

**JD Shotwell Invitational - 4/1/2017**

**University of Puget Sound  
Baker Stadium, Tacoma, WA  
Results - Shotwell Invitational**

**Women 100 Meter Dash**

**Stadium:** 11.89 # 4/4/2014 Princess Griffey, Christ Life TC  
**Meet:** 11.89 \* 4/5/2014 Princess Griffey, Christ Life TC  
**NWC:** 13.12

Name	Yr	School	Seed	Finals	Wind	H#	Points
<b>Finals</b>							
1	Brannan, Kyra	SR Seattle Pacific	12.32	12.29	1.3	1	10
2	Hong, Cheryl	SR Seattle Pacific		12.41	1.7	4	8
3	Allen, Macie	FR Western Washington	12.91	12.57	1.3	1	6
4	McLean, Kelsey	FR Western Washington	12.83	12.64	1.3	1	5
5	Houk, Becca	SR Seattle Pacific	12.62	12.69	1.3	1	4
6	Bays, Logan	SR Puget Sound	12.97	12.73	0.9	2	3
7	Sauls, Da'schele	SO Green River CC	12.97	12.77	0.9	2	2
8	Hamre, Grace	FR Saint Martin's	12.92	12.80	1.3	1	1
9	Whatley, Alexi	FR Saint Martin's		12.90	1.7	4	
10	Martin, Diamond	JR Central Washington	12.90	12.92	1.3	1	
10	Bradley, Hannah	FR Western Washington	13.12	12.92	0.9	2	
12	Hawley, Katia	SO Central Washington	12.77	12.99	1.3	1	
13	Hatchett, Mertece	FR Spokane CC	13.13	13.02	0.9	2	
14	Inderbitzin, Julia	SO Central Washington	13.01	13.08	0.9	2	
15	Gabriel, Olivia	FR Seattle Pacific	12.65	13.16	1.3	1	
16	Nickelson, Artresa	FR Saint Martin's	13.31	13.17	2.1	3	
17	Joseph, Anna	SR Puget Sound	13.08	13.19	0.9	2	
18	Wolter, Paige	JR Whitworth	13.33	13.30	2.1	3	
19	Perry, Alexis	FR Spokane CC	13.05	13.36	0.9	2	
20	Dunbar, Destiny	SO Olympic College	13.41	13.39	2.1	3	
21	Kendrick, Ariya	FR Saint Martin's	13.82	13.47	2.1	3	
22	Tatum, Asia	SO Olympic College	13.78	13.61	2.1	3	
23	Kayongo, Tammy	FR Olympic College	13.55	13.64	2.1	3	
24	McArdle, Dylan	FR Olympic College		13.83	1.7	4	
25	Garmanian, Kianna	FR Saint Martin's	13.79	13.86	2.1	3	
26	Johnson, Leah	SR Pacific Lutheran	14.03	14.05	1.7	4	
26	Cochran, Kaitlin	SO Puget Sound	14.40	14.05	1.7	4	
28	Morin, Brooke	FR Olympic College		14.14	1.7	4	
28	Stills, Megan	FR Puget Sound	14.04	14.14	1.7	4	
30	Pham, Kat	FR Puget Sound	15.98	15.95	1.7	4	

**Women 200 Meter Dash**

**Stadium:** 24.28 # 4/5/2014 Princess Griffey, Christ Life TC  
**Meet:** 24.28 \* 4/5/2014 Princess Griffey, Christ Life TC  
**NWC:** 26.97

Name	Yr	School	Seed	Finals	Wind	H#	Points
<b>Finals</b>							
1	Hamre, Grace	FR Saint Martin's	25.77	25.47	1.2	1	10
2	Banfro, Tianna	SR Central Washington	25.53	25.84	1.2	1	8
3	Whatley, Alexi	FR Saint Martin's	26.09	25.96	1.2	1	6
4	Houk, Becca	SR Seattle Pacific	26.02	26.18	1.2	1	5
5	Cool, Sarah	FR Whitworth	26.01	26.26	1.2	1	4
6	Medallada, Kameha	FR Whitworth	26.47	26.27	1.2	1	3
7	Hawley, Katia	SO Central Washington	26.06	26.52	1.2	1	2

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Name	Yr	School	Seed	Finals	Wind	H#	Points
8 Inderbitzin, Julia	SO	Central Washington	26.91	26.56	1.9	2	.50
8 Sauls, Da'schele	SO	Green River CC	26.52	26.56	1.2	1	.50
10 Sytsma, Emily	SO	Western Washington	26.78	26.67	1.9	2	
11 Gabriel, Olivia	FR	Seattle Pacific	26.57	26.71	1.9	2	
12 Bradley, Hannah	FR	Western Washington	27.50	26.75	1.9	2	
13 Martin, Diamond	JR	Central Washington	26.98	26.79	1.9	2	
14 Bays, Logan	SR	Puget Sound	27.03	26.81	0.5	3	
15 Nickelson, Artresa	FR	Saint Martin's	26.94	26.83	1.9	2	
16 Joseph, Anna	SR	Puget Sound	26.74	27.15	0.5	3	
17 Arlt, Jordyn	FR	Spokane CC	26.88	27.23	1.9	2	
18 Meadows, Shaddia	FR	Central Washington	28.05	27.51	0.5	4	
19 Brown, Kelly	FR	Spokane CC	27.67	27.59	0.5	3	
20 Dunbar, Destiny	SO	Olympic College	27.75	27.63	0.5	4	
21 Wolter, Paige	JR	Whitworth	27.84	27.67	0.5	3	
22 Johnson, Shannon	SO	Spokane CC	28.25	28.11	0.5	3	
23 Kendrick, Ariya	FR	Saint Martin's	29.17	28.18	1.6	5	
24 Carandang, Ashley	JR	Saint Martin's	28.35	28.28	0.5	4	
25 Tatum, Asia	SO	Olympic College	29.50	28.42	1.6	5	
26 Cavallier, Tyra	FR	Everett CC		28.44	+0.0	6	
27 Carandang, Alexis	SR	Saint Martin's	28.93	28.47	1.6	5	
28 Kalda, Natalie	FR	Spokane CC	28.39	28.55	0.5	4	
28 Jordan, Marissa		Unattached	28.64	28.55	1.6	5	
30 McFaul, Abby	SR	Saint Martin's		28.65	+0.0	6	
31 Kayongo, Tammy	FR	Olympic College	29.60	28.67	+0.0	6	
32 Meischke, Jewelia	FR	Everett CC		28.87	+0.0	6	
33 Blyckert, Amy	SO	Whitworth	29.17	28.94	1.6	5	
34 Morin, Brooke	FR	Olympic College	28.62	29.00	1.6	5	
35 Garmanian, Kianna	FR	Saint Martin's	28.40	29.13	0.5	3	
36 Johnson, Leah	SR	Pacific Lutheran	29.44	29.28	1.6	5	
37 Shaffer, Mary Claire	JR	Whitworth	29.71	29.53	+0.0	6	
38 Stills, Megan	FR	Puget Sound	29.10	29.55	1.6	5	
39 Salmonson, Camren	FR	Everett CC		30.80	+0.0	6	
40 Guillen, Jeniya	FR	Everett CC		31.74	+0.0	6	

**Women 400 Meter Dash**

Stadium: 55.4h # 5/3/1980 Rhonda Bell, BCC

Meet: 55.4h \* 5/3/1980 Rhonda Bell, BCC

NWC: 1:02.11

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Bradlina, Emery	SO	Puget Sound	58.88	58.38	1	10
2 Sytsma, Emily	SO	Western Washington	59.60	58.86	1	8
3 Cool, Sarah	FR	Whitworth	58.44	58.94	1	6
4 Medallada, Kameha	FR	Whitworth	1:03.55	1:00.31	1	5
5 Brown, Kelly	FR	Spokane CC	1:02.23	1:01.21	1	4
6 Fine, Keana	SO	Seattle Pacific	1:02.09	1:02.47	1	3
7 Strobe, Harley	SO	Spokane CC	1:01.80	1:02.53	1	2
8 Edgar, Gillian	FR	Seattle Pacific	1:03.84	1:03.82	2	1
9 Cummings, Mara	SR	Puget Sound	1:04.06	1:03.97	2	

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Name	Yr	School	Seed	Finals	H#	Points
10 Jordan, Marissa		Unattached	1:04.54	1:04.27	2	
11 McPherson, Natalie	JR	Whitworth	1:03.95	1:04.29	2	
12 Blyckert, Amy	SO	Whitworth	1:08.22	1:04.48	2	
13 Cavallier, Tyra	FR	Everett CC		1:05.42	3	
14 Meischke, Jewelia	FR	Everett CC		1:06.37	3	
15 Shaffer, Mary Claire	JR	Whitworth	1:07.02	1:06.88	2	
16 Goldsby, Lindsey	FR	Whitworth	1:07.52	1:09.32	2	
17 Salmonson, Camren	FR	Everett CC		1:12.32	3	

**Women 800 Meter Run**

**Stadium:** 2:10.9h # 4/25/1987 **Laura Johnson, Unattached**  
**Meet:** 2:10.9h \* 4/25/1987 **Laura Johnson, Unattached**  
**NWC:** 2:25.98

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Porter, Shannon	SR	Unattached	2:18.00	2:13.71	1	10
2 Bradlina, Emery	SO	Puget Sound	2:15.35	2:14.68	1	8
3 Wise, Alison	JR	Puget Sound	2:22.96	2:20.61	1	6
4 Johnson, Julian	FR	Western Washington	2:28.07	2:23.08	1	5
5 Voellger, Mekenzie	JR	Pacific Lutheran	2:23.60	2:23.26	1	4
6 Dreicer, Talia		Unattached	2:21.00	2:24.66	1	3
7 Wildon, Terra	JR	Puget Sound	2:30.50	2:25.99	1	2
8 Hatton, Emma	FR	Puget Sound	2:32.81	2:26.20	1	1
9 Sherick, Katie	SO	Green River CC	2:33.78	2:30.53	1	
10 Larsen, Bailey	FR	Olympic College	2:42.92	2:39.15	1	
11 Guillen, Jeniya	FR	Everett CC		2:40.14	2	
12 Pott, Tiffany	FR	Saint Martin's	2:47.59	2:44.38	1	
13 Bryant, Natalie	FR	Green River CC	2:51.57	2:48.01	1	
14 Vaughan, Yeshi	FR	Saint Martin's	3:00.35	2:50.98	2	
15 Zimmermann, Laura	FR	Olympic College	3:06.32	3:01.04	2	

**Women 1500 Meter Run**

**Stadium:** 4:33.87 # 4/21/2007 **Sarah Zerzan, Willamette**  
**Meet:** 4:34.30 \* 4/23/1988 **Minta Misley, PLU**  
**NWC:** 4:58.74

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Porter, Shannon	SR	Unattached	4:33.00	4:32.61 #	1	10
2 Troupe, Shawna	SR	Western Washington	4:40.80	4:52.65	1	8
3 Liebel, Brenna	SO	Central Washington	4:58.05	4:56.31	1	6
4 Shreffler, Waverly	FR	Western Washington	4:55.73	4:57.13	1	5
5 Clem, Delaney	FR	Central Washington	4:58.91	4:57.60	1	4
6 Dreicer, Talia		Unattached	5:02.00	4:59.42	1	3
7 Gomez, Elena	SO	Central Washington	5:00.00	5:00.74	1	2
8 Fitzgerald, Kimberly		Alaska Fairbanks		5:03.72	2	1
9 Dorney, Lindsey	FR	Saint Martin's	5:18.73	5:12.39	1	
10 Gundersen, Kelsey	FR	Central Washington	5:30.49	5:14.92	1	
11 DuPras, Samantha	FR	Central Washington	5:17.82	5:15.00	1	
12 Kolasinski, Larissa	SO	Saint Martin's		5:15.05	2	

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Name	Yr	School	Seed	Finals	H#	Points
13 Olander, Lisa	SR	Unattached		5:27.11	2	
14 Oosterhout, Abigail	FR	Green River CC	5:38.73	5:30.69	2	
15 Tyburczy, Katie	SR	Western Washington	5:19.45	5:30.78	1	
16 Vaughan, Yeshi	FR	Saint Martin's	5:43.86	5:38.96	2	
17 Greenside, Cheyenne		Alaska Fairbanks		5:40.41	2	
18 Henry, Rebekah	FR	Spokane CC	5:14.54	5:43.91	1	
19 Ventura, Yadira	FR	Green River CC		5:47.53	2	
20 Hettick, Erika	FR	Olympic College	5:57.28	5:48.11	2	
--- Padilla, Andrea	FR	Everett CC		DNF	2	

**Women 5000 Meter Run**

Stadium: 16:45.5h # 4/26/1986 Debbie Myra, PSU

Meet: 16:45.5h \* 4/26/1986 Debbie Myra, PSU

NWC: 19:02.63

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Stelling, Lillianna	SR	Western Washington	17:46.50	17:31.90	1	10
2 Shinnick, Peyton	FR	Western Washington	18:03.27	17:57.37	1	8
3 Laiblin, Alexandra	JR	Western Washington	19:03.77	18:18.66	1	6
4 Shindruk, Alexa	SO	Central Washington	17:31.40	18:19.97	1	5
5 Clem, Delaney	FR	Central Washington	17:52.07	18:27.01	1	4
6 Lopez, Yadira	JR	Saint Martin's	19:01.18	18:31.35	1	3
7 Taferre, Sara	SR	Western Washington	18:39.78	18:36.05	1	2
8 Cundy, Rachel	SR	Bellingham Distance Project	18:35.00	18:36.68	1	1
9 McCloskey, Claire	SR	Saint Martin's	19:10.24	18:43.02	1	
10 Troupe, Shawna	SR	Western Washington	19:30.00	18:43.57	2	
11 Segaline, Jeanna	FR	Spokane CC	19:14.40	18:44.10	1	
12 Mason, Ashley	SO	Central Washington	19:15.00	18:45.27	1	
13 Carlson, Brenna	FR	Central Washington	19:20.49	18:51.07	1	
14 Koger, Aundrea	FR	Western Washington	19:25.55	19:00.62	2	
15 Striker, Kali		Alaska Fairbanks	18:43.20	19:01.86	1	
16 Marikis, Sofia	SR	Western Washington	18:38.38	19:05.50	1	
17 Bergholtz, Alexandra		Alaska Fairbanks	20:04.81	19:13.04	2	
18 Gottmier, Brooke		Alaska Fairbanks	20:02.00	19:36.42	2	
19 Fitzgerald, Kimberly		Alaska Fairbanks	19:41.00	19:37.53	2	
20 Daniels, Avery	FR	Everett CC		19:55.83	2	
21 Oosterhout, Abigail	FR	Green River CC	20:08.68	19:57.93	2	
22 Milner, Abby	SO	Western Washington	20:36.90	20:02.67	2	
23 Whitley, Hallie	SO	Western Washington	19:43.20	20:15.10	2	
24 Graham, LaRee	FR	Green River CC	20:21.49	20:16.34	2	
25 Sherick, Katie	SO	Green River CC		20:21.31	2	
26 Kopsack, Jocelyn		Alaska Fairbanks		20:36.31	2	
27 Ventura, Yadira	FR	Green River CC		22:02.28	2	
28 Hettick, Erika	FR	Olympic College	22:40.82	22:23.77	2	
--- Henry, Rebekah	FR	Spokane CC	20:18.01	DNF	2	

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**Women 100 Meter Hurdles**

**Stadium:** 14.41 # 4/20/1996 Amy Cameron, WWU  
**Meet:** 14.41 \* 4/20/1996 Amy Cameron, WWU  
**NWC:** 16.87

Name	Yr	School	Seed	Finals	Wind	H#	Points
<b>Finals</b>							
1 Banfro, Tianna	SR	Central Washington	15.11	14.95	1.4	1	10
2 Walts, Rose	FR	Central Washington	15.24	15.43	1.4	1	8
3 Arlt, Jordyn	FR	Spokane CC	16.04	15.72	1.4	1	6
4 Kalda, Natalie	FR	Spokane CC	15.87	15.96	1.4	1	5
5 Martinez, Sarah	JR	Whitworth	15.58	16.00	1.4	1	4
6 Cartee, Anna	SO	Spokane CC	15.93	16.31	1.4	1	3
7 Clark, Isabel	SO	Spokane CC	16.38	16.38	1.1	2	2
8 Hatchett, Mertece	FR	Spokane CC	15.91	16.52	1.4	1	1
9 Kendrick, Ariya	FR	Saint Martin's	17.96	16.53	1.1	2	
10 Collins, Katie	SO	Spokane CC	16.13	16.58	1.4	1	
11 McFaul, Abby	SR	Saint Martin's	16.66	16.84	1.1	2	
12 Jeffs, Jenna	SO	Central Washington	18.08	17.91	1.1	2	
13 Pott, Tiffany	FR	Saint Martin's		18.03	1.1	2	
14 Smitha, Monica	SO	Olympic College	18.75	18.86	1.1	2	
15 Nelson, Maggie	FR	Spokane CC	19.35	19.02	1.1	2	

**Women 400 Meter Hurdles**

**Stadium:** 1:02.05 # 4/24/2004 Carrie Larsen, PLU  
**Meet:** 1:02.74 \* 4/10/2004 Carrie Larsen, SPU  
**NWC:** 1:14.87

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Martinez, Sarah	JR	Whitworth	1:05.86	1:02.53 *	1	10
2 Benner, Brooke	FR	Seattle Pacific	1:02.60	1:04.32	1	8
3 Lambert, Emma	SO	Seattle Pacific	1:05.50	1:04.79	1	6
4 Banfro, Tianna	SR	Central Washington	1:07.96	1:04.97	2	5
5 Callan, Maggie	SR	Whitworth	1:05.27	1:05.57	1	4
6 Svastisalee, Deja	JR	Western Washington	1:06.91	1:05.97	1	3
7 Collins, Katie	SO	Spokane CC	1:07.68	1:06.07	2	2
8 Hawthorne, Keirnan	SR	Saint Martin's	1:07.17	1:07.87	2	1
9 Clark, Isabel	SO	Spokane CC	1:06.12	1:07.98	1	
10 Joy, Juliana	SR	Central Washington	1:07.24	1:08.99	2	
11 Teigen, Megan	SR	Saint Martin's	1:06.61	1:09.86	1	
12 Carandang, Alexis	SR	Saint Martin's	1:15.72	1:11.88	3	
13 McFaul, Abby	SR	Saint Martin's	1:10.96	1:13.40	2	
14 Jeffs, Jenna	SO	Central Washington	1:15.64	1:14.67	3	
15 Runco, Paige	SR	Pacific Lutheran	1:13.54	1:14.73	2	
16 McPherson, Natalie	JR	Whitworth	1:23.36	1:17.43	3	
17 Walts, Rose	FR	Central Washington	1:15.34	1:18.90	2	
18 Goldsby, Lindsey	FR	Whitworth	1:18.27	1:22.75	3	

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**Women 3000 Meter Steeplechase**

**Stadium:** 10:38.57 # 3/8/2008 Sarna Becker  
**Meet:** 10:59.99 \* 4/5/2008 Brittany Hodgson  
**NWC:** 13:01.00

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1	McKinney, Kaitlyn	SR Central Washington	12:43.88	12:16.88	10
2	Eshelman, Hannah	JR Puget Sound	12:35.07	12:45.78	8
3	Bolejack, Mady	SR Puget Sound	13:17.45	13:35.33	6
4	Larsen, Bailey	FR Olympic College	14:15.76	13:43.12	5

**Women 4x100 Meter Relay**

**Stadium:** 47.50 # 4/22/1995 Plu, PLU  
**Meet:** 47.50 \* 4/22/1995 , PLU

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1	Seattle Pacific 1) Houk, Becca SR 2) Gabriel, Olivia FR	A 47.64	48.11 4) Hong, Cheryl SR	10
2	Whitworth 1) Medallada, Kameha FR 2) Cool, Sarah FR	A 49.48	49.22 4) Callan, Maggie SR	8
3	Saint Martin's 1) Hamre, Grace FR 2) Nickelson, Artresa FR	A 49.52	49.42 4) Whatley, Alexi FR	6
4	Spokane CC 1) Perry, Alexis FR 2) Kalda, Natalie FR	B 51.39	x51.11 4) Clark, Isabel SO	
5	Spokane CC 1) Wright, Stephanie SO 2) Brown, Kelly FR	A 51.39	51.26 4) Hatchett, Mertece FR	5
6	Olympic College 1) Dunbar, Destiny SO 2) Kayongo, Tammy FR	A 52.62	52.61 4) Tatum, Asia SO	4
7	Saint Martin's 1) Carandang, Ashley JR 2) Kendrick, Ariya FR	B 49.52	x52.67 4) Carandang, Alexis SR	
---	Puget Sound 1) Bays, Logan SR 2) Cummings, Mara SR	A 52.42	DQ 4) Prasil, Emily SR	

**Women 4x400 Meter Relay**

**Stadium:** 3:51.61 # 4/22/1995 , PLU  
**Meet:** 3:51.61 \* 4/22/1995 , PLU  
**Andrade,Keene,Saathoff,Metzger**

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1	Saint Martin's 1) Teigen, Megan SR 2) Hawthorne, Keirnan SR	A 3:58.32	3:59.26 4) Hamre, Grace FR	10
2	Spokane CC 1) Arlt, Jordyn FR 2) Clark, Isabel SO	A 4:12.80	4:07.97 4) Strobe, Harley SO	8
3	Puget Sound 1) Bradlina, Emery SO 2) Wise, Alison JR	A 4:14.27	4:10.89 4) Joseph, Anna SR	6
4	Puget Sound 1) Cummings, Mara SR 2) Stills, Megan FR	B 4:35.00	x4:21.83 4) Prasil, Emily SR	
5	Central Washington 1) Liebel, Brenna SO 2) DuPras, Samantha FR	B 4:22.00	x4:27.18 4) Gundersen, Kelsey FR	
6	Olympic College 1) Morin, Brooke FR 2) Tatum, Asia SO	A 4:30.22	4:30.91 4) Kayongo, Tammy FR	5

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Team	Relay	Seed	Finals	Points
7 Everett CC	A		4:34.66	4
1) Guillen, Jeniya FR	2) Cavallier, Tyra FR	3) Salmonson, Camren FR	4) Meischke, Jewelia FR	
8 Olympic College	B	4:30.22	x4:43.05	
1) Dunbar, Destiny SO	2) Larsen, Bailey FR	3) Smitha, Monica SO	4) Hettick, Erika FR	

**Women High Jump**

<b>Stadium:</b>	<b>1.73m</b>	<b>#</b>	<b>4/22/1995</b>	<b>Corrina Wolf, SFU</b>
<b>Meet:</b>	<b>1.73m</b>	<b>*</b>	<b>4/20/1991</b>	<b>Lisa Grey, CNW</b>
<b>NWC:</b>	<b>1.49m</b>			

Name	Yr	School	Finals	Points	
<b>Finals</b>					
1 Peters, Avalyne	FR	Pacific Lutheran	1.54m	5-00.50	10
2 Apo, Cassidy	SO	Saint Martin's	J1.54m	5-00.50	8
3 Henry, Bridget	SO	Western Washington	1.49m	4-10.50	5.50
3 Hatchett, Mertece	FR	Spokane CC	1.49m	4-10.50	5.50
5 Sterling, Taylor	FR	Green River CC	J1.49m	4-10.50	3.50
5 Phommathirath, Keeley	FR	Central Washington	J1.49m	4-10.50	3.50
7 Runco, Paige	SR	Pacific Lutheran	J1.49m	4-10.50	2
8 Johnson, Shannon	SO	Spokane CC	1.44m	4-08.75	1
9 Thomsen, Elaina	FR	Whitworth	J1.44m	4-08.75	
10 Nelson, Maggie	FR	Spokane CC	J1.44m	4-08.75	
--- Lytle, Olivia	SO	Whitworth	NH		
--- Pott, Tiffany	FR	Saint Martin's	NH		
--- Kalda, Natalie	FR	Spokane CC	NH		
--- Martinez, Sarah	JR	Whitworth	NH		

**Women Pole Vault**

<b>Stadium:</b>	<b>4.04m</b>	<b>#</b>	<b>4/5/2008</b>	<b>Jennie Sewell, Club Northwest</b>
<b>Meet:</b>	<b>4.04m</b>	<b>*</b>	<b>4/5/2008</b>	<b>Jennie Sewell, Club Northwest</b>
<b>NWC:</b>	<b>2.80m</b>			

Name	Yr	School	Finals	Points	
<b>Finals</b>					
1 Emmert, McKenna	SR	Central Washington	3.70m	12-01.50	10
2 Wright, Stephanie	SO	Spokane CC	3.40m	11-01.75	8
3 Oliquiano, Jewels	FR	Western Washington	3.25m	10-08.00	6
4 Raymond, Olivia	SR	Pacific Lutheran	3.10m	10-02.00	5
5 Crenshaw, Ryleigh	FR	Seattle Pacific	J3.10m	10-02.00	4
6 Irvine, Halle	FR	Central Washington	J3.10m	10-02.00	3
7 Perry, Alexis	FR	Spokane CC	2.95m	9-08.00	2
8 Blyckert, Amy	SO	Whitworth	J2.95m	9-08.00	1
9 Cochran, Kaitlin	SO	Puget Sound	2.50m	8-02.50	
--- Kilcup, Carlie	FR	Pacific Lutheran	NH		
--- Kahns, Michaella	SR	Seattle Pacific	NH		

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**Women Long Jump**

**Stadium:** 5.84m # 4/18/1992 **Stephanie Libbyl, WU**  
**Meet:** 5.84m \* 4/18/1992 **Stephanie Libby, WU**  
**NWC:** 4.92m

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1	Cartee, Anna	SO Spokane CC	5.09m	16-08.50 +0.0	10
2	Nelson, Maggie	FR Spokane CC	5.04m	16-06.50 0.1	8
3	Williams, Brooke	SO Central Washington	5.03m	16-06.00 0.5	6
4	Munoz, Malea	SO Western Washington	5.00m	16-05.00 +0.0	5
5	Lytle, Olivia	SO Whitworth	4.92m	16-01.75 +0.0	4
6	Irvine, Halle	FR Central Washington	4.90m	16-01.00 +0.0	3
7	Burk, Emily	SO Pacific Lutheran	4.83m	15-10.25 1.6	2
8	Arlt, Jordyn	FR Spokane CC	4.79m	15-08.75 +0.0	1
9	Fredrickson, Hailey	FR Unattached	4.78m	15-08.25 +0.0	
10	Collins, Katie	SO Spokane CC	4.50m	14-09.25 +0.0	
11	Henry, Bridget	SO Western Washington	4.35m	14-03.25 +0.0	
12	Thomsen, Elaina	FR Whitworth	4.31m	14-01.75 0.3	

**Women Triple Jump**

**Stadium:** 11.89m # 4/17/1999 **Jane Wallace, WWU**  
**Meet:** 11.89m \* 4/17/1999 **Jane Wallace, WWU**  
**NWC:** 10.07m

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1	Williams, Brooke	SO Central Washington	11.01m	36-01.50 +0.0	10
2	Benner, Brooke	FR Seattle Pacific	10.97m	36-00.00 0.1	8
3	Cartee, Anna	SO Spokane CC	10.78m	35-04.50 +0.0	6
4	Sandy, Lori	SR Whitworth	10.58m	34-08.50 0.5	5
5	Walts, Rose	FR Central Washington	10.57m	34-08.25 +0.0	4
6	Prasil, Emily	SR Puget Sound	10.33m	33-10.75 +0.0	3
7	Fredrickson, Hailey	FR Unattached	10.15m	33-03.75 +0.0	2
8	Dasalla, Sandy	SR Unattached	10.13m	33-03.00 +0.0	1
9	Lytle, Olivia	SO Whitworth	10.01m	32-10.25 +0.0	
10	Burk, Emily	SO Pacific Lutheran	10.00m	32-09.75 +0.0	
11	Cochran, Kaitlin	SO Puget Sound	9.52m	31-03.00 +0.0	
12	Culliney, Alli	FR Puget Sound	9.38m	30-09.25 0.4	

**Women Shot Put**

**Stadium:** 48-06.50 # 3/21/1981 **J. Luebke, WVCC**  
**Meet:** 14.76m \* 4/4/2009 **Krissy Tandle, CWU**  
**NWC:** 10.76m

Name	Yr	School	Finals	Points
<b>Finals</b>				
1	Quinnett, Chloe	JR Whitworth	12.29m	40-04.00 2 10
2	Levi, Toa	SO Spokane CC	12.16m	39-10.75 2 8
3	Markham, Sammi	SR Seattle Pacific	12.06m	39-07.00 2 6
4	Stovall, Charene	JR Pacific Lutheran	11.87m	38-11.50 2 5
5	La Rue, Samantha	FR Central Washington	11.78m	38-07.75 2 4
6	Dodge, Brittany	FR Central Washington	11.47m	37-07.75 2 3



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**Finals ... (Women Shot Put)**

Name	Yr	School	Finals		Points	
7 Carlson, Sierra	SR	Whitworth	11.46m	37-07.25	2	2
8 Dungan, Peyton	FR	Green River CC	11.15m	36-07.00	2	1
9 Vernoy, Megan	SO	Saint Martin's	10.97m	36-00.00	2	
10 Mumford, Angela	FR	Central Washington	10.66m	34-11.75	2	
11 Carter, Diamond	SO	Olympic College	10.18m	33-04.75	1	
12 Nelson, Maggie	FR	Spokane CC	10.15m	33-03.75	2	
13 Carlson, Tallie	SO	Whitworth	10.14m	33-03.25	1	
14 Vick, Haley	SR	Whitworth	10.08m	33-01.00	1	
15 Lanway, Madeline	FR	Green River CC	9.65m	31-08.00	1	
16 Meyer, Nona	FR	Green River CC	9.51m	31-02.50	1	
17 Drey, Shelby	SR	Saint Martin's	9.46m	31-00.50	1	
18 Johnson, Leah	SR	Pacific Lutheran	9.30m	30-06.25	1	
19 Palmiter, Claire	SR	Saint Martin's	9.23m	30-03.50	1	
20 Clark, Isabel	SO	Spokane CC	8.61m	28-03.00	1	
21 Martinez, Sarah	JR	Whitworth	7.75m	25-05.25	1	
22 Meadows, Shaddia	FR	Central Washington	7.63m	25-00.50	1	

**Women Discus Throw**

**Stadium:** 47.48m # 5/2/1981 **Marcia Mechlenberg, Unattached**  
**Meet:** 47.48m \* 5/2/1981 **Marcia Mechlenberg, Unattached**  
**NWC:** 33.78m

Name	Yr	School	Finals		Points	
<b>Finals</b>						
1 Mumford, Angela	FR	Central Washington	37.96m	124-06	2	10
2 Stovall, Charene	JR	Pacific Lutheran	36.12m	118-06	2	8
3 Vernoy, Megan	SO	Saint Martin's	35.88m	117-08	2	6
4 Meadows, Shaddia	FR	Central Washington	35.61m	116-10	2	5
5 Roberts, Sophia	SO	Western Washington	33.75m	110-09	2	4
6 Harding, Neely	FR	Pacific Lutheran	32.25m	105-10	1	3
7 Vick, Haley	SR	Whitworth	31.56m	103-06	2	2
8 Drey, Shelby	SR	Saint Martin's	30.40m	99-09	1	1
9 Quinnett, Chloe	JR	Whitworth	30.37m	99-08	1	
10 Levi, Toa	SO	Spokane CC	28.40m	93-02	1	
11 Dodge, Brittany	FR	Central Washington	27.40m	89-11	1	
12 Carlson, Sierra	SR	Whitworth	26.71m	87-07	2	
13 Lanway, Madeline	FR	Green River CC	26.60m	87-03	1	
14 Dungan, Peyton	FR	Green River CC	25.27m	82-11	1	
15 Meyer, Nona	FR	Green River CC	25.13m	82-05	1	
--- La Rue, Samantha	FR	Central Washington	FOUL		2	

**Women Javelin Throw**

**Stadium:** 51.66m # 4/5/2014 **Bethany Drake, WWU**  
**Meet:** 51.66m \* 4/5/2014 **Bethany Drake, Puget Sound**  
**NWC:** 33.79m

Name	Yr	School	Finals		Points	
<b>Finals</b>						
1 Reichert, Katie		Club NW	47.74m	156-07	2	10
2 Spiller, Jona	SO	Saint Martin's	43.82m	143-09	2	8
3 Avalos, Deanna	JR	Saint Martin's	43.81m	143-09	2	6

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Name	Yr	School	Finals	Points
4 Walker, Kathryn	SR	Saint Martin's	40.23m 132-00	2 4.50
4 Graddy, Machaela	JR	Pacific Lutheran	40.23m 132-00	2 4.50
6 Markham, Sammi	SR	Seattle Pacific	40.21m 131-11	2 3
7 Nelson, Maggie	FR	Spokane CC	38.52m 126-04	2 2
8 Lombard-Chappell, Sayana	JR	Central Washington	38.11m 125-00	2 1
9 Palmiter, Claire	SR	Saint Martin's	37.39m 122-08	2
10 Kilcup, Carlie	FR	Pacific Lutheran	34.36m 112-09	2
11 Pott, Tiffany	FR	Saint Martin's	31.58m 103-07	1
12 Harding, Neely	FR	Pacific Lutheran	30.08m 98-08	2
13 Inouye, Sam	SO	Puget Sound	29.11m 95-06	1
14 Meadows, Shaddia	FR	Central Washington	27.79m 91-02	1
15 Carlson, Tallie	SO	Whitworth	27.58m 90-06	1
16 Meyer, Nona	FR	Green River CC	27.24m 89-04	1
17 Collins, Katie	SO	Spokane CC	25.70m 84-04	1
18 Crowell, Abby	SO	Puget Sound	22.71m 74-06	1

**Men 100 Meter Dash**

**Stadium:** 10.65 # 4/18/1998 Ricardo Colon, Clackamas CC  
**Meet:** 10.65 \* 4/18/1998 Ricardo Colon, Clackamas CC  
**NWC:** 11.40

Name	Yr	School	Seed	Finals	Wind	H#	Points
<b>Finals</b>							
1 Dudley, Kevin	SO	Olympic College	10.94	10.99	0.7	1	10
2 Swillie, Isaac	SO	Spokane CC	10.93	11.16	0.7	1	7
2 Taylor, Alex	FR	Western Washington	11.41	11.16	0.7	1	7
4 Armstrong, Logan	FR	Saint Martin's	11.45	11.25	2.1	2	5
5 Jones, Kawika	FR	Green River CC		11.32	2.1	2	4
6 Bradley, Shaun	SR	Pacific Lutheran	11.31	11.33	0.7	1	3
7 Blakeley, Tyler	SO	Spokane CC	11.31	11.36	0.7	1	2
8 Carlson, Miles	FR	Puget Sound	11.45	11.38	2.1	2	1
9 Manago, Anthony	SR	Saint Martin's		11.39	2.0	4	
10 DeGuzman, Jarod	FR	Olympic College		11.42	2.0	4	
10 Knox, Stedman	SO	Western Washington	11.66	11.42	2.1	2	
12 Tolentino, John	FR	Spokane CC	11.28	11.48	0.7	1	
13 Daly, Brady	SR	Pacific Lutheran	11.66	11.49	2.1	2	
14 Jones, Daniel	SO	Western Washington	11.37	11.56	0.7	1	
15 Forster, Michael	SO	Central Washington		11.57	2.0	4	
15 Titus, Hunter	FR	Central Washington	11.30	11.57	0.7	1	
17 Sparks, Caden	SO	Green River CC	11.87	11.72	2.1	2	
18 Domingue, Deiph	FR	Olympic College	11.96	11.76	1.3	3	
19 Sires, Cannon	FR	Green River CC		11.79	2.0	4	
20 Choi, David	FR	Seattle Pacific	12.05	11.81	1.3	3	
20 Johnston, Brian	SO	Olympic College		11.81	2.0	4	
22 Schafer, Sam	FR	Spokane CC	11.54	11.83	2.1	2	
23 Phomprida-Robinson, Juwuan	JR	Unattached	11.44	11.87	2.1	2	
24 Ukai, Koshi	FR	Olympic College		12.00	2.0	4	
25 Wong, Christian	FR	Seattle Pacific	12.32	12.03	1.3	3	
26 Anjo Tadeo, Mikkel	FR	Everett CC		12.08	2.0	4	
27 Telfer, Zach	JR	Seattle Pacific	12.50	12.38	1.3	3	

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**Finals ... (Men 100 Meter Dash)**

Name	Yr	School	Seed	Finals	Wind	H#	Points
28 Martinez, Marco	SO	Central Washington	12.25	12.64	1.3	3	
29 Jackson, Dalawn	FR	Green River CC		12.76	2.0	4	
30 Klega, Donovan	FR	Pacific Lutheran	12.84	12.79	1.3	3	

**Men 200 Meter Dash**

**Stadium:** 21.5h # 5/1/1982 Erick Krauss, University of Pacific  
**Meet:** 21.5h \* 5/1/1982 Erick Krauss, University of Pacific  
**NWC:** 22.99

Name	Yr	School	Seed	Finals	Wind	H#	Points
<b>Finals</b>							
1 Hand, Jackson	SO	Saint Martin's		22.25	0.6	5	10
2 Dudley, Kevin	SO	Olympic College	22.08	22.30	+0.0	1	8
3 Swayne, Latrelle	SR	Saint Martin's	22.57	22.73	+0.0	1	6
4 Robinson-McClure, Jalen	SO	Whitworth	23.11	22.86	1.1	2	5
5 Bradley, Shaun	SR	Pacific Lutheran	23.76	22.89	0.4	3	4
6 Vigesaa, Kody	SO	Spokane CC	23.06	22.98	1.1	2	3
7 Taylor, Alex	FR	Western Washington	23.35	22.99	1.1	2	2
8 Knox, Stedman	SO	Western Washington	22.72	23.00	+0.0	1	1
9 Swillie, Isaac	SO	Spokane CC	23.44	23.06	0.4	3	
10 Smith, Mikel	SR	Saint Martin's		23.09	0.6	5	
11 Daly, Brady	SR	Pacific Lutheran	23.02	23.10	1.1	2	
12 Steuk, Garret	JR	Central Washington	22.89	23.18	+0.0	1	
13 Calderon, Daniel	FR	Central Washington	23.00	23.21	+0.0	1	
14 Jones, Kawika	FR	Green River CC		23.23	0.6	5	
15 Thummel-Gravitt, Austin		Unattached	22.60	23.31	+0.0	1	
16 Armstrong, Logan	FR	Saint Martin's	22.79	23.34	+0.0	1	
17 Porter, Doc	FR	Central Washington	23.20	23.36	1.1	2	
18 Zaman, Gibran	SR	Saint Martin's	23.51	23.37	0.4	3	
19 Carlson, Miles	FR	Puget Sound	23.68	23.52	0.4	3	
20 Kier, Andrew	JR	Saint Martin's		23.68	1.0	4	
21 Sparks, Caden	SO	Green River CC	23.79	23.78	0.4	3	
22 Arndt, Darren	SR	Central Washington	23.50	23.84	0.4	3	
23 Johnston, Brian	SO	Olympic College		23.89	0.6	5	
24 Scarbrough, Lazarus	FR	Seattle Pacific	23.42	24.07	1.1	2	
25 Titus, Hunter	FR	Central Washington	23.40	24.15	1.1	2	
26 Anguay, Zach	FR	Saint Martin's		24.17	1.0	4	
27 Choi, David	FR	Seattle Pacific	24.88	24.20	1.0	4	
28 McLeod, David	SR	Seattle Pacific	25.01	24.26	1.0	4	
29 Hines, Christopher	SO	Unattached	25.60	24.66	1.0	4	
30 Anjo Tadeo, Mikkel	FR	Everett CC		24.69	0.6	5	
31 Otterholt, Ryan	SR	Whitworth	25.46	24.77	1.0	4	
32 Wong, Christian	FR	Seattle Pacific	25.44	25.09	1.0	4	
33 Ibarreta, xavier		Unattached	24.30	25.25	0.4	3	
34 Martinez, Marco	SO	Central Washington	25.74	26.05	1.0	4	
35 Domingue, Deiph	FR	Olympic College	24.71	26.54	0.4	3	

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**Men 400 Meter Dash**

**Stadium:** 46.87 # 4/17/1999 **Derek Prior, Unattached**  
**Meet:** 46.87 \* 4/17/1999 **Derek Prior, Unattached**  
**NWC:** 51.62

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1	SR	Western Washington	48.48	49.40	1	10
2	SR	Unattached	49.39	49.84	1	8
3	SR	Seattle Pacific	50.49	50.26	1	6
4	FR	Central Washington	50.34	50.27	1	5
5	SO	Spokane CC	50.21	50.32	1	4
6	FR	Central Washington	50.76	50.45	1	3
7	SO	Whitworth	50.96	50.49	1	2
8	SO	Western Washington	50.22	51.89	1	1
9	SR	Saint Martin's		52.01	3	
10	SR	Central Washington	51.98	52.39	2	
11	FR	Seattle Pacific	52.55	52.97	2	
12	FR	Saint Martin's	53.64	53.47	2	
13	SR	Saint Martin's		53.65	3	
14	SR	Seattle Pacific	53.82	53.84	2	
15	SO	Unattached	54.54	54.93	2	
16	FR	Saint Martin's		55.04	3	
17	SR	Pacific Lutheran		55.31	3	
18	JR	Seattle Pacific	55.30	56.41	3	

**Men 800 Meter Run**

**Stadium:** 1:50.6h # 4/20/1991 **Ted Hamlin, SPU**  
**Meet:** 1:50.6h \* 4/20/1991 **Ted Hamlin, SPU**  
**NWC:** 2:01.16

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1		Unattached	1:54.36	1:52.61	1	10
2	FR	Puget Sound	1:57.52	1:56.10	1	8
3	SO	Western Washington	1:55.53	1:56.77	1	6
4	SR	Club Northwest	1:57.45	1:57.02	1	5
5	SR	Central Washington	1:58.79	1:57.69	1	4
6	SO	Unattached	1:55.75	1:58.01	1	3
7	JR	Seattle Pacific	2:02.24	1:59.03	1	2
8	FR	Spokane CC	2:03.24	1:59.31	1	1
9		Unattached	2:03.50	2:02.42	2	
10	JR	Western Washington	2:07.56	2:04.29	2	
11	FR	Spokane CC	2:03.93	2:04.49	2	
12	FR	Olympic College	2:08.79	2:04.54	2	
13	JR	Whitworth	2:08.83	2:05.37	2	
14	SR	Unattached	2:02.24	2:07.07	1	
15	SO	Puget Sound	2:09.61	2:07.37	2	
16	FR	Green River CC		2:16.92	2	
17	FR	Olympic College	2:15.80	2:19.20	2	
18	FR	Everett CC		2:33.72	2	
19	FR	Green River CC		2:38.18	2	

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**Men 1500 Meter Run**

**Stadium:** 3:52.1h # 4/23/1988 **Todd Bearny, HCC**  
**Meet:** 3:52.1h \* 4/23/1988 **Todd Beamy, Highline CC**  
**NWC:** 4:10.33

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1	Rehm, Domenic	SO Spokane CC	4:01.73	3:59.63	1	10
2	Carlton, Corbin	SO Spokane CC	4:03.26	4:00.61	1	8
3	Olson, Jadon	SO Western Washington	4:09.04	4:03.29	1	6
4	Castillo, Juan	Unattached	4:04.61	4:04.35	1	5
5	Hamel, Eric	FR Western Washington	4:09.97	4:04.73	1	4
6	Humphries, Tyler	SO Central Washington	4:11.99	4:04.83	1	3
7	Rainboth, Aaron	FR Central Washington	4:12.11	4:05.07	1	2
8	Shelman, Josiah	SR Saint Martin's	4:05.24	4:05.66	1	1
9	Davis, Douglas	FR Everett CC	4:11.13	4:06.64	1	
10	Rothlisberger, Aaron	SO Spokane CC	4:14.41	4:06.70	1	
11	Novak, Cortlend	FR Everett CC	4:17.99	4:08.32	1	
12	Gomez, Enrique	FR Western Washington	3:59.82	4:09.10	1	
13	McMichael, Porter	SR Unattached	4:10.24	4:09.24	1	
14	Medellin, Will	FR Spokane CC	4:13.51	4:10.29	1	
15	Osborne, Teagan	SO Spokane CC		4:10.66	2	
16	Boston, Josh	JR Central Washington	4:14.24	4:10.70	1	
17	Nzibarega, Come	FR Whitworth	4:17.38	4:12.38	2	
18	Heckman, Jasper	SR Unattached	4:16.28	4:13.87	2	
19	Schilter, Levi	SO Saint Martin's	4:21.88	4:14.24	2	
20	Giordano, Dominic	SO Spokane CC		4:14.66	2	
21	Lee, Hanson	SO Central Washington	4:13.24	4:15.13	1	
22	Hoggarth, Colton	FR Western Washington	4:10.83	4:15.95	1	
23	Conrardy, Matt	FR Central Washington	4:15.24	4:16.43	1	
24	Kimler, Tommy	SO Puget Sound	4:24.30	4:16.85	2	
25	Byram, Lloyd	SR Seattle Pacific	4:28.02	4:17.84	2	
26	Sprague, Kieran	SR Central Washington	4:18.24	4:20.01	2	
27	Miller, Austin	JR Saint Martin's	4:19.91	4:20.17	2	
28	Musa, Stephano	SO Green River CC	4:30.10	4:20.37	2	
29	Pulver, Colton	SO Western Washington	4:20.08	4:21.46	2	
30	Sterling, Clark	JR Seattle Pacific	4:22.84	4:23.04	2	
31	Creagan, Matthew	FR Whitworth	4:20.17	4:25.47	2	
32	Lara Espinoza, Luis	FR Saint Martin's	4:44.65	4:34.11	2	
33	Adams, Drake	FR Olympic College	4:52.80	4:35.73	2	
34	MacEachron, Alex	FR Olympic College	4:55.74	4:51.19	2	
35	Young, Paul	SR Cnw	4:46.24	4:52.80	2	

**Men 5000 Meter Run**

**Stadium:** 14:11.8h # 5/18/1974 **Jim Johnson, CNW**  
**Meet:** 14:34.45 \* 4/10/2004 **Eric Tolefson, Unattached**  
**NWC:** 15:58.19

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1	Leak, Gregory	Tacoma City Running Club	14:06.66	14:41.31	1	10
2	Eustis, Sean	SR Western Washington	15:28.64	15:24.76	1	8

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**Finals ... (Men 5000 Meter Run)**

Name	Yr	School	Seed	Finals	H#	Points
3 Butler, Peter	SO	Western Washington	15:07.87	15:28.26	1	6
4 King, Jamin	SR	Club Northwest	15:50.00	15:41.00	1	5
5 Leaf, Ron	JR	Central Washington	16:00.00	15:42.98	1	4
6 Nixon-Helms, Dylan		Alaska Fairbanks		15:50.32	2	3
7 Giordano, Dominic	SO	Spokane CC	16:06.95	15:51.93	1	2
8 Carlton, Corbin	SO	Spokane CC	15:25.00	15:51.94	1	1
9 Rehm, Domenic	SO	Spokane CC	15:24.84	15:52.03	1	
10 Schrenk, Matthew	SO	Central Washington	16:04.00	15:56.10	1	
11 Kopsack, Lyon		Alaska Fairbanks	16:31.40	15:57.57	2	
12 Osborne, Teagan	SO	Spokane CC	15:50.33	16:06.59	1	
13 Spencer, Nick	SR	Central Washington	16:30.07	16:06.70	2	
14 Cushman, Zachary	FR	Everett CC	16:15.72	16:07.60	1	
15 Rothlisberger, Aaron	SO	Spokane CC	15:55.61	16:09.20	1	
16 Dodson, Elijah	FR	Everett CC	16:55.02	16:14.45	2	
17 Walker, Joseph	JR	Seattle Pacific	16:35.00	16:14.65	2	
18 Langtry, Andrew	SR	Puget Sound	16:19.96	16:17.75	2	
19 Boyd, Taryk	SO	Central Washington	16:38.28	16:20.28	2	
20 Hernandez, Antonio	FR	Unattached		16:20.34	2	
21 Lafferty, Jonathan	SO	Central Washington	16:00.00	16:21.39	1	
22 Mackey, Grant	FR	Central Washington	16:35.00	16:27.02	2	
23 Pringle, Justin	FR	Central Washington	16:30.00	16:37.97	1	
24 Monaghan, Liam	SO	Puget Sound	16:39.95	16:41.73	2	
25 Bloom, Brendan	SO	Green River CC	17:19.55	16:49.36	2	
26 Young, Paul	SR	Cnw	17:31.00	16:55.25	2	
27 Ha, Michael	FR	Everett CC		18:25.41	2	
--- Arnold, Garren	FR	Everett CC		DNF	2	
--- Swenson, Anthony	SO	Olympic College		DNF	2	

**Men 110 Meter Hurdles**

**Stadium:** 14.1h # 6/3/1967 **Bill Roe, UW**  
**Meet:** 14.4h \* 4/20/1991 **Keith Baker, CWU**  
**NWC:** 17.34

Name	Yr	School	Seed	Finals	Wind	H#	Points
<b>Finals</b>							
1 Bowden, Parker	SO	Spokane CC	14.71	14.89	0.5	1	10
2 Harris, Peyton	JR	Seattle Pacific	15.33	15.09	0.5	1	8
3 Cummings, Cordell	FR	Western Washington	15.68	15.33	0.5	1	6
4 Wells, Matt	FR	Puget Sound	15.36	15.35	0.5	1	5
5 Gunther, Ryan	SO	Central Washington	16.04	15.76	0.5	1	4
6 Woolley, John-Robert	JR	Whitworth	15.59	15.93	0.5	1	3
7 Bosscher, Aaron	FR	Western Washington	16.38	16.10	0.5	1	2
8 Forster, Michael	SO	Central Washington	16.03	16.35	0.5	1	1
9 Carpenter, Shayne	FR	Seattle Pacific	16.51	16.91	0.7	2	
10 Blakeley, Tyler	SO	Spokane CC	17.71	17.48	0.7	2	
11 Jones, Randy	FR	Spokane CC	17.91	17.54	0.7	2	
12 Hope, Jackson	FR	Whitworth	17.48	17.79	0.7	2	
13 Wendling, Justin	SO	Central Washington	17.64	18.08	0.7	2	
14 Roddewig, Sam	FR	Spokane CC	17.86	18.12	0.7	2	
15 Cobb, Graham	SR	Puget Sound	18.78	18.71	0.7	2	

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Name	Yr	School	Seed	Finals	Wind	H#	Points
16 McGill, Nicholas	FR	Whitworth	18.93	19.43	0.7	2	

**Men 400 Meter Hurdles**

Stadium: 53.11 # 4/20/1991 Goreal Hudson, CWU  
 Meet: 53.11 \* 4/16/1994 Goreal Hudson, CSU  
 NWC: 1:00.74

Name	Yr	School	Seed	Finals	H#	Points
<b>Finals</b>						
1 Cummings, Cordell	FR	Western Washington	56.88	55.49	1	10
2 Woolley, John-Robert	JR	Whitworth	56.14	55.73	1	8
3 Bowden, Parker	SO	Spokane CC	59.27	56.99	1	6
4 Gunther, Ryan	SO	Central Washington	58.19	58.32	1	5
5 Backous, Jonathan	JR	Whitworth	58.47	58.64	1	4
6 Wendling, Justin	SO	Central Washington		59.59	2	3
7 Bosscher, Aaron	FR	Western Washington	59.43	59.95	1	2
8 Jones, Randy	FR	Spokane CC		1:00.76	2	1
9 Steffen, Avery	FR	Puget Sound	1:01.99	1:01.65	2	
10 Adams, Ryan	FR	Whitworth	1:01.50	1:01.71	2	
11 Hope, Jackson	FR	Whitworth	59.49	1:04.26	1	

**Men 3000 Meter Steeplechase**

Stadium: 9:01.0h # 4/18/1998 Eric Tollefson, Unattached  
 Meet: 9:01.0h \* 4/18/1998 Eric Tollefson, Unattached  
 NWC: 10:39.55

Name	Yr	School	Seed	Finals	Points
<b>Finals</b>					
1 Hayes, Dylan	SO	Western Washington	9:47.28	9:27.86	10
2 Monaghan, Liam	SO	Puget Sound	10:09.91	10:02.48	8
3 Anderson, Nathaniel	FR	Whitworth	10:36.49	10:28.89	6
4 Swenson, Anthony	SO	Olympic College	11:01.21	10:58.56	5

**Men 4x100 Meter Relay**

Stadium: 41.40 # 4/17/1993 , Western Oregon State  
 Meet: 41.40 \* 4/17/1993 , Western Oregon College

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Saint Martin's	A	42.47	42.18	10
1) Zaman, Gibran SR	2) Swayne, Latrelle SR	3) Smith, Mikel SR	4) Hand, Jackson SO	
2 Olympic College	A	44.47	43.95	8
1) Johnston, Brian SO	2) DeGuzman, Jarod FR	3) Ukai, Koshi FR	4) Dudley, Kevin SO	
3 Seattle Pacific	A	45.38	44.04	6
1) Carpenter, Shayne FR	2) Ramsey, Justin SR	3) Choi, David FR	4) Harris, Peyton JR	
4 Saint Martin's	B	42.47	x44.32	
1) Manago, Anthony SR	2) Armstrong, Logan FR	3) Anderson De-Avila, Kyle SO	4) Kier, Andrew JR	
5 Puget Sound	A	49.94	44.47	5
1) Carlson, Miles FR	2) Branham, Chris JR	3) Moya, Kai FR	4) Cobb, Graham SR	

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**Men 4x400 Meter Relay**

**Stadium:** 3:16.67 # 4/18/1992 , Central Washington Unive

**Meet:** 3:16.67 \* 4/18/1992 , Central Washington Unive

Team	Relay	Seed	Finals	Points
<b>Finals</b>				
1 Central Washington	B	3:24.08	x3:27.49	
1) Calderon, Daniel FR	2) Porter, Doc FR	3) Sprague, Kieran SR	4) Steuk, Garret JR	
2 Puget Sound	A	3:35.24	3:28.13	10
1) Cobb, Graham SR	2) Wells, Matt FR	3) Moya, Kai FR	4) Fournier, Isaac FR	
3 Central Washington	A	3:24.08	3:28.38	8
1) Wendling, Justin SO	2) Gunther, Ryan SO	3) Arndt, Darren SR	4) Forster, Michael SO	
4 Spokane CC	A		3:29.06	6
1) Vigessaa, Kody SO	2) Swillie, Isaac SO	3) Handfield, Derian FR	4) Blakeley, Tyler SO	
5 Saint Martin's	A	3:30.23	3:29.49	5
1) Hand, Jackson SO	2) Zaman, Gibran SR	3) Hughey, Mitchell SR	4) Anguay, Zach FR	
6 Olympic College	A	3:36.11	3:36.15	4
1) Johnston, Brian SO	2) Dudley, Kevin SO	3) McLean, Demetrius FR	4) DeGuzman, Jarod FR	
7 Western Washington	A	3:28.01	3:37.44	3
1) Gomez, Enrique FR	2) Hamel, Eric FR	3) Irvine, Justin JR	4) Hayes, Dylan SO	
8 Central Washington	C	3:35.00	x3:45.14	
1) Javier, Kaleb SR	2) Pringle, Justin FR	3) Martinez, Marco SO	4) Schrenk, Matthew SO	

**Men High Jump**

**Stadium:** 2.10m # 4/10/2004 Jeff Skiba, Unattached

**Meet:** 2.10m \* 4/10/2004 Jeff Skiba, Linfield

**NWC:** 1.82m

Name	Yr	School	Finals	Points	
<b>Finals</b>					
1 Swanson, Brandon	FR	Green River CC	1.92m	6-03.50	10
2 Peters, Cameron	JR	Unattached	1.87m	6-01.50	8
3 Rush, David	FR	Unat-Olympic College	J1.87m	6-01.50	6
4 Muglia, Christian	FR	Spokane CC	J1.87m	6-01.50	5
5 McGill, Lucas	SR	Whitworth	1.82m	5-11.50	4
6 Adams, Ryan	FR	Whitworth	1.77m	5-09.75	3
7 McGill, Nicholas	FR	Whitworth	J1.77m	5-09.75	2
--- Telfer, Zach	JR	Seattle Pacific	NH		
--- Larson, Dane	SR	Whitworth	NH		
--- Ukai, Koshi	FR	Olympic College	NH		
--- Anderson De-Avila, Kyle	SO	Saint Martin's	NH		
--- Manago, Anthony	SR	Saint Martin's	NH		
--- Branham, Steven	SR	Puget Sound	NH		
--- Brar, Nathaniel	FR	Whitworth	NH		

**Men Pole Vault**

**Stadium:** 5.03m # 4/18/1992 Curt Heywood, Linfield

**Meet:** 5.03m \* 4/18/1992 Curt Heywood, Linfield

**NWC:** 3.86m

Name	Yr	School	Finals	Points	
<b>Finals</b>					
1 Taylor, Kaleb	FR	Spokane CC	4.65m	15-03.00	10
2 Roddewig, Sam	FR	Spokane CC	4.16m	13-07.75	8



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Name	Yr	School	Finals	Points
3 Rickard, Chris	JR	Saint Martin's	J4.16m 13-07.75	6
4 Cadena, Bryan	FR	Central Washington	4.01m 13-01.75	5
5 Coelho, Matt	SO	Western Washington	3.86m 12-08.00	4
--- Boyle, Craig	SO	Saint Martin's	NH	
--- Kier, Andrew	JR	Saint Martin's	NH	
--- Irvine, Zane	SR	Central Washington	NH	
--- Daniels, D'Andre	SO	Central Washington	NH	
--- Forster, Michael	SO	Central Washington	NH	
--- Chaides, John	SO	Saint Martin's	NH	
--- Ageson, Gunnar	SO	Pacific Lutheran	NH	

**Men Long Jump**

Stadium: 7.30m # 4/22/1995 Rob Rising, CWU  
 Meet: 7.30m \* 4/22/1995 Rob Rising, CWU  
 NWC: 6.42m

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1 Lovitt, Dekker	SO	Spokane CC	6.61m 21-08.25	0.1 2	10
2 Swayne, Latrelle	SR	Saint Martin's	6.60m 21-08.00	1.3 2	8
3 Manago, Anthony	SR	Saint Martin's	6.51m 21-04.25	0.9 2	6
4 McGill, Nicholas	FR	Whitworth	6.47m 21-02.75	0.2 2	5
5 Jones, Randy	FR	Spokane CC	6.46m 21-02.50	+0.0 2	4
6 Moya, Kai	FR	Puget Sound	6.37m 20-10.75	+0.0 2	3
7 Branham, Steven	SR	Puget Sound	6.33m 20-09.25	0.4 1	2
8 Adams, Ryan	FR	Whitworth	6.24m 20-05.75	0.1 2	1
9 Scarlett, Grant	FR	Central Washington	6.12m 20-01.00	1.1 2	
10 Sires, Cannon	FR	Green River CC	6.05m 19-10.25	0.9 1	
11 Makrakis, Nick	FR	Western Washington	6.04m 19-09.75	1.0 2	
12 Irvine, Zane	SR	Central Washington	5.99m 19-08.00	+0.0 1	
13 Vu, Nicholas		Unattached	5.91m 19-04.75	+0.0 2	
14 Branham, Chris	JR	Puget Sound	5.81m 19-00.75	+0.0 1	
15 Daniels, D'Andre	SO	Central Washington	5.75m 18-10.50	0.3 1	
16 Larson, Dane	SR	Whitworth	5.63m 18-05.75	+0.0 2	
17 Hope, Jackson	FR	Whitworth	5.56m 18-03.00	0.3 1	
18 Lewis, Jamaree	FR	Unattached	5.53m 18-01.75	+0.0 1	
19 Muglia, Christian	FR	Spokane CC	5.40m 17-08.75	+0.0 1	
20 Phomprida-Robinson, Juwuan	JR	Unattached	5.29m 17-04.25	+0.0 2	
21 Roa, Chris	FR	Central Washington	5.12m 16-09.75	+0.0 1	

**Men Triple Jump**

Stadium: 50-05 # 4/17/1993 James McCann, WOC  
 Meet: 50-05 \* 4/17/1993 James McCann, WOC  
 NWC: 12.60m

Name	Yr	School	Finals	Wind	Points
<b>Finals</b>					
1 Scarlett, Grant	FR	Central Washington	12.87m 42-02.75	+0.0	10
2 Makrakis, Nick	FR	Western Washington	12.58m 41-03.25	+0.0	8
3 McGill, Nicholas	FR	Whitworth	12.41m 40-08.75	0.3	6
4 Ringold, Jacob	SO	Western Washington	12.24m 40-02.00	1.6	5

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Name	Yr	School	Finals	Wind	Points
5 Roa, Chris	FR	Central Washington	12.19m	40-00.00 +0.0	4
6 Adams, Ryan	FR	Whitworth	12.18m	39-11.50 +0.0	3
7 Lovitt, Dekker	SO	Spokane CC	12.00m	39-04.50 1.2	2
8 Otterholt, Ryan	SR	Whitworth	11.97m	39-03.25 -0.8	1
9 Daniels, D'Andre	SO	Central Washington	11.92m	39-01.25 +0.0	
10 Lewis, Jamaree	FR	Unattached	11.70m	38-04.75 +0.0	

**Men Shot Put**

Stadium: 57-04 # 6/3/1967 John Allamano, UW

Meet: 16.94m \* 4/22/1995 Scott Easley, WWU

NWC: 13.34m

Name	Yr	School	Finals	Points
<b>Finals</b>				
1 Hatton, Lucas	SR	Pacific Lutheran	15.02m	49-03.50 2 10
2 Cain, Aidan	FR	Central Washington	14.35m	47-01.00 2 8
3 Ambrose, Tyler		Get Strong First Track Club	14.28m	46-10.25 2 6
4 Tafoya, Alberto	FR	Central Washington	13.93m	45-08.50 2 5
5 Paller, Colton	FR	Olympic College	13.65m	44-09.50 2 4
6 Dyfort, Alex	SO	Spokane CC	12.84m	42-01.50 2 3
7 Fairhart, Zachary	FR	Whitworth	12.33m	40-05.50 2 2
8 Huskey, Mike	FR	Olympic College	12.13m	39-09.75 2 1
9 Allen, Andrew	FR	Spokane CC	12.04m	39-06.00 1
10 McGill, Lucas	SR	Whitworth	11.52m	37-09.50 2
11 Jarvis, Nate	SO	Pacific Lutheran	11.24m	36-10.50 1
12 Harris, Andrew	FR	Central Washington	10.71m	35-01.75 2
13 McKern, Connor	SO	Spokane CC	10.70m	35-01.25 1
14 Granchukoff, Andrew	FR	Spokane CC	10.32m	33-10.25 1
15 Yusuf, Al-Amin	FR	Whitworth	10.31m	33-10.00 1
16 McGill, Nicholas	FR	Whitworth	10.04m	32-11.25 1
17 Blakeley, Tyler	SO	Spokane CC	9.84m	32-03.50 1
18 Brown, Jordan	SO	Green River CC	9.57m	31-04.75 1
19 Hope, Jackson	FR	Whitworth	7.93m	26-00.25 1

**Men Discus Throw**

Stadium: 56.89m # 3/30/2014 Carter Comito, UW

Meet: 50.44m \* 4/17/1999 Tony Hoiby, CWU

NWC: 40.02m

Name	Yr	School	Finals	Points
<b>Finals</b>				
1 Paller, Colton	FR	Olympic College	48.03m	157-07 2 10
2 Tafoya, Alberto	FR	Central Washington	40.88m	134-01 2 8
3 Cain, Aidan	FR	Central Washington	39.35m	129-01 2 6
4 Huskey, Mike	FR	Olympic College	38.37m	125-11 2 5
5 Hatton, Lucas	SR	Pacific Lutheran	38.00m	124-08 2 4
6 Forster, Michael	SO	Central Washington	37.40m	122-08 1 3
7 Harris, Andrew	FR	Central Washington	37.28m	122-04 2 2
8 McGill, Lucas	SR	Whitworth	36.21m	118-09 1 1
9 Lux, Avery	FR	Unattached	35.20m	115-06 2
10 Fairhart, Zachary	FR	Whitworth	34.04m	111-08 1

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	Name	Yr	School	Finals		Points
11	Jarvis, Nate	SO	Pacific Lutheran	31.70m	104-00	1
12	Allen, Andrew	FR	Spokane CC	29.50m	96-09	1
13	Larson, Dane	SR	Whitworth	29.10m	95-06	1
14	Guerrero, Alexander	FR	Unattached	27.89m	91-06	2
15	Brown, Jordan	SO	Green River CC	25.38m	83-03	1
16	Hope, Jackson	FR	Whitworth	23.35m	76-07	1
---	Dyfort, Alex	SO	Spokane CC	FOUL		2

**Men Javelin Throw**

**Stadium:** 65.51m # 4/2/2011 Tyler Callahan, Linfield  
**Meet:** 65.51m \* 4/2/2011 Tyler Callahan, Mt. Hood CC  
**NWC:** 52.95m

	Name	Yr	School	Finals		Points
<b>Finals</b>						
1	Bloom, Andrew	JR	Whitworth	63.18m	207-03	2 10
2	Weidman, Ryan	SO	Unat-Spokane CC	60.13m	197-03	2 8
3	Riojas, Carlos	FR	Spokane CC	56.59m	185-08	2 6
4	Rutter, Tyree	SO	Central Washington	56.08m	184-00	2 5
5	Sunkel, Cole	FR	Olympic College	55.69m	182-08	2 4
6	Brumbaugh, Richard		Unattached	54.16m	177-08	2 3
7	Oursland, Austin		Unattached	53.94m	177-00	2 2
8	Hatlen, Michael	SR	Pacific Lutheran	53.84m	176-08	2 1
9	Granchukoff, Andrew	FR	Spokane CC	52.66m	172-09	2
10	David, Costel	SO	Western Washington	52.23m	171-04	2
11	McKern, Connor	SO	Spokane CC	50.97m	167-03	2
12	Hough, Kerrigan	SO	Unattached	49.73m	163-02	2
13	Villarreal, Domingo	JR	Central Washington	49.20m	161-05	1
14	Schafer, Sam	FR	Spokane CC	48.99m	160-09	2
15	Lytle, Griffey	SO	Central Washington	48.64m	159-07	2
16	Morris, Alexander	SO	Green River CC	47.69m	156-05	2
17	Chavez, Michael	SR	Central Washington	47.60m	156-02	1
18	Parker, Doug	JR	Puget Sound	46.36m	152-01	1
19	Trotter, Tristan	FR	Everett CC	46.12m	151-04	1
20	Jorgenson, Riley	JR	Central Washington	45.98m	150-10	1
21	Call, Mason	FR	Whitworth	39.50m	129-07	1
22	Eyerly, Trystahn		Unattached	38.94m	127-09	1
23	Homer, Callahan	FR	Green River CC	37.62m	123-05	1
24	McGill, Lucas	SR	Whitworth	36.05m	118-03	1
25	Yusuf, Al-Amin	FR	Whitworth	35.28m	115-09	1
26	Hope, Jackson	FR	Whitworth	27.87m	91-05	1
---	McGill, Nicholas	FR	Whitworth	FOUL		1
---	Fairhart, Zachary	FR	Whitworth	FOUL		2

**Women - Team Rankings - 18 Events Scored**

1) Central Washington	127	2) Spokane CC	89.5
3) Western Washington	86.5	4) Seattle Pacific	76
5) Saint Martin's	70.5	6) Whitworth	68
7) Puget Sound	53	8) Pacific Lutheran	43.5

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9) Olympic College	14	10) Club NW	10
11) Green River CC	7	12) Everett CC	4
13) Alaska Fairbanks	1	13) Bellingham Distance Project	1

Men - Team Rankings - 18 Events Scored

1) Spokane CC	109	2) Western Washington	101
3) Central Washington	98	4) Whitworth	66
5) Olympic College	59	6) Saint Martin's	57
7) Puget Sound	42	8) Pacific Lutheran	22
8) Seattle Pacific	22	10) Green River CC	14
11) Tacoma City Running Club	10	11) Club Northwest	10
13) Get Strong First Track Club	6	14) Alaska Fairbanks	3