

2018 NWAC Track and Field Championships - 5/21/2018 to 5/22/2018

Oregon-Washington Regional Championships

Mt Hood CC

Meet Program

Event 1 Women 100 Meter Dash (16)**Qualifying Mark = 12.69**

American JC:	11.23	1984	Zelda Johnson
NWAACC:	11.50	1981	Kim Parrish
Meet:	12.00	1995	Taryn Tarver/Jackie Hunter
Season Best:	12.13	2018	Shayla Noil

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Sawyer, Carlie	FR	Spokane CC	13.39
2	Arlt, Jordyn	SO	Spokane CC	13.07
3	Monzon, Danielle	FR	Olympic Coll	12.85
4	Noil, Shayla	FR	Lane CC	12.13
5	Hatchett, Mertece	SO	Spokane CC	12.84
6	Stewart, Lulu	FR	Spokane CC	13.04
7	Lofthouse, Alex	SO	SW Oregon CC	13.37
8	Boyle, Grace	FR	Clackamas CC	13.47

Heat 2 of 2 Prelims

1	Carrell, Emily	FR	Spokane CC	13.44
2	Steigman, Hanna	SO	Clackamas CC	13.12
3	Schroeder, Nikole		Green River CC	12.90
4	McGee, Chamerea	FR	Clark Colleg	12.42
5	Presley, Taylor	FR	Mt. Hood CC	12.82
6	Munoz, Cecilia	FR	Clackamas CC	12.94
7	LeBlanc, Presley	SO	SW Oregon CC	13.27
8	Warwick, Parker	FR	Spokane CC	13.46

Event 2 Men 100 Meter Dash (16)**Qualifying Mark = 11.22**

American JC:	10.05	2009	Ryan Bailey
NWAACC:	10.20	1974	Chris Braithwaite
Meet:	10.36	1999	Dusty Lane
Season Best:	10.55	2018	Anthony Albright

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Fornoff, Thomas	FR	Mt. Hood CC	11.38
2	Wick, Noland	FR	Spokane CC	11.14
3	Hunt, Bryan	SO	SW Oregon CC	10.91
4	Albright, Anthony	FR	Clackamas CC	10.55
5	Adekanbi, Oluwadamilol	FR	Everett CC	10.72
6	Sparrow, Tony	FR	Clark Colleg	11.10
7	Schneider, Tychicus	FR	Treasure Val	11.29
8	Mohamud, Mohamud	FR	Everett CC	11.46

Heat 2 of 2 Prelims

1	Schafer, Sam	SO	Spokane CC	11.40
2	Kraus, Jacob	SO	Clackamas CC	11.19
3	Duncan, Kyle	FR	Everett CC	11.03
4	Murasiranwa, Kuda	SO	SW Oregon CC	10.67
5	Refil, Jilven	SO	Clark Colleg	10.69
6	Botchway, Michael	FR	Mt. Hood CC	11.06
7	Beard, Connor	FR	Spokane CC	11.25
8	Tistov, Philipp	SO	Clark Colleg	11.43

Event 3 Women 200 Meter Dash (15)**Qualifying Mark = 26.25**

American JC:	23.12	1984	Zelda Johnson
NWAACC:	23.73	1981	Kim Parrish
Meet:	24.61	5/23/2008	Morgan Cribbs
Season Best:	24.86	2018	Shayla Noil

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Weatherman, Lillian	FR	SW Oregon CC	28.44
2	Munoz, Cecilia	FR	Clackamas CC	27.18
3	Schroeder, Nikole		Green River CC	26.88
4	Kleefeld, Carly	SO	Lane CC	25.25
5	Lindbo, Chloe	SO	Clark Colleg	25.68
6	LeBlanc, Presley	SO	SW Oregon CC	27.05
7	Monzon, Danielle	FR	Olympic Coll	27.24
8	Cobb, Ryleigh	FR	SW Oregon CC	30.13

Heat 2 of 2 Prelims

1	Carrell, Emily	FR	Spokane CC	27.48
2	Lofthouse, Alex	SO	SW Oregon CC	27.10
3	Pitts, Zoey	FR	Clark Colleg	26.63
4	Noil, Shayla	FR	Lane CC	24.86
5	Stewart, Lulu	FR	Spokane CC	26.54
6	Presley, Taylor	FR	Mt. Hood CC	27.09
7	Steigman, Hanna	SO	Clackamas CC	27.32

Event 4 Men 200 Meter Dash (16)**Qualifying Mark = 22.52**

American JC:	20.08	1999	Aaron Armstrong
NWAACC:	20.96	1999	Dusty Lane
Meet:	20.96	1999	Dusty Lane
Season Best:	21.49	2018	Jordan McNamara

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Moreno, Angel	FR	SW Oregon CC	22.85
2	Rogozinski, Nick	FR	Lane CC	22.36
3	Curry, JJ	FR	Spokane CC	22.16
4	Murasiranwa, Kuda	SO	SW Oregon CC	21.73
5	Adekanbi, Oluwadamilol	FR	Everett CC	21.86
6	Carter, Kwan	FR	Clackamas CC	22.25
7	Duncan, Kyle	FR	Everett CC	22.48
8	Kraus, Jacob	SO	Clackamas CC	22.89

Heat 2 of 2 Prelims

1	Wick, Noland	FR	Spokane CC	22.85
2	Botchway, Michael	FR	Mt. Hood CC	22.33
3	Root, Noah	SO	Clark Colleg	22.13
4	McNamara, Jacoby	SO	Lane CC	21.49
5	Refil, Jilven	SO	Clark Colleg	22.11
6	Williams, Jacob	FR	Lane CC	22.26
7	Schafer, Sam	SO	Spokane CC	22.76
8	Tistov, Philipp	SO	Clark Colleg	22.89

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Event 5 Women 400 Meter Dash (9)

Qualifying Mark = 1:00.36

American JC:	52.68	1982	Gwen Richards
NWAACC:	53.69	1981	Rhonda Bell
Meet:	53.69	1981	Rhonda Bell
Season Best:	56.89	2018	Carly Kleefeld

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

2	Herman-Kerwin, Erin	FR	Olympic Coll	1:06.55	_____
3	Franco, Ilean	FR	Clackamas CC	1:02.84	_____
4	Kleefeld, Carly	SO	Lane CC	56.89	_____
5	Meischke, Jewelia	SO	Everett CC	1:02.29	_____
6	Weatherman, Lillian	FR	SW Oregon CC	1:05.55	_____

Heat 2 of 2 Prelims

3	Ramirez, Paola	FR	Olympic Coll	1:04.50	_____
4	Foster, Essence	FR	Clackamas CC	58.14	_____
5	Mace, Gabriella	SO	Lane CC	1:00.10	_____
6	Evelyn-Wahl, Micaela		Green River CC	1:05.11	_____

Event 6 Men 400 Meter Dash (16)

Qualifying Mark = 50.71

American JC:	44.52	5/3/1997	Tyree Washington
NWAACC:	46.31	2004	Melvin Jenkins
Meet:	46.31	2004	Melvin Jenkins
Season Best:	46.99	2018	Jordan McNamara

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

1	Moreno, Angel	FR	SW Oregon CC	51.85	_____
2	Curry, JJ	FR	Spokane CC	51.28	_____
3	Barnes, Taylor	FR	Everett CC	50.21	_____
4	McNamara, Jacoby	SO	Lane CC	46.99	_____
5	Mootz, Demario	SO	Lane CC	50.06	_____
6	VanBeek, Gerrit	FR	Everett CC	51.24	_____
7	Waddell, Jerrell Jae	FR	Mt. Hood CC	51.79	_____
8	Poppe, Jordan	FR	Lane CC	53.13	_____

Heat 2 of 2 Prelims

1	Junt, Darren	FR	Olympic Coll	52.66	_____
2	Simpson, Caleb	FR	Spokane CC	51.38	_____
3	Root, Noah	SO	Clark Colleg	50.26	_____
4	Williams, Damian	SO	Lane CC	49.01	_____
5	Williams, Jacob	FR	Lane CC	49.91	_____
6	Rogozinski, Nick	FR	Lane CC	51.00	_____
7	DeGuzman, Jarod	SO	Olympic Coll	51.66	_____
8	Trousedale, Joel	FR	Olympic Coll	52.92	_____

Event 7 Women 800 Meter Run (11)

Qualifying Mark = 2:24.14

American JC:	2:03.90	5/6/1978	Ruth Wysocki
NWAACC:	2:10.13	1985	Michelle Finnvik
Meet:	2:10.13	1985	Michelle Finnvik
Season Best:	2:16.15	2018	Kelly Brown

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

2	Perry, Alexis	SO	Spokane CC	2:33.36	_____
3	Morgan, Kaitlin	FR	Everett CC	2:24.86	_____
4	Brown, Kelly	SO	Spokane CC	2:16.15	_____
5	Kleefeld, Carly	SO	Lane CC	2:20.00	_____
6	Stark, Courtney	FR	Spokane CC	2:31.56	_____

Heat 2 of 2 Prelims

2	Gibson, Allie	FR	Treasure Val	2:36.84	_____
3	Lane, Olivia	SO	Lane CC	2:26.15	_____
4	Kostecka, Micaela	SO	Spokane CC	2:16.88	_____
5	Lindbo, Chloe	SO	Clark Colleg	2:18.91	_____
6	Hassen, Malia	FR	Treasure Val	2:27.94	_____
7	Patterson, Hanna	SO	Olympic Coll	2:47.50	_____

Event 8 Men 800 Meter Run (12)

Qualifying Mark = 1:58.51

American JC:	1:46.60	1989	George Kersh
NWAACC:	1:44.10	1986	Jose Barbosa
Meet:	1:50.78	1978	Don Rouse
Season Best:	1:54.45	2018	Nolan Bylenga

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

2	Homer, Isaiah	FR	Treasure Val	2:03.43	_____
3	La Pointe, Tayton	FR	Mt. Hood CC	1:59.61	_____
4	Medellin, Will	SO	Spokane CC	1:56.66	_____
5	Martinez, Moises	SO	Lane CC	1:57.14	_____
6	Earl, Hayden	FR	Clackamas CC	2:00.53	_____
7	Nechiporuk, Matthew		Green River CC	2:07.63	_____

Heat 2 of 2 Prelims

2	Miller, Isaiah	FR	Olympic Coll	2:02.64	_____
3	Mootz, Demario	SO	Lane CC	1:58.67	_____
4	Bylenga, Nolan	FR	Lane CC	1:54.45	_____
5	Leon, Marco	SO	Lane CC	1:58.37	_____
6	Tavera, Javier	FR	Clark Colleg	2:01.81	_____
7	Klepper, Lamont	FR	SW Oregon CC	2:10.88	_____

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Event 9 Women 1500 Meter Run (10)**Qualifying Mark = 5:01.81**

American JC: 4:17.82 1986 Sylvia Mosqueda
NWAACC: 4:34.77 1980 Joanne Lahti
Meet: 4:34.77 1980 Joanne Lahti
Season Best: 4:39.17 2018 Micaela Kostecka

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Baerny, Olivia	FR	Lane CC	5:09.37
2	Guillen, Jeniya	SO	Everett CC	4:59.32
3	Botsford, Suzy	SO	Clackamas CC	5:31.29
4	Henry, Rebekah	SO	Spokane CC	5:03.23
5	Claeys, Julia	FR	Olympic Coll	5:15.90
6	Deleon, Delia	FR	Treasure Val	4:44.00
7	Kostecka, Micaela	SO	Spokane CC	4:39.17
8	Knudsen, Aubrianne	FR	Spokane CC	5:08.46
9	Patterson, Hanna	SO	Olympic Coll	6:04.46
10	Gonzalez, Naomi	SO	Treasure Val	5:25.89

Event 10 Men 1500 Meter Run (12)**4:06.76**

American JC: 3:44.00 1971 Reggie McAfee
NWAACC: 3:41.13 2007 Jordan McNamara
Meet: 3:48.76 1979 Ray Prentice
Season Best: 3:59.18 2018 Moises Martinez

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Westerman, Cody	FR	Spokane CC	4:09.66
2	Klepper, Lamont	FR	SW Oregon CC	4:27.70
3	Leon, Marco	SO	Lane CC	4:14.18
4	Bourgios, Nicolas	FR	Olympic Coll	4:21.11
5	Lamas, Carlos	SO	Treasure Val	4:12.75
6	Pullen, Aiden	FR	Clark Colleg	4:08.30
7	Lilly, Benjen	FR	Treasure Val	4:13.85
8	Rice, Marcus	FR	Spokane CC	4:03.47
9	Martinez, Moises	SO	Lane CC	3:59.18
10	Muha, Andy	FR	Lane CC	4:05.37
11	Miller, Isaiah	FR	Olympic Coll	4:15.64
12	Earl, Hayden	FR	Clackamas CC	4:07.87

Event 11 Women 3000 Meter Steeplechase (9)**Qualifying Mark = 13:01.56**

NWAACC: 10:45.11 4/19/2014 Micaela Kostrecka
Meet: 11:13.10 5/21/2012 Mikel Elliott
Season Best: 10:45.11 2018 Micaela Kostecka

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Gonzalez, Naomi	SO	Treasure Val	12:23.81
2	Tanselli, McKenna	FR	Clackamas CC	13:01.39
3	Adkins, Emma	SO	Treasure Val	13:03.58
4	Knudsen, Aubrianne	FR	Spokane CC	12:16.42
5	Henry, Rebekah	SO	Spokane CC	12:14.51
6	Thornton, Elizabeth	FR	Spokane CC	12:57.86
7	Kostecka, Micaela	SO	Spokane CC	10:45.11
8	Baerny, Olivia	FR	Lane CC	12:00.26
9	Botsford, Suzy	SO	Clackamas CC	13:01.27

Event 12 Men 3000 Meter Steeplechase (10)**Qualifying Mark = 10:17.07**

American JC: 8:49.70 1983 Nathan Morris
NWAACC: 8:49.7h 1983 Nathan Morris
Meet: 9:05.11 1988 Bret Goller
Season Best: 10:00.50 2018 Devin Sellers

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Davis, Ben	FR	Clackamas CC	10:29.24
2	Rice, Marcus	FR	Spokane CC	10:18.27
3	Westerman, Cody	FR	Spokane CC	10:32.83
4	Klepper, Lamont	FR	SW Oregon CC	10:58.09
5	Vargas, Miguel	FR	Spokane CC	10:29.88
6	Nechiporuk, Matthew		Green River CC	11:00.22
7	Sellers, Devin	SO	Clackamas CC	10:00.50
8	Bourgios, Nicolas	FR	Olympic Coll	10:46.64
9	Ha, Michael	SO	Everett CC	11:18.76
10	Lilly, Benjen	FR	Treasure Val	10:37.37

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Event 13 Women 5000 Meter Run (14)

Qualifying Mark = 19:27.43

American JC: 15:52.50 1986 Sylvia Mosqueda
 NWAACC: 16:47.00 2014 Jessica Mildes
 Meet: 17:31.30 1979 Joanne Lahti
 Season Best: 18:52.03 2018 Delia Deleon

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Urtiaga, Natalia	FR	Clark Colleg	19:22.49
2	Tanselli, McKenna	FR	Clackamas CC	20:39.54
3	Farden, Emily	FR	Spokane CC	19:44.59
4	Engblom, Annika	FR	Spokane CC	21:17.37
5	Garcia, Jenny	FR	Treasure Val	22:41.61
6	Frerk, Reilly	FR	Lane CC	19:46.86
7	Deleon, Delia	FR	Treasure Val	18:52.03
8	Guzman, Shyla	FR	Spokane CC	21:02.62
9	Velasquez, Madison	FR	Everett CC	21:55.91
10	Morin, Emily	SO	Lane CC	20:35.87
11	Gonzalez, Naomi	SO	Treasure Val	21:16.36
12	Knudsen, Aubrianne	FR	Spokane CC	19:39.41
13	Veltkamp, Erica	SO	Mt. Hood CC	19:08.74
14	Thornton, Elizabeth	FR	Spokane CC	20:39.99

Event 14 Men 5000 Meter Run (16)

Qualifying Mark = 16:02.53

American JC: 13:59.20 1982 Mark Ruelas
 NWAACC: 14:03.03 1999 Shawn Beitelspacher
 Meet: 14:41.04 1981 Jerry Maris
 Season Best: 14:32.39 2018 Michael Martin

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Baldwin, Noah		Green River CC	18:21.99
2	Martinez, Moises	SO	Lane CC	15:28.13
3	Lilly, Benjen	FR	Treasure Val	16:04.67
4	Rice, Marcus	FR	Spokane CC	16:06.96
5	Lewis, Hayden	FR	Treasure Val	16:45.70
6	Castellanos, Angel	FR	Clackamas CC	15:48.92
7	Green, Ethan	FR	Spokane CC	14:53.11
8	Giachetti, Ben	SO	Spokane CC	16:30.44
9	Lamas, Carlos	SO	Treasure Val	16:18.66
10	Martin, Michael	SO	Lane CC	14:32.39
11	Francisco, Dyrrel	FR	Mt. Hood CC	15:55.78
12	Meza, Anthony	FR	Everett CC	16:15.23
13	Muha, Andy	FR	Lane CC	15:17.18
14	Vargas, Miguel	FR	Spokane CC	16:12.03
15	Westerman, Cody	FR	Spokane CC	16:49.20
16	Sellers, Devin	SO	Clackamas CC	15:48.86

Event 15 Women 10000 Meter Run (7)

Qualifying Mark = 44:40.05

American JC: 34:29.36 2014 Jessica Mildes
 NWAACC: 34:29.36 2014 Jessica Mildes
 Meet: 36:35.42 5/22/2008 Janae Larson
 Season Best: 38:16.41 2018 Delia Deleon

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Veltkamp, Erica	SO	Mt. Hood CC	42:09.76
2	Engblom, Annika	FR	Spokane CC	44:28.41
3	Deleon, Delia	FR	Treasure Val	38:16.41
4	Farden, Emily	FR	Spokane CC	41:32.25
5	Morin, Emily	SO	Lane CC	43:12.53
6	Urtiaga, Natalia	FR	Clark Colleg	42:01.24
7	Guzman, Shyla	FR	Spokane CC	44:22.23

Event 16 Men 10000 Meter Run (7)

Qualifying Mark = 34:26.64

American JC: 29:03.00 1987 Kirk Pfeifer
 NWAACC: 29:36.33 2007 Jordan McNamara
 Meet: 30:30.91 1981 Orly Waller
 Season Best: 30:56.54 2018 Michael Martin

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Baldwin, Noah		Green River CC	38:27.70
2	Castellanos, Angel	FR	Clackamas CC	35:06.60
3	Green, Ethan	FR	Spokane CC	32:55.67
4	Roquel, Santos	FR	Clackamas CC	36:35.54
5	Lewis, Hayden	FR	Treasure Val	34:47.58
6	Martin, Michael	SO	Lane CC	30:56.54
7	Giachetti, Ben	SO	Spokane CC	34:26.10

Event 17 Women 100 Meter Hurdles (10)

Qualifying Mark = 15.71

American JC: 13.13 1995 Nichole Belcher
 NWAACC: 13.89 1982 Kay Garnett
 Meet: 13.89 1982 Kay Garnett
 Season Best: 14.69 2018 Mertece Hatchett

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
2	May, Makenna	FR	Mt. Hood CC	17.21
3	Fisher, Bethany	FR	Spokane CC	15.83
4	Hatchett, Mertece	SO	Spokane CC	14.69
5	Dewing, Taylor	FR	Everett CC	15.71
6	Tucker, Kellie	FR	Treasure Val	16.85
Heat 2 of 2 Prelims				
2	Sterling, Taylor		Green River CC	17.25
3	Arlt, Jordyn	SO	Spokane CC	15.88
4	Lindbo, Chloe	SO	Clark Colleg	14.82
5	Kalda, Natalie	SO	Spokane CC	15.35
6	Warwick, Parker	FR	Spokane CC	16.39

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Event 18 Men 110 Meter Hurdles (14)

Qualifying Mark = 15.63

American JC:	13.49	1991	Eugene Swift
NWAACC:	14.02	1977	Greg Rooney
Meet:	14.15	1986	Gerald Ellis
Season Best:	14.85	2018	Tony Sparrow

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Sturman, Jacob	FR	Treasure Val	17.38	_____
2	Carsten-Hill, Isiah	FR	Spokane CC	16.47	_____
3	Daniels, Isaiah	FR	Lane CC	15.81	_____
4	Gloden, Jordan	FR	Clackamas CC	15.02	_____
5	Wilder, Antoine	FR	Clark Colleg	15.16	_____
6	Derkach, David		Green River CC	16.18	_____
7	Walker, J.J.	FR	Clackamas CC	16.86	_____
Heat 2 of 2 Prelims					
1	Beard, Connor	FR	Spokane CC	17.26	_____
2	Simonson, Luke	FR	Spokane CC	16.31	_____
3	Dewolfe, Austin	FR	Mt. Hood CC	15.35	_____
4	Sparrow, Tony	FR	Clark Colleg	14.85	_____
5	Ralston, Darion	FR	Spokane CC	15.29	_____
6	Davis, Anthony	FR	Clark Colleg	16.19	_____
7	Dick, Elliot	SO	Everett CC	17.16	_____

Event 19 Women 400 Meter Hurdles (10)

Qualifying Mark = 1:08.04

American JC:	58.96	1984	Margaret Hemmans
NWAACC:	1:00.22	1985	Anita Sartin
Meet:	1:00.22	1985	Anita Sartin
Season Best:	1:02.45	2018	Essence Foster

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
2	Evelyn-Wahl, Micaela		Green River CC	1:13.27	_____
3	Mace, Gabriella	SO	Lane CC	1:07.18	_____
4	Foster, Essence	FR	Clackamas CC	1:02.45	_____
5	Pitts, Zoey	FR	Clark Colleg	1:05.76	_____
6	Nguyen, Frances		Green River CC	1:12.79	_____
Heat 2 of 2 Prelims					
2	McArdle, Dylan	SO	Olympic Coll	1:14.36	_____
3	Nahimana, Therese	FR	Mt. Hood CC	1:07.57	_____
4	Kalda, Natalie	SO	Spokane CC	1:03.85	_____
5	Fisher, Bethany	FR	Spokane CC	1:04.77	_____
6	Arlt, Jordyn	SO	Spokane CC	1:11.43	_____

Event 20 Men 400 Meter Hurdles (14)

Qualifying Mark = 57.22

American JC:	49.29	1994	Eric Thomas
NWAACC:	50.60	1983	Mike Ewing
Meet:	51.92	1997	Dusty Lane
Season Best:	54.50	2018	Antoine Wilder

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Dick, Elliot	SO	Everett CC	1:01.44	_____
2	Daniels, Isaiah	FR	Lane CC	1:00.32	_____
3	Guerrero, Omar	FR	Clackamas CC	59.38	_____
4	Dewolfe, Austin	FR	Mt. Hood CC	56.93	_____
5	Gloden, Jordan	FR	Clackamas CC	56.95	_____
6	Ralston, Darion	FR	Spokane CC	59.49	_____
7	Moore, Alex	FR	Mt. Hood CC	1:00.78	_____
Heat 2 of 2 Prelims					
1	Carsten-Hill, Isiah	FR	Spokane CC	1:01.26	_____
2	Sturman, Jacob	FR	Treasure Val	59.73	_____
3	Derkach, David		Green River CC	59.19	_____
4	Wilder, Antoine	FR	Clark Colleg	54.50	_____
5	Albertin, Austin	FR	Spokane CC	57.87	_____
6	Aguilera, Nolberto	FR	Mt. Hood CC	59.63	_____
7	Ferte, Ethan	FR	Clackamas CC	1:01.11	_____

Event 21 Women 4x100 Meter Relay (7)

Qualifying Mark = 52.30

American JC:	43.83	1991	Barton County
D. Rose, J. Campbell, B. McDonald, C. Phillips			
NWAACC:	46.78	1983	Bellevue
Meet:	46.78	1983	Bellevue
Season Best:	49.95	2018	Clackamas

Lane	Team	Relay	Seed	Time
Section 1 of 1 Finals				
1	Olympic Coll	A	54.29	_____
	1) Ramirez, Paola FR	2) McArdle, Dylan SO		
	3) Monzon, Danielle FR	4) Herman-Kerwin, Erin FR		
2	Green River CC	A	52.07	_____
3	Spokane CC	A	50.06	_____
	1) Perry, Alexis SO	2) Kalda, Natalie SO		
	3) Arlt, Jordyn SO	4) Stewart, Lulu FR		
4	Clackamas CC	A	49.95	_____
	1) Steigman, Hanna SO	2) Franco, Ilean FR		
	3) Munoz, Cecilia FR	4) Foster, Essence FR		
5	Lane CC	A	50.04	_____
	1) Curran, Sarah SO	2) Kleefeld, Carly SO		
	3) Fossen, Morgan SO	4) Noil, Shayla FR		
6	SW Oregon CC	A	51.00	_____
	1) Weatherman, Lillian FR	2) Cobb, Ryleigh FR		
	3) LeBlanc, Presley SO	4) Lofthouse, Alex SO		
7	Treasure Val	A	53.87	_____
	1) Villarreal, Michelle FR	2) Wheatley, Ashley FR		
	3) Chapman, Cheyenne FR	4) Hassen, Malia FR		

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Event 22 Men 4x100 Meter Relay (8)

Qualifying Mark = 44.32

American JC: 38.86 1987 Odessa
 J. Drummond, J. Law, R. Eleby, P. Drake
 NWAACC: 40.94 1983 Lane
 R. Howard, M. Grant, M. Dannis, M. Ewing
 Meet: 41.04 1980 Spokane
 D. Sullivan, K. Frandsen, V. Wallace, G. Rodgers
 Season Best: 41.71 2018 Lane

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Olympic Coll	A	43.28
	1) DeGuzman, Jarod SO	2) Ukai, Koshi SO	
	3) Junt, Darren FR	4) Steffen, Joshua FR	
2	SW Oregon CC	A	42.75
	1) Moreno, Angel FR	2) Murasiranwa, Kuda SO	
	3) Rudisill, Carter FR	4) Hunt, Bryan SO	
3	Clackamas CC	A	42.22
	1) Diggs, Isaiah SO	2) Carter, Kwan FR	
	3) Booker, Kashta SO	4) Albright, Anthony FR	
4	Lane CC	A	41.71
	1) Rogozinski, Nick FR	2) Williams, Jacob FR	
	3) Taylor, Able FR	4) McNamara, Jacoby SO	
5	Clark Colleg	A	42.02
	1) Davis, Anthony FR	2) Lee, Dominic FR	
	3) Refil, Jilven SO	4) Root, Noah SO	
6	Everett CC	A	42.59
	1) Adekanbi, Oluwadamilol FR	2) Barnes, Taylor FR	
	3) Mohamud, Mohamud FR	4) Duncan, Kyle FR	
7	Spokane CC	A	43.08
	1) Beard, Connor FR	2) Simpson, Caleb FR	
	3) Curry, JJ FR	4) Wick, Noland FR	
8	Mt. Hood CC	A	43.30
	1) Moore, Alex FR	2) Dewolfe, Austin FR	
	3) Botchway, Michael FR	4) Fornoff, Thomas FR	

Event 23 Women 4x400 Meter Relay (8)

Qualifying Mark = 4:12.56

American JC: 3:30.66 1992 San Jacinto
 J. Gayle, K. Houghton, A. Morgan, L. Adams
 NWAACC: 3:48.25 1983 Bellevue
 Meet: 3:48.25 1983 Bellevue
 Season Best: 4:00.83 2018 Spokane

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	SW Oregon CC	A	4:26.90
	1) Weatherman, Lillian FR	2) Cobb, Ryleigh FR	
	3) LeBlanc, Presley SO	4) Lofthouse, Alex SO	
2	Everett CC	A	4:22.79
	1) Dewing, Taylor FR	2) Morgan, Kaitlin FR	
	3) Guillen, Jeniya SO	4) Meischke, Jewelia SO	
3	Clackamas CC	A	4:10.89
	1) Franco, Ilean FR	2) Munoz, Cecilia FR	
	3) Pavlenko, Lydia SO	4) Foster, Essence FR	
4	Spokane CC	A	4:00.83
	1) Fisher, Bethany FR	2) Kalda, Natalie SO	
	3) Kostecka, Micaela SO	4) Brown, Kelly SO	
5	Lane CC	A	4:04.47
	1) Noil, Shayla FR	2) Mace, Gabriella SO	
	3) Kleefeld, Carly SO	4) Lane, Olivia SO	
6	Treasure Val	A	4:22.74
	1) Fuller, Hope FR	2) Gibson, Allie FR	
	3) Hassen, Malia FR	4) Wheatley, Ashley FR	
7	Green River CC	A	4:26.90
8	Olympic Coll	A	4:28.12
	1) Ramirez, Paola FR	2) McArdle, Dylan SO	
	3) Claeyes, Julia FR	4) Herman-Kerwin, Erin FR	

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Event 24 Men 4x400 Meter Relay (8)

Qualifying Mark = 3:28.47

American JC: 3:01.32 2012 South Plains

A. Moona, D. Harper, V. Norwood, B. Taplin

NWAACC: 3:11.49 1986 Lane

D. Hunnicutt, L. Creech, P. Lanning, J. Barbosa

Meet: 3:11.49 1986 Lane

D. Hunnicutt, L. Creech, P. Lanning, J. Barbosa

Season Best: 3:25.17 2018 Lane

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Clark Colleg	A	3:32.31
	1) Pullen, Aiden FR	2) Root, Noah SO	
	3) Tistov, Philipp SO	4) Tavera, Javier FR	
2	Mt. Hood CC	A	3:30.39
	1) Fornoff, Thomas FR	2) Botchway, Michael FR	
	3) Waddell, Jerrell Jae FR	4) Dewolfe, Austin FR	
3	Spokane CC	A	3:26.21
	1) Curry, JJ FR	2) Simonson, Luke FR	
	3) Simpson, Caleb FR	4) Albertin, Austin FR	
4	Lane CC	A	3:25.17
	1) Bylenga, Nolan FR	2) McNamara, Jacoby SO	
	3) Mootz, Demario SO	4) Williams, Jacob FR	
5	Clackamas CC	A	3:25.91
	1) Guerrero, Omar FR	2) Walker, J.J. FR	
	3) Meade, Devin FR	4) Carter, Kwan FR	
6	Everett CC	A	3:28.32
	1) Barnes, Taylor FR	2) VanBeek, Gerrit FR	
	3) Roberson, Cameron FR	4) Dick, Elliot SO	
7	Olympic Coll	A	3:31.08
	1) DeGuzman, Jarod SO	2) Junt, Darren FR	
	3) Miller, Isaiah FR	4) Ukai, Koshi SO	
8	SW Oregon CC	A	3:33.32
	1) Ambrogio, Christian FR	2) Evanoff, Everett FR	
	3) Omandi, Clinton SO	4) Klepper, Lamont FR	

Event 25 Women High Jump (10)

Qualifying Mark = 1.53M/5-00.25

Starting Height = 1.43m

Progression = 5CM (1.43M, 1.48M, *1.53M, 1.58M, 1.61M, 1.64M, 1.67M, 1.70M, 1.73M, 1.76M)

American JC: 6-00 2014

NWAACC: 5-10 1994

Meet: 5-08 1992

Season Best: 5-05.75 2018

Dawn Putnam

Kelly Keist/Dawn Putnam

Lydia Pavlenko

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Sterling, Taylor		Green River CC	5-02.25
2	Sharp, Jillian	FR	Clackamas CC	4-11.00
3	Villarreal, Michelle	FR	Treasure Val	4-10.50
4	Gibson, Allie	FR	Treasure Val	4-09.75
5	Smith, Makenzie	FR	Mt. Hood CC	5-01.00
6	Nelson, Maggie	SO	Spokane CC	4-11.75
7	Lane, Olivia	SO	Lane CC	5-02.25
8	Hall, Toni	SO	Lane CC	5-03.75
9	Pavlenko, Lydia	SO	Clackamas CC	5-05.75
10	Curran, Sarah	SO	Lane CC	5-01.00

Event 26 Men High Jump (14)

Qualifying Mark = 1.88/6-02

Starting Height = 1.78M/5-10

Progression = 5cm (1.78M, 1.83M, *1.88M, 1.93M, 1.98M, 2.01M, 2.04M, 2.07M, 2.10M, 2.13M, 2.16M)

American JC: 7-08 3/30/1998

NWAACC: 7-05 2016

Meet: 7-05 2016

Season Best: 7-00.25 2018

Dennis Lewis

Dakarai Hightower

Dakarai Hightower

Jakobe Ford

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Beard, Connor	FR	Spokane CC	5-08.50
2	Hasher, Devin	FR	Mt. Hood CC	6-02.00
3	Warren, Kainen	FR	Lane CC	6-00.00
4	Roddewig, Sam	SO	Spokane CC	5-09.75
5	Ford, Jakobe	FR	Everett CC	7-00.25
6	Simonson, Luke	FR	Spokane CC	5-11.50
7	Williams, Ramontre'	FR	Mt. Hood CC	6-06.00
Flight 2 of 2 Finals				
1	Walker, J.J.	FR	Clackamas CC	6-02.00
2	Koski, Dylan	FR	Everett CC	5-06.00
3	Ukai, Koshi	SO	Olympic Coll	6-02.00
4	Roberson, Cameron	FR	Everett CC	5-09.75
5	Sledge, Corey	SO	Lane CC	5-08.75
6	Curry, JJ	FR	Spokane CC	5-11.25
7	Carver, Troy	SO	Clackamas CC	5-10.75

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Event 27 Women Pole Vault (4)

Qualifying Mark = 3.19M/10-05.5

Starting Height = 2.89M/9-05.75

Progression = 2.89M, 3.04M, 3.19M, 3.29M, 3.39M, 3.49M, 3.59M, 3.69M, 3.74M, 3.79M, 3.84M, 3.89M

American JC: 14-04 2001 Becky Holliday
 NWAACC: 14-04 2001 Becky Holliday
 Meet: 14-04 2001 Becky Holiday
 Season Best: 12-06 2018 Morgan Fossen

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Perry, Alexis	SO	Spokane CC	11-07.75	_____
2	Fossen, Morgan	SO	Lane CC	12-06.00	_____
3	Smith, Alyssa	FR	Clackamas CC	11-03.75	_____
4	Chapman, Cheyenne	FR	Treasure Val	10-00.50	_____

Event 28 Men Pole Vault (9)

Qualifying Mark = 4.38M/14-04.5

Starting Height = 4.08m/13-04.5

Progression = 4.08M, 4.23M, 4.38M, 4.48, 4.58M, 4.68M, 4.78M, 4.88M, 4.98M, 5.08M, 5.18M, 5.28m, 5.33m

American JC: 18-00 2000 Dason Phelps
 NWAACC: 17-04.50 2017 Justin Petz
 Meet: 17-04.50 2017 Justin Petz
 Season Best: 16-02.75 2018 Corey Sledge

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	King, Michael	FR	Clackamas CC	12-07.50	_____
2	Sledge, Corey	SO	Lane CC	16-02.75	_____
3	Roddedwig, Sam	SO	Spokane CC	15-01.75	_____
4	Walker, J.J.	FR	Clackamas CC	13-11.25	_____
5	Ferte, Ethan	FR	Clackamas CC	12-04.50	_____
6	Neumann, Cade	FR	Spokane CC	13-09.25	_____
7	Wirth, Nathan	FR	Lane CC	14-01.25	_____
8	Delgado, Marcus	FR	Treasure Val	12-07.50	_____
9	Aiello, Bai	FR	Lane CC	15-07.75	_____

Event 29 Women Long Jump (13)

Qualifying Mark = 5.12M/16-09.75

American JC: 21-03.50 5/21/1983 Shelia Nicks
 NWAACC: 19-09 1994 Trisha Hough
 Meet: 19-09 1994 Trisha Hough
 Season Best: 18-01.75 2018 Lydia Pavlenko

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Flynn, Maria	FR	Olympic Coll	13-04.75	_____
2	Tucker, Kellie	FR	Treasure Val	16-02.50	_____
3	Curran, Sarah	SO	Lane CC	16-09.75	_____
4	Welk, Bayley	FR	Spokane CC	16-08.75	_____
5	Buckley, Courtney	FR	Clackamas CC	15-07.50	_____
6	Sawyer, Carlie	FR	Spokane CC	16-06.00	_____

Flight 2 of 2 Finals

1	Foster, Essence	FR	Clackamas CC	16-11.50	_____
2	Nelson, Maggie	SO	Spokane CC	17-02.25	_____
3	Monzon, Danielle	FR	Olympic Coll	16-11.50	_____
4	Stewart, Lulu	FR	Spokane CC	16-10.50	_____
5	Dewing, Taylor	FR	Everett CC	16-11.25	_____
6	Pavlenko, Lydia	SO	Clackamas CC	18-01.75	_____
7	Hatchett, Mertece	SO	Spokane CC	17-04.25	_____

Event 30 Men Long Jump (16)

Qualifying Mark = 6.75M/22-01.75

American JC: 26-11 5/17/1985 Vernon George
 NWAACC: 25-10 1971 Terry Metcalf
 Meet: 25-10 1971 Terry Metcalf
 Season Best: 24-04.50 2018 Jakobe Ford

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Lee, Dominic	FR	Clark Colleg	21-04.00	_____
2	Carver, Troy	SO	Clackamas CC	21-07.50	_____
3	Tran, David	SO	Clark Colleg	21-07.50	_____
4	Steffen, Joshua	FR	Olympic Coll	21-00.50	_____
5	Carter, Kwan	FR	Clackamas CC	21-06.00	_____
6	Diggs, Isaiah	SO	Clackamas CC	21-07.25	_____
7	Owens, Keyshawn	FR	Spokane CC	21-08.25	_____
8	Ukai, Koshi	SO	Olympic Coll	21-03.25	_____

Flight 2 of 2 Finals

1	Ford, Jakobe	FR	Everett CC	24-04.50	_____
2	Warren, Kainen	FR	Lane CC	21-10.75	_____
3	Meade, Devin	FR	Clackamas CC	21-11.50	_____
4	Taylor, Able	FR	Lane CC	22-02.50	_____
5	Williams, Ramontre'	FR	Mt. Hood CC	21-09.50	_____
6	Simonson, Luke	FR	Spokane CC	22-02.50	_____
7	Williams, Jacob	FR	Lane CC	23-04.50	_____
8	Labhart, Scout	FR	Mt. Hood CC	22-01.50	_____

Event 31 Women Triple Jump (12)

Qualifying Mark = 10.63M/34-10.5

American JC: 46-03.50 2002 Yuliana Perez
 NWAACC: 39-07.75 2010 Chanel James
 Meet: 39-04 1986 Nicole Stancato
 Season Best: 39-00.50 2018 Lydia Pavlenko

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Sharp, Jillian	FR	Clackamas CC	33-02.50	_____
2	Sawyer, Carlie	FR	Spokane CC	33-04.75	_____
3	Monzon, Danielle	FR	Olympic Coll	32-04.75	_____
4	Gloden, Jasmine	FR	Clackamas CC	33-03.25	_____
5	Flynn, Maria	FR	Olympic Coll	30-04.25	_____
6	Villarreal, Michelle	FR	Treasure Val	32-09.75	_____

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Flight 2 of 2 Finals...(Event 31 Women Triple Jump (12))

1	Pavlenko, Lydia	SO	Clackamas CC	39-00.50	_____
2	Buckley, Courtney	FR	Clackamas CC	34-06.75	_____
3	Tucker, Kellie	FR	Treasure Val	33-08.50	_____
4	Perry, Alexis	SO	Spokane CC	34-09.50	_____
5	Welk, Bayley	FR	Spokane CC	35-08.00	_____
6	Curran, Sarah	SO	Lane CC	33-07.50	_____

Event 32 Men Triple Jump (15)

Qualifying Mark = 13.29M/43-07.5

American JC:	56-00	2000	Walter Davis
NWAACC:	51-09.25	2014	Eric England
Meet:	50-07.50	1982	Alvin Harris
Season Best:	49-08.25	2018	Jakobe Ford

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Hawks, Williams	FR	Mt. Hood CC	40-10.50	_____
2	Labhart, Scout	FR	Mt. Hood CC	42-11.75	_____
3	Sturman, Jacob	FR	Treasure Val	41-08.50	_____
4	Mann, Parker	FR	Lane CC	43-09.25	_____
5	Garcia, Zach	SO	Clackamas CC	41-03.25	_____
6	Ambrogio, Christian	FR	SW Oregon CC	41-11.50	_____
7	Munoz, Levi	FR	Clark Colleg	43-08.00	_____

Flight 2 of 2 Finals

1	Williams, Ramontre'	FR	Mt. Hood CC	44-01.25	_____
2	Ford, Jakobe	FR	Everett CC	49-08.25	_____
3	Carter, Kwan	FR	Clackamas CC	45-10.00	_____
4	Taylor, Able	FR	Lane CC	45-10.50	_____
5	Warren, Kainen	FR	Lane CC	44-09.00	_____
6	Meade, Devin	FR	Clackamas CC	46-06.00	_____
7	Lee, Dominic	FR	Clark Colleg	48-04.75	_____
8	Steffen, Joshua	FR	Olympic Coll	45-04.50	_____

Event 33 Women Discus Throw (13)

Qualifying Mark = 36.06M/118-04

American JC:	181-02	1991	Stacy Ainlay
NWAACC:	162-00	1984	Cora Aguilar
Meet:	158-02	1984	Cora Aguilar
Season Best:	124-00	2018	Kaitlyn Paller

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Martinez, Destiny	FR	SW Oregon CC	101-00.75	_____
2	Crisp, Allyson	FR	Clark Colleg	88-09.25	_____
3	Davis, Emily	FR	Clark Colleg	102-04.50	_____
4	Pinkerton, Brenna	FR	Lane CC	96-11.25	_____
5	Cox, Alyssa	FR	Spokane CC	79-09	_____
6	Medley, Alicia		Green River CC	98-04	_____

Flight 2 of 2 Finals

1	Harris, Khaliya	FR	Olympic Coll	114-08.25	_____
2	Borsz, Kate	FR	Lane CC	117-03.75	_____
3	Reed, Jessica	FR	Spokane CC	109-00.25	_____
4	Collins, Kia	FR	SW Oregon CC	108-06.25	_____
5	Olson, Diane	FR	Olympic Coll	109-08.75	_____
6	Paller, Kaitlyn	FR	Olympic Coll	124-00.50	_____
7	Burns, Trudy	FR	Lane CC	108-09.75	_____

Event 34 Men Discus Throw (16)

Qualifying Mark = 40.94M/134-04

American JC:	207-05	2016	Brian Williams
NWAACC:	177-10	2005	Jason Dixon
Meet:	173-04	2003	Jason Dixon
Season Best:	164-11	2018	Colton Paller

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Gladson, Jordan	FR	Clackamas CC	107-11.50	_____
2	Sunia, Aleki	SO	Lane CC	113-11.50	_____
3	Cason, Jacob	FR	Mt. Hood CC	110-03	_____
4	Lynch, Casey	FR	Olympic Coll	109-02	_____
5	Jennings, Dylan	SO	SW Oregon CC	106-09.75	_____
6	Zamora Ajtun, Erick	FR	SW Oregon CC	105-11	_____
7	Sousou, Elijah	FR	Olympic Coll	122-11	_____
8	Huff, Dakota	FR	Spokane CC	119-05	_____

Flight 2 of 2 Finals

1	Schafer, Sam	SO	Spokane CC	124-05.50	_____
2	Peoples, Garrett	FR	Spokane CC	142-07.25	_____
3	Tatom, Briggs	FR	Clackamas CC	123-06.50	_____
4	Cole, Sam	FR	Clackamas CC	125-10.50	_____
5	Paller, Colton	SO	Olympic Coll	164-11.50	_____
6	Huskey, Mike	SO	Olympic Coll	140-08.75	_____
7	Linson, Devan	FR	Mt. Hood CC	125-02.25	_____
8	Terry, Bryan	FR	SW Oregon CC	132-09.25	_____

Event 35 Women Hammer Throw (14)

Qualifying Mark = 40.82M/133-11

American JC:	197-06	2005	Kate Burton
NWAACC:	197-06	2005	Kate Burton
Meet:	179-04	2005	Kate Burton
Season Best:	158-07	2018	Kaitlyn Paller

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Burns, Trudy	FR	Lane CC	90-01.25	_____
2	Davis, Emily	FR	Clark Colleg	104-11.75	_____
3	Martinez, Destiny	FR	SW Oregon CC	78-07.25	_____
4	Cox, Alyssa	FR	Spokane CC	94-04.50	_____
5	Weidman, Cyisa	FR	Spokane CC	87-04.75	_____
6	Smith, Alyssa	FR	Clackamas CC	95-11	_____
7	Buchanan, Grace	FR	Mt. Hood CC	94-10.50	_____

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Flight 2 of 2 Finals...(Event 35 Women Hammer Throw (14))

1	Harris, Khaliya	FR	Olympic Coll	122-04	_____
2	Paller, Kaitlyn	FR	Olympic Coll	158-07	_____
3	Olson, Diane	FR	Olympic Coll	112-09.50	_____
4	Crisp, Allyson	FR	Clark Colleg	126-09.50	_____
5	Pinkerton, Brenna	FR	Lane CC	115-06	_____
6	Borsz, Kate	FR	Lane CC	136-11.50	_____
7	Collins, Kia	FR	SW Oregon CC	114-07.75	_____

Event 36 Men Hammer Throw (16)

Qualifying Mark = 44.12M/144-09

American JC:	217-05	2012	Remy Conatser
NWAACC:	202-10	1995	Scott Boothby
Meet:	199-00	2003	Paul Etter
Season Best:	162-00	2018	Nick McKenzie

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Cason, Jacob	FR	Mt. Hood CC	111-07.75	_____
2	Wyndham, Colton	FR	Clackamas CC	123-03	_____
3	Tatom, Briggs	FR	Clackamas CC	125-00.75	_____
4	Huff, Dakota	FR	Spokane CC	123-11.25	_____
5	Huskey, Mike	SO	Olympic Coll	138-01.75	_____
6	Gladson, Jordan	FR	Clackamas CC	121-03.75	_____
7	Sousou, Elijah	FR	Olympic Coll	112-05	_____
8	O'neill, Carson	FR	Spokane CC	108-06.25	_____

Flight 2 of 2 Finals

1	Peoples, Garrett	FR	Spokane CC	145-02.50	_____
2	Linson, Devan	FR	Mt. Hood CC	146-01.50	_____
3	McKenzie, Nick	SO	Clackamas CC	162-00.75	_____
4	Paller, Colton	SO	Olympic Coll	155-04.50	_____
5	Sunia, Aleki	SO	Lane CC	158-06.75	_____
6	Cole, Sam	FR	Clackamas CC	158-05.75	_____
7	Munyon, Marty	FR	Spokane CC	152-11	_____
8	Terry, Bryan	FR	SW Oregon CC	139-10.50	_____

Event 37 Women Javelin Throw (13)

Qualifying Mark = 37.94M/124-06

American JC:	169-05	1999	Trina Rogers
NWAACC:	169-05	1999	Trina Rogers
Meet:	169-05	1999	Trina Rogers
Season Best:	145-10	2018	Maggie Nelson

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Raines, Samantha	FR	Olympic Coll	93-09.50	_____
2	Mayberry, Sierra	SO	Clark Colleg	103-04.75	_____
3	Reed, Jessica	FR	Spokane CC	110-07	_____
4	Fisher, Bethany	FR	Spokane CC	101-01.25	_____
5	Collins, Kia	FR	SW Oregon CC	106-07	_____
6	Perry, Alexis	SO	Spokane CC	103-07.50	_____

Flight 2 of 2 Finals

1	Weidman, Cyisa	FR	Spokane CC	124-04.50	_____
2	Nelson, Maggie	SO	Spokane CC	145-10.25	_____
3	Nahimana, Therese	FR	Mt. Hood CC	116-08	_____
4	Ovall, Riley	FR	Lane CC	126-10.25	_____
5	Castillo, Bailey	FR	Olympic Coll	118-11	_____
6	Burns, Trudy	FR	Lane CC	118-03.50	_____
7	Buchanan, Grace	FR	Mt. Hood CC	130-07.50	_____

Event 38 Men Javelin Throw (12)

Qualifying Mark = 53.70M/176-02

American JC:	248-05	3/18/1988	Tom Pukstys
NWAACC:	241-07	2008	Cyrus Hostetler
Meet:	241-07	2008	Cyrus Hostetler
Season Best:	197-11	2018	Noah Woodward

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Weaver, William	FR	Lane CC	157-11.50	_____
2	Walker, J.J.	FR	Clackamas CC	156-11	_____
3	Nelson, Brady	FR	Everett CC	155-10	_____
4	Tatom, Briggs	FR	Clackamas CC	162-00.25	_____
5	Beard, Connor	FR	Spokane CC	148-00.25	_____
6	Gladson, Jordan	FR	Clackamas CC	146-09.75	_____

Flight 2 of 2 Finals

1	Mcgaughey, Geoffrey	FR	Everett CC	171-00.75	_____
2	Lopez, Tony	FR	Lane CC	179-05.75	_____
3	Tibbetts, Sam	FR	Lane CC	162-02.75	_____
4	Sevila, Chris	FR	Olympic Coll	182-11.25	_____
5	Snyder, Kolten	FR	Clark Colleg	181-07.50	_____
6	Woodward, Noah	FR	Spokane CC	197-11.75	_____

Event 39 Women Shot Put (12)

Qualifying Mark = 11.90M/39-00.5

American JC:	53-06.25	2016	Janeah Stewart
NWAACC:	48-04	1981	Jenny Lempke
Meet:	48-04	1981	Jenny Lempke
Season Best:	41-06	2018	Kaitlyn Paller

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Collins, Kia	FR	SW Oregon CC	33-11.50	_____
2	Buchanan, Grace	FR	Mt. Hood CC	30-05.00	_____
3	Cox, Alyssa	FR	Spokane CC	31-00.00	_____
4	Martinez, Destiny	FR	SW Oregon CC	29-03.75	_____
5	Reed, Jessica	FR	Spokane CC	35-11.25	_____
6	Medley, Alicia		Green River CC	26-10.00	_____

Flight 2 of 2 Finals

1	Olson, Diane	FR	Olympic Coll	38-02.75	_____
2	Harris, Khaliya	FR	Olympic Coll	38-09.00	_____
3	Pinkerton, Brenna	FR	Lane CC	37-10.75	_____
4	Nelson, Maggie	SO	Spokane CC	37-02.50	_____
5	Paller, Kaitlyn	FR	Olympic Coll	41-06.00	_____
6	Borsz, Kate	FR	Lane CC	36-04.75	_____

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Event 40 Men Shot Put (14)

Qualifying Mark = 13.50M/44-03.5

American JC: 70-00.50 3/5/1974 Ron Semkiw
 NWAACC: 62-01 1971 Spike Walker
 Meet: 62-01 1971 Spike Walker
 Season Best: 48-00 2018 Garrett Peoples

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	Tatom, Briggs	FR	Clackamas CC	40-11.75
2	Lynch, Casey	FR	Olympic Coll	35-10.00
3	Cason, Jacob	FR	Mt. Hood CC	42-02.25
4	Zamora Ajtun, Erick	FR	SW Oregon CC	35-07.75
5	Jennings, Dylan	SO	SW Oregon CC	36-10.50
6	Sunia, Aleki	SO	Lane CC	41-03.25
7	Huskey, Mike	SO	Olympic Coll	42-01.50

Flight 2 of 2 Finals

1	Paller, Colton	SO	Olympic Coll	47-09.75
2	O'neill, Carson	FR	Spokane CC	45-05.25
3	Terry, Bryan	FR	SW Oregon CC	43-09.75
4	Peoples, Garrett	FR	Spokane CC	48-00.00
5	Sousou, Elijah	FR	Olympic Coll	47-01.00
6	Huff, Dakota	FR	Spokane CC	45-05.75
7	Cole, Sam	FR	Clackamas CC	43-03.75

Event 41 Heptathlon: #1 Women 100 Meter Hurdles (8)

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Perry, Alexis	SO	Spokane CC	NT
2	Sharp, Jillian	FR	Clackamas CC	NT
3	Lindbo, Chloe	SO	Clark Colleg	NT
4	Fisher, Bethany	FR	Spokane CC	NT
5	Nelson, Maggie	SO	Spokane CC	NT
6	Pavlenko, Lydia	SO	Clackamas CC	NT
7	Foster, Essence	FR	Clackamas CC	NT
8	Lane, Olivia	SO	Lane CC	NT

Event 41 Heptathlon: #2 Women High Jump (8)

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Pavlenko, Lydia	SO	Clackamas CC	NH
2	Foster, Essence	FR	Clackamas CC	NH
3	Nelson, Maggie	SO	Spokane CC	NH
4	Sharp, Jillian	FR	Clackamas CC	NH
5	Fisher, Bethany	FR	Spokane CC	NH
6	Lane, Olivia	SO	Lane CC	NH
7	Perry, Alexis	SO	Spokane CC	NH
8	Lindbo, Chloe	SO	Clark Colleg	NH

Event 41 Heptathlon: #3 Women Shot Put (8)

American JC: 52-05

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Pavlenko, Lydia	SO	Clackamas CC	ND
2	Lindbo, Chloe	SO	Clark Colleg	ND
3	Lane, Olivia	SO	Lane CC	ND
4	Foster, Essence	FR	Clackamas CC	ND
5	Fisher, Bethany	FR	Spokane CC	ND
6	Sharp, Jillian	FR	Clackamas CC	ND
7	Perry, Alexis	SO	Spokane CC	ND
8	Nelson, Maggie	SO	Spokane CC	ND

Event 41 Heptathlon: #4 Women 200 Meter Dash (8)

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Nelson, Maggie	SO	Spokane CC	NT
2	Perry, Alexis	SO	Spokane CC	NT
3	Lindbo, Chloe	SO	Clark Colleg	NT
4	Lane, Olivia	SO	Lane CC	NT
5	Foster, Essence	FR	Clackamas CC	NT
6	Fisher, Bethany	FR	Spokane CC	NT
7	Sharp, Jillian	FR	Clackamas CC	NT
8	Pavlenko, Lydia	SO	Clackamas CC	NT

Event 41 Heptathlon: #5 Women Long Jump (8)

American JC: 21-03.50

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Sharp, Jillian	FR	Clackamas CC	ND
2	Perry, Alexis	SO	Spokane CC	ND
3	Pavlenko, Lydia	SO	Clackamas CC	ND
4	Lane, Olivia	SO	Lane CC	ND
5	Foster, Essence	FR	Clackamas CC	ND
6	Nelson, Maggie	SO	Spokane CC	ND
7	Lindbo, Chloe	SO	Clark Colleg	ND
8	Fisher, Bethany	FR	Spokane CC	ND

Event 41 Heptathlon: #6 Women Javelin Throw (8)

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Nelson, Maggie	SO	Spokane CC	ND
2	Sharp, Jillian	FR	Clackamas CC	ND
3	Foster, Essence	FR	Clackamas CC	ND
4	Pavlenko, Lydia	SO	Clackamas CC	ND
5	Lane, Olivia	SO	Lane CC	ND
6	Perry, Alexis	SO	Spokane CC	ND
7	Fisher, Bethany	FR	Spokane CC	ND
8	Lindbo, Chloe	SO	Clark Colleg	ND

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Event 41 Heptathlon: #7 Women 800 Meter Run (8)

American JC: 2:03.90

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Lindbo, Chloe	SO	Clark Colleg	NT _____
2	Pavlenko, Lydia	SO	Clackamas CC	NT _____
3	Sharp, Jillian	FR	Clackamas CC	NT _____
4	Nelson, Maggie	SO	Spokane CC	NT _____
5	Fisher, Bethany	FR	Spokane CC	NT _____
6	Foster, Essence	FR	Clackamas CC	NT _____
7	Lane, Olivia	SO	Lane CC	NT _____
8	Perry, Alexis	SO	Spokane CC	NT _____

Event 42 Decathlon: #1 Men 100 Meter Dash (8)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Beard, Connor	FR	Spokane CC	NT _____
2	Simonson, Luke	FR	Spokane CC	NT _____
3	Guerrero, Omar	FR	Clackamas CC	NT _____
4	Roddewig, Sam	SO	Spokane CC	NT _____
5	Ralston, Darion	FR	Spokane CC	NT _____
6	Davis, Anthony	FR	Clark Colleg	NT _____
7	Walker, J.J.	FR	Clackamas CC	NT _____
8	Lopez, Tony	FR	Lane CC	NT _____

Event 42 Decathlon: #2 Men Long Jump (8)

American JC: 26-11

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Walker, J.J.	FR	Clackamas CC	ND _____
2	Lopez, Tony	FR	Lane CC	ND _____
3	Guerrero, Omar	FR	Clackamas CC	ND _____
4	Roddewig, Sam	SO	Spokane CC	ND _____
5	Davis, Anthony	FR	Clark Colleg	ND _____
6	Ralston, Darion	FR	Spokane CC	ND _____
7	Beard, Connor	FR	Spokane CC	ND _____
8	Simonson, Luke	FR	Spokane CC	ND _____

Event 42 Decathlon: #3 Men Shot Put (8)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Guerrero, Omar	FR	Clackamas CC	ND _____
2	Simonson, Luke	FR	Spokane CC	ND _____
3	Roddewig, Sam	SO	Spokane CC	ND _____
4	Beard, Connor	FR	Spokane CC	ND _____
5	Walker, J.J.	FR	Clackamas CC	ND _____
6	Davis, Anthony	FR	Clark Colleg	ND _____
7	Lopez, Tony	FR	Lane CC	ND _____
8	Ralston, Darion	FR	Spokane CC	ND _____

Event 42 Decathlon: #4 Men High Jump (8)

American JC: 7-08

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Roddewig, Sam	SO	Spokane CC	NH _____
2	Guerrero, Omar	FR	Clackamas CC	NH _____
3	Beard, Connor	FR	Spokane CC	NH _____
4	Lopez, Tony	FR	Lane CC	NH _____
5	Ralston, Darion	FR	Spokane CC	NH _____
6	Simonson, Luke	FR	Spokane CC	NH _____
7	Davis, Anthony	FR	Clark Colleg	NH _____
8	Walker, J.J.	FR	Clackamas CC	NH _____

Event 42 Decathlon: #5 Men 400 Meter Dash (8)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Walker, J.J.	FR	Clackamas CC	NT _____
2	Lopez, Tony	FR	Lane CC	NT _____
3	Davis, Anthony	FR	Clark Colleg	NT _____
4	Guerrero, Omar	FR	Clackamas CC	NT _____
5	Roddewig, Sam	SO	Spokane CC	NT _____
6	Ralston, Darion	FR	Spokane CC	NT _____
7	Beard, Connor	FR	Spokane CC	NT _____
8	Simonson, Luke	FR	Spokane CC	NT _____

Event 42 Decathlon: #6 Men 110 Meter Hurdles (8)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Davis, Anthony	FR	Clark Colleg	NT _____
2	Simonson, Luke	FR	Spokane CC	NT _____
3	Roddewig, Sam	SO	Spokane CC	NT _____
4	Lopez, Tony	FR	Lane CC	NT _____
5	Walker, J.J.	FR	Clackamas CC	NT _____
6	Ralston, Darion	FR	Spokane CC	NT _____
7	Guerrero, Omar	FR	Clackamas CC	NT _____
8	Beard, Connor	FR	Spokane CC	NT _____

Event 42 Decathlon: #7 Men Discus Throw (8)

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Guerrero, Omar	FR	Clackamas CC	ND _____
2	Lopez, Tony	FR	Lane CC	ND _____
3	Davis, Anthony	FR	Clark Colleg	ND _____
4	Simonson, Luke	FR	Spokane CC	ND _____
5	Roddewig, Sam	SO	Spokane CC	ND _____
6	Ralston, Darion	FR	Spokane CC	ND _____
7	Beard, Connor	FR	Spokane CC	ND _____
8	Walker, J.J.	FR	Clackamas CC	ND _____

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Event 42 Decathlon: #8 Men Pole Vault (8)

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Lopez, Tony	FR	Lane CC	NH	_____
2	Davis, Anthony	FR	Clark Colleg	NH	_____
3	Beard, Connor	FR	Spokane CC	NH	_____
4	Ralston, Darion	FR	Spokane CC	NH	_____
5	Simonson, Luke	FR	Spokane CC	NH	_____
6	Walker, J.J.	FR	Clackamas CC	NH	_____
7	Roddewig, Sam	SO	Spokane CC	NH	_____
8	Guerrero, Omar	FR	Clackamas CC	NH	_____

Event 42 Decathlon: #9 Men Javelin Throw (8)

American JC: 248-05

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Ralston, Darion	FR	Spokane CC	ND	_____
2	Davis, Anthony	FR	Clark Colleg	ND	_____
3	Beard, Connor	FR	Spokane CC	ND	_____
4	Walker, J.J.	FR	Clackamas CC	ND	_____
5	Roddewig, Sam	SO	Spokane CC	ND	_____
6	Lopez, Tony	FR	Lane CC	ND	_____
7	Guerrero, Omar	FR	Clackamas CC	ND	_____
8	Simonson, Luke	FR	Spokane CC	ND	_____

Event 42 Decathlon: #10 Men 1500 Meter Run (8)

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Davis, Anthony	FR	Clark Colleg	NT	_____
2	Guerrero, Omar	FR	Clackamas CC	NT	_____
3	Roddewig, Sam	SO	Spokane CC	NT	_____
4	Walker, J.J.	FR	Clackamas CC	NT	_____
5	Simonson, Luke	FR	Spokane CC	NT	_____
6	Beard, Connor	FR	Spokane CC	NT	_____
7	Ralston, Darion	FR	Spokane CC	NT	_____
8	Lopez, Tony	FR	Lane CC	NT	_____