

2004 NWAACC WOMEN'S TRACK AND FIELD QUALIFIERS
(List #5 - FINAL)

100M (:13.06)

Alyssa Tibbs	SW Oregon	5/15	:12.36
Monaka White	Highline	4/24	:12.43
Katie Miller	Clark	5/15	:12.45
Mackenzie Winkle	Lane	5/15	:12.49
Megan Odom	Clackamas	5/15	:12.70
Chelsey Fuller	Clackamas	5/15	:12.76
Brittany Grizzard	Mt. Hood	4/23	:12.83
Heather Howard	Spokane	5/8	:12.84
Monica Teeple	Lane	5/15	:12.91
Adrienne Milam	Spokane	5/8	:12.91
Jaime Baynes	Lane	5/15	:12.95
Molly Burt	Spokane	4/9	:12.95
<i>Leesa Morehead</i>	Clark	5/15	:13.07
<i>Amy Keppler</i>	Spokane	3/13	:13.12
<i>Bethany Lentz</i>	Spokane	3/13	:13.20
<i>Janey Davis</i>	Lane	5/8	:13.34
<i>Joanna Burkhalter</i>	SW Oregon	3/6	:13.38
<i>Nicole D'Abreau</i>	Clark	4/17	:13.46
<i>Jenna Bird</i>	Clackamas	4/10	:13.51
<i>Jessica Vinsonhaler</i>	Mt. Hood	4/17	:13.59
<i>DeDe Sonis</i>	Mt. Hood	4/17	:13.72

200M (:26.69)

Molly Burt	Spokane	3/19	:25.60
Alyssa Tibbs	SW Oregon	5/15	:25.67
MacKenzie Winkle	Lane	5/4	:25.72
Katie Miller	Clark	5/4	:25.94
Monaka White	Highline	4/24	:25.98
Brittany Grizzard	Mt. Hood	4/23	:25.98
Megan Odom	Clackamas	5/15	:26.21
Kasie Gillespie	Clackamas	5/4	:26.44
Selena Lee	SW Oregon	5/8	:26.44
Janey Davis	Clackamas	5/8	:26.54
Monica Teeple	Lane	5/4	:26.63
Chelsey Fuller	Clackamas	5/15	:26.64
<i>Bethany Lentz</i>	Spokane	5/8	:26.74
<i>Kristina Griffin</i>	Spokane	3/19	:26.80
<i>Nicole D'Abreau</i>	Clark	5/15	:26.84
<i>Amy Keppler</i>	Spokane	5/8	:26.96
<i>Heather Howard</i>	Spokane	4/17	:27.02
<i>Jessica Visonhaler</i>	Mt. Hood	4/30	:27.15
<i>Brittany Wonsick</i>	Spokane	3/19	:27.20
<i>Megan Confer</i>	Lane	5/8	:27.34
<i>Jaime Baynes</i>	Lane	5/15	:27.42
<i>Elishaba Barnard</i>	SW Oregon	4/3	:27.59
<i>Zori Garasmichuk</i>	Highline	4/17	:27.66
<i>Breanna Schlosser</i>	Clark	5/15	:28.15
<i>Tiffany Ellison</i>	Mt. Hood	3/6	:28.27
<i>Brittany Driver</i>	Clark	5/4	:28.39

2004 NWAACC WOMEN'S TRACK AND FIELD QUALIFIERS
(List #5 - FINAL)

400M (1:02.00)

Saleena Lee	SW Oregon	5/15	:59.57
Zori Garasmichuk	Highline	5/8	1:00.04
Molly Burt	Spokane	4/17	1:00.29
Megan Odom	Clackamas	5/1	1:00.39
Bethany Lentz	Spokane	5/8	1:00.68
Katie Miller	Clark	4/17	1:00.99
Janey Davis	Lane	5/15	1:01.43
Heather Howard	Spokane	5/1	1:01.53
Brittany Grizzard	Mt. Hood	4/30	1:01.56
Megan Confer	Lane	5/8	1:01.94
<i>Chelsey Fuller</i>	Clackamas	4/10	1:02.01
<i>Nicole D'Abreau</i>	Clark	4/23	1:02.17
<i>Monica Teeple</i>	Lane	4/10	1:02.34
<i>Heather Meler</i>	Clark	4/17	1:02.45
<i>Jenna Willis</i>	Lane	5/8	1:02.54
<i>Elishaba Barnard</i>	SW Oregon	3/6	1:02.68
<i>Michelle LaBounty</i>	SW Oregon	3/6	1:02.72
<i>Adrienne Milam</i>	Spokane	4/9	1:03.08
<i>Jenna Bird</i>	Clackamas	4/3	1:03.20
<i>Amy Keppler</i>	Spokane	5/8	1:03.23
<i>Brittney Boysen</i>	Highline	4/17	1:03.55
<i>Jessica Poggi</i>	Clackamas	4/10	1:03.85
<i>Breanna Schlosser</i>	Clark	4/17	1:04.89
<i>Kristina Griffin</i>	Spokane	4/9	1:05.40
<i>Elise Megale</i>	Clackamas	4/3	1:05.57
<i>Krista Schaefer</i>	Mt. Hood	4/3	1:11.09

800M (2:26.10)

Amanda Kamm	Highline	5/15	2:15.00
Elise Megale	Clackamas	5/8	2:19.76
Ashley Hadway	Spokane	5/15	2:20.64
Bethany Lentz	Spokane	5/15	2:21.92
Sitges Marshall	Highline	4/17	2:22.71
Katie Dye	Clark	4/23	2:24.79
Molly Burt	Spokane	5/4	2:25.52
Heather Meler	Clark	5/8	2:25.64
<i>Jessica Poggi</i>	Clackamas	4/23	2:26.48
<i>Kasie Gillespie</i>	Clackamas	5/4	2:26.74
<i>Katie Miller</i>	Clark	5/4	2:27.55
<i>Elishaba Barnard</i>	SW Oregon	5/8	2:28.24
<i>Angela Perletti</i>	Clark	5/15	2:28.37
<i>Zori Garasmichuk</i>	Highline	4/24	2:28.97
<i>Tiffany Passe</i>	Clackamas	4/3	2:32.62
<i>Brittany Wonsick</i>	Spokane	5/4	2:34.82
<i>Brittany Driver</i>	Clark	3/23	2:35.77
<i>Kristina Griffin</i>	Spokane	5/4	2:40.05
<i>Shalene Fine</i>	Clark	4/3	2:42.14
<i>Kristina Oster</i>	Mt. Hood	4/30	2:43.30
<i>Samantha Cox</i>	Clackamas	5/1	2:44.76

2004 NWAACC WOMEN'S TRACK AND FIELD QUALIFIERS
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Mary Chelone Lane 5/15 2:47.19

1500M (5:15.46)

Amanda Kamm	Highline	5/8	4:39.44
Sitges Marshall	Highline	5/8	4:42.18
Ashley Hadway	Spokane	5/1	4:44.53
Heather Meler	Clark	3/26	4:48.41
Elise Megale	Clackamas	4/3	4:50.29
Stephanie Carter	Lane	4/17	4:56.49
Katie Dye	Clark	3/26	4:58.66
Tiffany Passe	Clackamas	3/6	5:03.10
Shalene Fine	Clark	5/15	5:14.14
Erin Gerhardt	Lane	3/6	5:16.40
Lyndsey Bartell	Clackamas	5/15	5:18.91
Jessica Poggi	Clackamas	4/17	5:19.70
Mary Chelone	Lane	4/10	5:24.14
Katie Nusbaum	Lane	4/17	5:26.30
Kristina Oster	Mt. Hood	5/15	5:32.00
Sam Cox	Clackamas	4/17	5:32.48
Jami Jablonsky	Highline	4/3	5:32.96
Angela Perletti	Clark	3/6	5:37.40
Candice Austin	Mt. Hood	4/23	5:39.49
Stephanie Stout	Treasure Valley	4/17	5:43.48
Danielle Martin	Treasure Valley	4/17	6:07.07
Genevieve Fisher	Clark	5/8	6:28.14
Michelle Walters	Treasure Valley	4/17	6:32.43

3000M (11:36.34)

Sitges Marshall	Highline	5/15	10:06.17
Amanda Kamm	Highline	3/26	10:35.77
Stephanie Carter	Lane	3/20	10:47.28
Ashley Hadway	Spokane	3/13	10:48.84
Katie Dye	Clark	3/13	10:58.63
Tiffany Passi	Clackamas	3/13	11:04.17
Erin Gerhardt	Lane	3/13	11:18.86
Leslie Bartell	Clackamas	3/13	11:23.06
Jami Jablonsky	Highline	5/15	11:42.31
Heather Meler	Clark	5/15	11:54.36
Shalene Fine	Clark	5/15	11:57.15
Katie Nusbaum	Lane	4/10	11:58.14
Kristina Oster	Mt. Hood	4/23	11:53.41
Mary Chelone	Lane	5/8	11:58.14
Candice Austin	Mt. Hood	4/23	12:03.09
Juanita Curry	Clackamas	3/13	12:12.31
Jessica Pidgeon	SW Oregon	5/8	12:24.14
Samantha Cox	Clackamas	3/13	12:27.65
Genevieve Fisher	Clark	5/8	13:10.14

5000M (20:05.14)

Sitges Marshall	Highline	4/24	17:26.21
Ashley Hadway	Spokane	4/24	17:38.71

2004 NWAACC WOMEN'S TRACK AND FIELD QUALIFIERS**(List #5 - FINAL)**

Stephanie Carter	Lane	4/24	18:36.81
Erin Gerhardt	Lane	5/15	19:04.52
Leslie Bartell	Clackamas	5/1	19:12.26
Tiffany Passi	Clackamas	4/10	19:18.80
Katie Dye	Clark	3/6	19:48.41
Lyndsey Bartell	Clackamas	5/8	19:48.78
Ashley Adams	Clackamas	4/3	20:26.74
Samantha Cox	Clackamas	5/15	20:54.86
Shalene Fine	Clark	5/15	20:59.97
Juanita Curry	Clackamas	5/8	21:02.20
Candice Austin	Mt. Hood	4/17	21:03.36
Jami Jablonsky	Highline	5/8	21:36.59
Genevieve Fisher	Clark	5/15	21:37.38
Mary Chelone	Lane	5/15	21:38.18
Kristina Oster	Mt. Hood	3/6	21:52.79
Jessica Pigeon	SW Oregon	4/17	22:15.87
Stephanie Stout	Treasure Valley	4/10	24:53.95

10000M (44:28.75)

Ashley Hadway	Spokane	3/6	37:24.16
Sitges Marshall	Highline	3/13	39:31.00
Leslie Bartell	Clackamas	4/3	41:24.25
Katie Nusbaum	Lane	4/24	43:21.61
Genevieve Fisher	Clark	5/15	46:15.79
Kristina Oster	Mt. Hood	5/15	47:50.04

100M H.HURDLES (:16.65)

Molly Burt	Spokane	3/19	:14.65
Katie Miller	Clark	5/4	:14.77
Leesa Morehead	Clark	5/15	:14.98
MacKenzie Winkle	Lane	4/3	:15.44
Kasie Gillespie	Clackamas	5/4	:15.49
Jenna Bird	Clackamas	4/17	:16.22
DeDe Sonis	Mt. Hood	4/3	:16.35
Brittany Wonsick	Spokane	3/19	:16.39
Kristina Griffin	Spokane	5/4	:16.46
Tiffany Ellison	Mt. Hood	3/23	:16.48
Molly Carlson	Lane	5/15	:16.90
Monica Teeple	Lane	5/4	:16.95
Jessie Gallaher	Mt. Hood	3/6	:16.96
Amy Chapman	SW Oregon	4/10	:17.04
Krista Schaefer	Mt. Hood	4/30	:17.06
Glennis Cates	SW Oregon	5/8	:17.24
Adrienne Milam	Spokane	5/15	:17.39
Brittany Driver	Clark	5/4	:17.47

400M I.HURDLES (1:11.16)

Molly Burt	Spokane	5/15	1:03.65
Amy Keppler	Spokane	3/20	1:05.79
Jenna Bird	Clackamas	4/17	1:05.84
Megan Confer	Lane	5/15	1:08.27

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Leesa Morehead	Clark	5/15	1:08.29
Adrienne Milam	Spokane	5/1	1:09.25
Molly Carlson	Lane	3/13	1:10.24
Kristina Griffin	Spokane	4/24	1:10.37
Brittany Wonsick	Spokane	4/24	1:10.49
<i>Krista Schaefer</i>	Mt. Hood	3/6	1:11.83
<i>Brittney Boysen</i>	Highline	5/15	1:12.15
<i>Andrea Krugle</i>	Clark	4/3	1:13.64

LONG JUMP (16'4 1/2")

Katie Miller	Clark	5/15	18'9 3/4"
MacKenzie Winkle	Lane	5/15	17'11 3/4"
Kasie Gillespie	Clackamas	4/10	17'9"
Brittany Driver	Clark	5/15	17'4 1/2"
Jaime Salata	Lane	5/15	17' 3/4"
Molly Burt	Spokane	5/4	17'0"
Tiffany Ellison	Mt. Hood	3/6	16'8 3/4"
Glennis Cates	SW Oregon	5/15	16'6 1/2"
Brittany Grizzard	Mt. Hood	5/15	16'6 1/2"
Helen Murphy	Spokane	3/20	16'5"
Monica Teeple	Lane	5/15	16'4 3/4"
<i>Chelsey Fuller</i>	Clackamas	5/15	16'1 3/4"
<i>Erin Gilkinson</i>	SW Oregon	4/10	15'10 3/4"
<i>Leesa Morehead</i>	Clark	5/15	15'9 1/2"
<i>Taryn Plypick</i>	Highline	5/15	15'9"
<i>Jessie Gallaher</i>	Mt. Hood	4/10	15'7 3/4"
<i>Precious Lapuz</i>	Clark	4/23	15'6"
<i>Rebekah Shaw</i>	Lane	4/3	15'5"
<i>Nicole D'Abrea</i>	Clark	5/8	15'3 1/2"
<i>Erin Rogers</i>	Spokane	5/1	14'11"
<i>Andrea Krugle</i>	Clark	3/6	14'6 1/2"

TRIPLE JUMP (34'0")

MacKenzie Winkle	Lane	3/20	37'5"
Katie Miller	Clark	5/15	35'8 1/2"
Precious Lapuz	Clark	5/8	35'2"
Kristin Brogdon	Lane	4/17	34'8"
Jaime Salata	Lane	5/15	34'1 1/4"
<i>Glennis Cates</i>	SW Oregon	5/15	33'9"
<i>Rebekah Shaw</i>	Lane	4/17	33'4"
<i>Brittany Driver</i>	Clark	5/15	33'1"
<i>Andrea Krugle</i>	Clark	3/13	32'11"
<i>Taryn Plypick</i>	Highline	5/15	32'3 3/4"
<i>Erin Rogers</i>	Spokane	5/1	31'11 1/4"

HIGH JUMP (4'9")

Katie Miller	Clark	5/15	5'6"
Kristin Brogdon	Lane	3/20	5'4 1/4"
MacKenzie Winkle	Lane	5/15	5'4"
Casie Gillespie	Clackamas	5/4	5'3"
Taryn Plypick	Highline	4/17	5'3"

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Chelsey Fuller	Clackamas	4/10	5'2 1/2"
Chelsea Challis	SW Oregon	5/15	5'2"
Helen Murphy	Spokane	3/20	5'1 3/4"
Jessie Gallaher	Mt. Hood	4/23	5'1"
Molly Burt	Spokane	5/4	5' 1/2"
Brittany Driver	Clark	5/4	5 1/2"
Glennis Cates	SW Oregon	4/3	5'0"
Tiffany Ellison	Mt. Hood	3/23	4'10 1/2"
Erin Gilkinson	SW Oregon	4/3	4'10"
Brittany Grizzard	Mt. Hood	3/6	4'10"
<i>Brittany Wonsick</i>	Spokane	3/19	4'6 3/4"

DISCUS (118'4")

Kate Burton	Clark	5/8	146'9 1/2"
Kristina Jones	Spokane	4/17	136'0"
Judith Burnett	Lane	4/17	133'8"
Kerby Boschee	Clackamas	4/17	127'8"
Christina Hebert	Clark	5/8	125'7"
Beth Frink	Clark	3/13	124'2"
Kristina King	Mt. Hood	4/30	120'4"
Rachel Lofting	Clackamas	5/15	119'2"
<i>Sasha Cvetkovski</i>	Spokane	5/15	116'0"
<i>Marji Bovey</i>	Spokane	4/24	115'3"
<i>Becky Daniels</i>	SW Oregon	5/15	114'0"
<i>Ashlyn Lofting</i>	Clackamas	5/15	112'9"
<i>Bianca Cruz</i>	Spokane	5/15	112'8"
<i>Erin Gilkinson</i>	SW Oregon	5/15	109'1"
<i>Heather Sam</i>	SW Oregon	5/15	106'0"
<i>Krystal McCree</i>	Treasure Valley	4/10	103'0"
<i>Arlecier West</i>	Highline	3/6	100'9"

SHOT PUT (36'7")

Marji Bovey	Spokane	5/1	42'5 1/2"
Judith Burnett	Lane	3/6	41'2 1/2"
Kristina Jones	Spokane	5/8	41'1 1/2"
Beth Frink	Clark	3/13	40'3 1/4"
Sasha Cvetkovski	Spokane	5/8	39'8 3/4"
Orejeona LaFever	Spokane	3/20	39'7 3/4"
Christina Hebert	Clark	3/6	38'8 1/2"
Arlecier West	Highline	5/8	38'6"
Kerby Boschee	Clackamas	5/1	38'0"
Nicole Sprauer	Clackamas	5/8	36'11"
<i>Tiffany Ellison</i>	Mt. Hood	3/23	36'4"
<i>Erin Gilkinson</i>	SW Oregon	4/10	37'5"
<i>Kate Burton</i>	Clark	4/3	35'4 1/2"
<i>Jen Woelk</i>	Spokane	5/15	35'2 1/2"
<i>MacKenzie Winkle</i>	Lane	4/10	34'3"
<i>Molly Burt</i>	Spokane	5/4	34'0"
<i>Heather Sam</i>	SW Oregon	5/15	33'9"
<i>Tiffany Ellison</i>	Mt. Hood	3/6	33'8"
<i>DeDe Sonis</i>	Mt. Hood	3/6	33'8"

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<i>Brittany Driver</i>	Clark	5/4	32'5"
<i>Bianca Cruz</i>	Spokane	4/17	32'3 1/2"
<i>Ashlyn Lofting</i>	Clackamas	3/6	32'0"

JAVELIN (117'4")

Nicole Sprauer	Clackamas	3/13	134'4"
Becky Daniels	SW Oregon	4/3	133'2 1/2"
Jaala Osban	Lane	5/8	132'6"
Katie Miller	Clark	5/15	130'7"
Erin Rogers	Spokane	5/15	130'6"
Orejeona LaFever	Spokane	5/15	128'4"
Brittany Driver	Clark	5/8	122'6"
Monica Teeple	Lane	4/3	122'3"
Molly Burt	Spokane	5/1	118'1"
Sasha Cvetkovski	Spokane	5/8	117'10"
MacKenzie Winkle	Lane	3/13	117'9"
<i>Janey Davis</i>	Lane	5/15	115'11"
<i>Christina Hebert</i>	Clark	4/3	109'4"
<i>Lisa Knopp</i>	Spokane	5/1	108'3"
<i>Katie McCray</i>	SW Oregon	4/3	103'6"
<i>DeDe Sonis</i>	Mt. Hood	4/3	99'9"

POLE VAULT (9'0")

Jessie Gallaher	Mt. Hood	4/23	11'7"
Erin Schafer	Clackamas	3/6	11' 1/4"
Renee Miller	Lane	5/15	10'6"
Kelsey Pollard	Lane	4/24	10'0"
<i>Molly Burt</i>	Spokane	5/8	8'5 1/2"
<i>Amy Keppler</i>	Spokane	5/8	8'5 1/2"
<i>Brittany Wonsick</i>	Spokane	5/15	7'1 1/2"
<i>DeDe Sonis</i>	Mt. Hood	4/10	7'0"

HAMMER (129'3 3/4")

Kate Burton	Clark	4/3	177'8"
Nicole Sprauer	Clackamas	4/17	157'5"
Marji Bovey	Spokane	4/17	156'1"
Arlecier West	Highline	4/17	144'9"
Judith Burnett	Lane	4/3	142'7"
Kristina Jones	Spokane	4/17	139'11"
Christina Hebert	Clark	4/23	138'10"
Kristina King	Mt. Hood	4/17	129'6"
<i>Kerby Boschee</i>	Clackamas	4/17	121'9"
<i>Holly Gouin</i>	Spokane	4/24	113'9"
<i>Ashlyn Lofting</i>	Clackamas	3/6	110'0"
<i>Beth Frink</i>	Clark	4/3	109'7"
<i>Heather Sam</i>	SW Oregon	4/10	98'11"

400M RELAY (:52.50)

Spokane	5/1	:49.08
Lane	4/24	:49.47
Clackamas	4/23	:50.09

2004 NWAACC WOMEN'S TRACK AND FIELD QUALIFIERS
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Clark	5/8	:50.34
SW Oregon	5/15	:51.08
Mt. Hood	4/10	:51.79

1600M RELAY (4:23.10)

Highline	5/15	4:05.80
Spokane	5/15	4:06.30
Lane	5/15	4:08.57
Clackamas	3/25	4:08.73
Clark	4/10	4:11.11
<i>Mt. Hood</i>	4/10	<i>4:27.46</i>

HEPTATHLON (3000 pts)

Katie Miller	Clark	5/4	4988
Molly Burt	Spokane	5/4	4726
MacKenzie Winkle	Lane	5/4	4698
Kasie Gillespie	Clackamas	5/4	4630
Tiffany Ellison	Mt. Hood	3/23	4209
Monica Teeple	Lane	5/4	4141
Brittany Driver	Clark	5/4	4070
Jessie Gallaher	Mt. Hood	3/23	3623
Brittany Wonsick	Spokane	3/19	3550
DeDe Sonis	Mt. Hood	3/23	3547
Erin Gilkison	SW Oregon	3/23	3516
Kristina Griffin	Spokane	5/4	3423
<i>Sheeba Loeber</i>	SW Oregon	3/23	<i>2395</i>

NEAR QUALIFIERS IN ITALICS