, the regional rep will fax each coach in your division a list of nominees, along with final instructions, if any.

#### **The Voting Process**

3. Coaches will vote for the top 15 players on the first team and 15 on the second team. **You must vote for a total of 30 players, You may not vote for your OWN players**, rank players from 1-30 (1-15 on the first team and 16-30 on the second team and no player should receive both first and second team votes). Fax the completed ballot to the regional rep **no later than 9:00am on the third**

**Tuesday in May.** Any final directions for the voting process will be sent with the ballot.

4. **On the Wednesday prior to the Conference Tournament, the Softball Committee Chair will fax the All-Stars to the NWAAC office. The NWAC office will publish the list on Wednesday or Thursday before the Conference Championship.** You will also vote for MVP of the league and coach of the year for Western Region.
5. The pitcher with the highest ranking will be named pitcher of the year.
6. Sophomore selection for the showcase game is based on the following:
  - A. Sophomores on the first and second team.
  - B. If a team of 15-18 cannot be fielded from these selections, then Sophomores who were nominated (but not selected) will be allowed To play in the sophomore showcase.
  - C. The coach of the Sophomore Showcase game will contact coaches In the region to fill win with sophomore players to fill a 15-18 squad.
  - D. At the coaches meeting prior to the showcase game, region Coaches will draft players for the showcase games.



# VOLLEYBALL

## Coaches Meetings

There are two potential West coaches meetings each year.

1. A preseason meeting at Centralia College will be convened when needed to go over all information important to the start of the season.
2. The second meeting will be on the weekend following the end of the regular season November. This meeting is at Centralia College. The purpose of this meeting is to select regional all-stars.

## Crossover Tournaments

NWAC Code relating to the Crossover Tournament can be found in **Volleyball section of the NWAC Code Book Rule 1000**. In addition, the following philosophies are specified in the Volleyball Handbook.

1. All crossovers have standardized officiating.
  - a. First referee state rated
  - b. Second referee local or higher ratingAlternatives: Self-officiated in pool play, contracted officials in playoffs.
2. Crossover participation is optional. **If you chose not to participate in a crossover, you may not compete at all on those dates (NWAC 6/97)**
3. Host colleges are encouraged to invite additional teams to fill vacancies acceptable teams: 4-year college or 2-year college)
4. **Site Selection**
  - a. Each region chooses one site selection and submit the bid to Kathie Woods, Volleyball Chair. (Bid form can be found in the Volleyball Handbook). Bids are due November 10<sup>th</sup> of the year prior.
  - b. Site attendance for the next season will be selected at the coaches meeting during NWAC All-Star weekend.
  - c. A representative from your school must be present to select for your school.
5. **Entry Fees**
  - a. Entry fee costs will be determined by each host institution, and should cover the cost of officials and awards. Other costs should be borne by the host (NWAC Code) Crossover tournaments are not designed to be a major money maker for the host college.
6. **Host Guidelines**
  - a. Minimum of two courts for play
  - b. Warm up time should be predetermined and adequate for all matches
  - c. The tournament coordinator/director shall not be a volleyball coach.
  - d. Facilities need to be safe for play
  - d. There shall be a tournament protest committee
7. **Tournament Format**

Designed by the host school, but suggested options are:

  - a. Pool play with bracket play offs
  - b. Round robin play

The schedule for the tournament should be sent to participating colleges by mid-September. Include lodging information if possible.

### **NWAC Tournament Qualification**

League standings will determine the four teams that qualify for the NWAC tournament. The teams finishing in first, second, third and fourth qualify for the 16-team tournament.

### **All-Star Selection Procedures**

The coaches will meet at the region post season meeting in November to select regional all-stars. A first and second team along with an MVP and a coach of the year will be selected. The process for selecting six of the seven members of the first team will be as follows:

First place team	Automatically gets 2 selections (coach decision)
Second place team	Automatically gets 2 selections (coach decision)
Third place team	Automatically gets 1 selection (coach decision)
Fourth place team	Automatically gets 1 selection (coach decision)

The MVP will be voted on by the coaches from these six players.

### **Protocol for the vote includes the following:**

- i) How the team finished (in the standings)
- ii) Player Statistics
- iii) You may NOT vote for your own players
- iv) Voting will be public

The remaining position for the first team and the six members of the second team will be selected as follows:

Each coach, including those listed above, may nominate two players to be voted on by the regions' coaches. Coaches may vote for opposing players only.

### **Sophomore All Star Game Participants**

All Sophomores who were selected to the first or second team will represent the West region at the annual Volleyball All Star game held during the championship tournament. In addition, the region must select enough sophomores to fill a full squad. Per NWAC code these honorable mention selections will come from sophomores who earned a vote in the all-region selection process and those nominated by coaches based on talent, character and the desire to advance to a four year to continue their playing career.

**NWAC Volleyball**

**Pre-Match Protocol**

Scoreboard Time	Activity	Clock Time 7pm Start
	Upon arrival of visiting team when court is available the gym will be open for shared court time	
30 minutes	Half Court Per Team Available for warm-up	6:30 p.m.
19:00	Visiting Team Court Time (4 min.)	6:42 p.m.
15:00	Home Team Court time (4 min.)	6:45 p.m.
11:00	Visiting Team Court Time (5 min.)	6:48 p.m.
6:00	Home Team Court Time (5 min.)	6:54 p.m.
0:00	<b>National Anthem &amp; Introduction of Both Teams</b>	7:00 p.m.

The entire roster for each team will be introduced. All players will line up on the end line before the introductions start.

On the signal from the officials, team captains proceed to the net to shake hands followed by their respective team members.

Each team then reports to its bench to prepare for the match.

Starters are called to the end line and the match begins.

The official game ball of the NWAC will be used for all Western Region matches. This is the tri color (Blue, White, Gray) Baden Perfection Ball

There will be an official, mandatory eight minute intermission for all Western Region Matches (Approved Nov, 2014) between games two and three of a best of five contest.

### Western Region Volleyball Tie Breaker Matrix

2018	2019	2020	2021	2022	2023	2024	2025
4	6	3	7	2	8	1	5
1	5	4	6	3	7	2	8
2	8	1	5	4	6	3	7
3	7	2	8	1	5	4	6
6	3	7	2	8	1	5	4
7	2	8	1	5	4	6	3
8	1	5	4	6	3	7	2
5	4	6	3	7	2	8	1

#	School
1	Highline
2	Pierce
3	South Puget Sound
4	Lower Columbia
5	Grays Harbor
6	Centralia
7	Tacoma
8	Green River

As voted by the Western Region Commissioners on 4/6/06, beginning in 2007 it will be the responsibility of the first (top) team listed in the yearly matrix to play host and secure a site for that year's Western Region VB Crossover tournament.